

SAINT ELIZABETH SETON PARISH

THE SEASON OF LENT AND HOLY WEEK – 2026

February 18, 2026: Ash Wednesday

DAY OF FAST AND ABSTINENCE

HOLY MASS: 8:30 a.m., 12 noon and 7:30 p.m.

– Ashes will be blessed and distributed at all the Masses

ASH SERVICE: 4:45 pm – Service with Distribution of Ashes for

Religious Education children and their families - open to all parishioners

Ash Wednesday and Good Friday are the only days of strict fast and abstinence. For the maintenance of the practice of penance, abstinence is observed on the other Fridays of Lent. The obligation to abstain from meat binds Catholics 14 years of age and older. The obligation to fast, limiting oneself to one full meal and two lighter meals in the course of a day, binds Catholics from age of 21 to 59.

DAILY MASS: (Except Saturday) at 8:30 a.m. in the Chapel “Morning Prayer” will begin at 8:20 a.m. followed by Holy Mass.

SACRAMENT OF RECONCILIATION:

During the Lenten Season:

On Saturdays, confessions will be heard from 3:30 to 4:30 p.m. in our Chapel.

During Holy Week, confessions will be heard:

Monday, March 30th 3 pm – 9 pm in various Diocesan locations ** Places TBD

Tuesday, March 31st, and Wednesday, April 1st from 7:30 to 9 p.m. in the Chapel and on Holy Saturday, April 4th from 9 a.m. to 12 noon in Chapel.

ADORATION OF THE BLESSED SACRAMENT: In the Chapel, on the First Friday of each Month after the 8:30 a.m. Mass. Concluding with Evening Prayer(Vespers) and Benediction at 3:45 p.m.

STATIONS OF THE CROSS: Lenten Fridays at 7:30 p.m.

Join us for special portrayals of the Stations of the Cross from different perspectives presented by various parish ministries and organizations.

February 20 - 7:30 pm Fr. Alphonse
February 27 – 7:30 p.m. Choir - Steve O’Hara / Men’s Group/ Ushers
March 6 - 7:30 p.m. Confirmation Candidates (6 th – 10 th gr)
March 13 – 6 p.m. / 6:45- Fish Fry Readers & PAC members - Chris Ruggiero
March 20 – 7:30 p.m.	... Youth Group - Alana DeVito & Jim Moretti
March 27 - 7:30 p.m.	... Women’s Faith ministry – Cathy Davis
April 3 - 12 Noon Parishioners - Fr. Alphonse
April 3 - 7:30 p.m.	... Eucharistic Ministers - Gina Pin

HOLY WEEK SCHEDULE – 2026

PALM SUNDAY, March 29

Saturday: 5:00 p.m. – Mass
Sunday: 8:00 a.m. – Mass
9:30 a.m. – Mass
11:30 a.m. – Mass

MONDAY, March 30

8:30 a.m. – Mass
3 pm to 9 p.m. – Confessions at St. Mary Church, Ridgefield, Assumption Church, Westport, St. Peter Church, Danbury

TUESDAY, March 31

8:30 a.m. – Mass
7:00 p.m. – Rehearsal for Holy Thursday Liturgy in Church
7:30 to 9 p.m. – Confessions in the Chapel

WEDNESDAY, April 1

8:30 a.m. – Mass
7:30 to 9 p.m. – Confessions in the Chapel

HOLY THURSDAY, April 2

No morning Mass
7:30 p.m. – Liturgy of the Lord's Supper followed by the Eucharistic Adoration until 10:00 p.m. in the Chapel

GOOD FRIDAY, April 3 DAY OF FAST AND ABSTINENCE

No morning Mass
9:30 a.m. – Rehearsal for Good Friday 3:00 p.m. Liturgy
12 Noon – Stations of the Cross
3:00 p.m. – Liturgy of the Lord's Passion
7:30 p.m. – Stations of the Cross

HOLY SATURDAY, April 4

9:30 a.m. – Rehearsal for Easter Vigil
9:00 a.m. to 12 Noon – Confessions in St. Joseph's Room 108 and Chapel
12 Noon – Blessing of Easter Food
(NO 5:00 PM MASS)
7:30 p.m. – Solemn Easter Vigil Mass

EASTER SUNDAY, April 5, 2026

8:00 a.m. – Mass
9:15 a.m. – Mass
11:00 a.m. – Mass
12:30 p.m. – Mass

A BLESSED AND JOYOUS EASTER TO ALL!