

Welcome! to the St. Michael Youth Apostolate

August 18th, 2025



St. Michael Youth Apostolate



The table below proposes a structure for the Youth Apostolate for the 2025 – 6 academic year that achieves the following objectives:

- Focus on pillars of community, service, pilgrimage and prayer to set our Youth on a path to lifelong Catholicism
- Create stronger incentives for Confirmed teens to remain engaged with the parish
- Integrate outreach as a necessary element of the program, augmenting and supporting “classroom” curriculum
- Secondary goals: Strengthen faith for families, expose students to live music in a spectrum of styles, include students in 9 am mass

Program Name	Grades	Curriculum	Location	Outreach	“Mountain Top”	
					Winter	Summer
Middle School (W, 6 – 7:30)	6 – 8	EDGE	Various (75% Youth Room, 25% other)	Pilgrimages & Service Projects	N/A	Hidden Lake, Georgia
Confirmation (Su, 9 – 12)	9-12	SAOP			Inquietum Cor Conference†	Covecrest, Georgia; Steubenville Lone Star, AYC
Teen Leadership (Various)	11, 12*					Above + LifeTeen Leadership Conference (LTLC)

* Already confirmed; † A Nationally-Significant Catholic Youth Conference in Texas currently being planned by St Michael staff and other leaders in the Archdiocese, see later slides



6th to 12th Grades



St. Michael, Middle School, Wednesday, 6-7:30 pm; 2025 - 2026			
09/17	Parent Information Meeting (7 – 7:30)		
10/01	Session 1	St Michael	A Soft Place to Land
10/08	Session 2	St Michael	Blue Skies; Confession
10/22	Session 3	St Michael	Light Pollution
10/29	Session 4	St Michael	Morning Star
11/05	Session 5	St Michael	Rip Current; Confession
11/12	Session 6	St Michael	Dive In / Diving Signals (Wk 8)
11/19	Session 7	St Michael	Sonar / Suit Up (10)
12/10	Session 8	St Michael	Deep Water (9) / Submerged (11); Confession
12/17	Session 9	St Michael	Go Fish (12)
01/14	Session 10	St Michael	TBD
01/28	Session 11	St Michael	TBD
02/04	Session 12	St Michael	TBD
02/18	Session 13	St Michael	TBD
02/25	Session 14	St Michael	TBD
03/04	Session 15	St Michael	TBD
03/18	Session 16	St Michael	TBD
03/25	Session 17	St Michael	TBD
04/01	Session 18	St Michael	TBD
04/08	Session 19	St Michael	TBD
04/29	Session 20	“Co-Cathedral+”	TBD
05/06	Session 21	St Michael	TBD

St. Michael, High School and Confirmation: 2025 - 2026				
09/17	7:30 - 8p	Parent Information Meeting		
09/28	7 – 10a	Conf. Capstone #1*	St. Michael	“Chosen” Ch 1 – 6
10/05	7:30 – 11a	CC2	Holy Rosary	“Chosen” Ch 7 – 12
10/19	8a – 12p	CC3	U of St. Thomas	“Chosen” Ch 13 – 18
10/26	7:30 – 11a	CC4	St. Mary’s Seminary	“Chosen” Ch 19 – 24
11/01	7a – 9p	CC5	Day of Service	N/A
11/02	7a – 10p	CC6	Day of Pilgrimage	N/A
11/09	4 – 5p	Run-through	St. Michael	N/A
11/12	7 – 8:30p	Conf. Mass Run-through	St. Michael	N/A
11/16	4 – 6:30p	Conf. Mass	St. Michael	N/A
11/16	9a – 12p	Session 1	St. Michael	Introduction
12/7	9a – 12p	Session 2	St. Michael	Church Tour
12/14	9a – 12p	Session 3	St Thomas More	The Mass, Faith and the Creed
01/09-10	F, 7:30p – Sa, 8p	Inquietum Cor	St. Michael	N/A
01/25	9a – 12p	Session 4	St. Michael	Post Retreat Prayer and Reflection
02/01	9a – 12p	Session 5	St Vincent de Paul	Catholic Stuff, Catholic Church
02/08	9a – 12p	Session 6	St. Michael	Trinity
02/22	9a – 12p	Session 7	St. Michael	Mary and the Saints
03/01	9a – 12p	Session 8	St Anne	Sacraments, Confirmation
03/15	9a – 12p	Session 9	St. Michael	Death, Social Justice,
03/22	9a – 12p	Session 10	St. Michael	Moral Truth
03/29	9a – 12p	Session 11	St Theresa	Respecting Life
04/12	9a – 12p	Session 12	St. Michael	Prayers, Tools of Holiness, Stations of the Cross
04/19	9a – 12p	Session 13	St. Michael	Discipleship
04/26	9a – 12p	Session 14	“Co-Cathedral+”	A Faithful Life
05/03	9a – 12p	Session 15	St. Michael	End of the Year Party

Confirmation Capstone Sessions 1-4

“For whoever has scorned such a day of small things will rejoice to see the capstone in the hand of Zerubbabel.” – Zec 4:10

- These sessions are offered as *optional* for Confirmation Year 3 students and as *mandatory* for Confirmation Year 2 students to be confirmed on November 24th, 2024
- The sessions below were created to provide additional formation opportunities for St. Michael's November 24th Confirmandi
- These sessions are designed to emphasize the highlights from the previous two years of Confirmation classes in a way that strives to be transformational
- Lastly, the sessions are meant to complement Sessions 5 (Day of Service) and 6 (Pilgrimage), which are summarized in the following slides

	Date	Location*	“Chosen” Lessons	Guest Speaker
1	09/28/2025	St Michael the Archangel (7a – 9a, followed by Mass)	Why Am I Here (An Introduction) What Makes Me Happy (Discovering God as the Source) What’s your story, God? (A Look at Salvation History) How do I know God is real? (Understanding Divine Revelation) Who is Jesus? (The Person and Mission of Christ)	Lowell Abrams
2	10/05/2025	Holy Rosary Church (7:30a – 9:30a, followed by Latin Mass)	Why be Catholic? (Discovering the Church Jesus Founded) Where am I going? (A Look at the Four Last Things) How do I get there? (The Power and Purpose of the Sacraments) When did my journey begin? (Baptism, Your Initiations into God’s Family) Why tell my sins to a priest? (The Healing Power of Confession)	TBD
3	10/19/2025	University of St. Thomas, Chapel of St. Basil (8a – 10:30a, followed by mass and Confession)	How does God help when it hurts? (Anointing of the Sick and Redemptive Suffering) Who is the Holy Spirit? (Meeting the Third Person of the Trinity) What does the Holy Spirit do for me? (Gifts for the Journey) Why have I been chosen? (Sealed and Sent in Confirmation) Why do I have to go to mass? (Encountering Jesus in the Eucharist)	Sister Mary Dolores Pham (UST)
4	10/26/2025	St. Mary’s Seminary (7:30a – 9:30a, followed by Mass)	What does it mean to say, “I do”? (Marriage, a Sign of God’s Love) Who’s Calling? (Holy Orders and Vocational Discernment) Are you talking to me? (Getting to Know God Through Prayer) Who is Mary? (Meeting the Mother of God – and Your Heavenly Family) What would Jesus do? (The Beatitudes as a Path to True Happiness)	Seminarian Michael James Arienza

* There is some potential variability on location for last three dates. This variability will be solidified by 9/30.



Confirmation Capstone Session 5

“For whoever has scorned such a day of small things will rejoice to see the capstone in the hand of Zerubbabel.” – Zec 4:10

- We will spend November 1st, 2025 in a “Day of Service: Forgotten No More”
- While final details are still being ironed out, the day will be from 7 am to at least 8 pm and will include hands-on support of and service to three organizations
- St. Michael partners in defining and executing this effort are leaders from the Deaconate, St. Vincent de Paul and Knights of Columbus

Concept Agenda for Session 5 (“Forgotten No More”, November 1, A Day of Service)

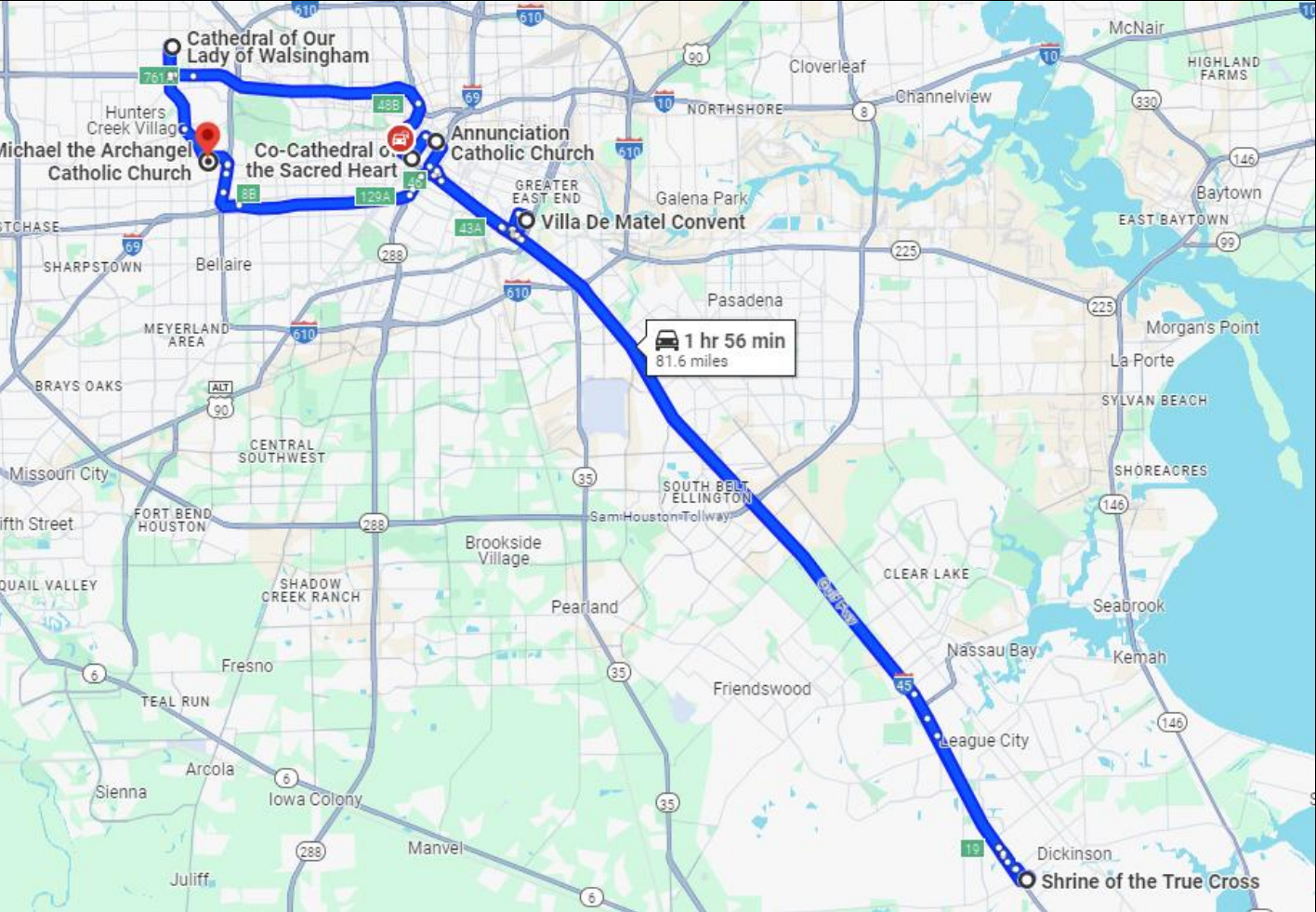
Time	Activity
7:00 am	All Souls Mass in Main Church of St. Michael
7:30 am	Breakfast / Safety Briefing in St. Michael PLC
8:00 am	Build meals / care packages in St. Michael PLC
9:30 am	Drive to Loaves and Fishes
10:00 am	Serve homeless at Loaves and Fishes
10:45 am	Walk to St. Joseph Catholic Church
11:00 am	Eat Care Packages with homeless
11:00 pm	Drive to Buckingham
12:30 pm	Tour, visit and skit with Independent Living
1:00 pm	Tour, visit with Assisted Living, discuss Skilled Nursing
2:30 pm	Debrief homeless and nursing homes
3:00 pm	Drive to Kolbe House
4:00 pm	Settle and briefing and tour of the site
5:00 pm	Dinner
6:00 pm	Introduction and witnesses from residents
8:00 pm	Drive back to St. Michael
9:00 pm	Closing prayer in St. Michael Main Church, parent pickup



Confirmation Capstone Session 6

“For whoever has scorned such a day of small things will rejoice to see the capstone in the hand of Zerubbabel.” – Zec 4:10

- November 2nd, 2025 will be a pilgrimage to select “cool Catholic sites” in the Archdiocese of Galveston-Houston
- The group will be at each site for about two hours, and there will be local clergy / religious that will be sharing their perspectives on important topics (as below)
- There is about two hours worth of driving in the entire day



Agenda for Session 6 (Pilgrimage)

Time	Activity (Locations are representative)
7:00 am	Breakfast at Local Restaurant
8:30 am	Villa de Matel Convent
11:00 am	Shrine of the True Cross
2:00 pm	Annunciation Catholic Church
5:00 pm	Co-Cathedral of the Sacred Heart
7:30 pm	Cathedral of Our Lady of Walsingham
9:30 pm	St. Michael the Archangel

	Date	“Chosen” Lessons
6	11/3	<ul style="list-style-type: none">• Do I have what it takes (Building Virtue – Your Spiritual Workout)• Why wait? (God’s Plan for Love and Sex)• How do I build the kingdom? (Saying Yes to the Mission of Christ and His Church)• Where do I go from here? (The Journey Continues)



Capstone, 2024





Inquietum Cor 001, Jan. 8-11, 2026

Builds on lessons learned from Jan, 2025 Immaculata Conference, which was attended by about 500 (400 students, 70 adults and 30 religious)

- With more planning and earlier communications, over 1000 students is feasible
- The retreat approach is one that has value, but that value could be increased by holding the event in Sacred spaces
- Some religious have the charism to lead and to speak, and some do not
- Service should be integrated, moving focus from “self care” to “care for others”
- Less “talking at” and more “doing with”

Gather / Proclaim

7p – Welcome Mass with organ, choir, trumpets
8:30p – Keynote follows (Fr. DMM)
9:30p – Exposition, Confession
10:30p – Benediction
11:30p – Lights out

Lodging: 2-star hotel or 20 ft² in football field (room for 3000+)

Dining: catered to parish gym / life center, school gym / cafeteria

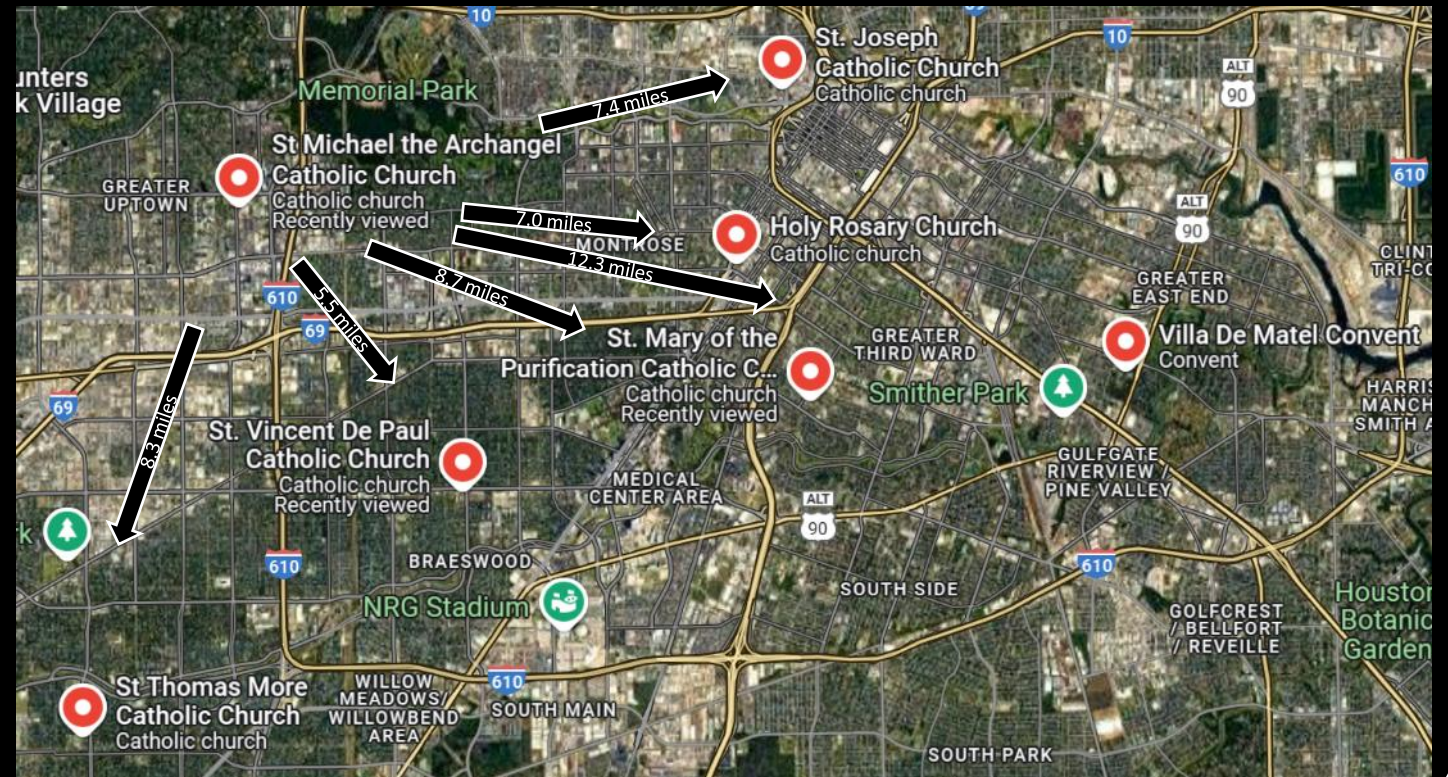


6a – Breakfast
7a – Buses depart
8a – Lauds
8:30a – Safety briefing
12p – Lunch break
5p – Buses depart
6p – Dinner
7p – Vigil Mass
8:30p – Compline
9:30p – Dismissal

Notes:

- Locations prioritized based on: need, feasibility, proximity, relationships, plan
- Event Captains (x12) responsible for safety and project management

Break / Send



Ways to Get Involved



Title	Description	Notes
Core leader / Co-leader	<ul style="list-style-type: none">Lead small groups of ~15 students	<ul style="list-style-type: none">Curriculum will be sent out the Tuesday before the SundayCurriculum presents enough to be a “good” Core leader and opportunities to stretch to be a “great” Core leader
Weekly “Detail Crew”	<ul style="list-style-type: none">Help us prepare final details for each session	<ul style="list-style-type: none">Meets Monday (or Tuesday) at ~1 pmActivities include preparing folders and bins for Life Teen and Edge, respectivelyPlanning and executing “environment”Could be some administrative tasks such as printing and copying
Environment	<ul style="list-style-type: none">Decorate the room for each session, according to the Theme	<ul style="list-style-type: none">Meets Monday (or Tuesday) at ~1 pmThis is new... make it great!
Food	<ul style="list-style-type: none">Coordinate with parents to ensure that food is present for each session	<ul style="list-style-type: none">Meals for Edge and LifeTeenCould be donated (purchased) or prepared food
Music	<ul style="list-style-type: none">Play for 5-15 minutes at the beginning of Edge and Life sessions	<ul style="list-style-type: none">In the past, it has been Spotify PlaylistsWe are looking to expand and are working with 3-5 live ensembles (including two “family bands”!) on a commitment of roughly monthly performancesDo you want to jump in the mix?
Liturgy	<ul style="list-style-type: none">Help us reinvigorate “Life Teen Mass”	<ul style="list-style-type: none">Greeter, Usher, Lector, Sacristan (?)