



# THE PEAK+

## Parent guide



### 5 Ways to Help Your Child Thrive in Online School

Online schooling works best when students have more than a timetable.

They need structure, support, confidence, progress, and connection.

PEAK+ helps parents understand the five key areas that shape a child's success.



#### STRUCTURE

A rhythm and routine that supports learning.



#### SUPPORT

Guidance and encouragement every step of the way.



#### CONFIDENCE

Building belief in their ability to succeed.



#### PROGRESS

Small wins that lead to strong growth.



#### CONNECTION

Feeling seen, heard, and part of a community.



Small steps. Strong habits.  
Big futures.



Let's build the path together.



# WHAT IS PEAK+?



*Presence powers everything*

When students show up consistently, engage actively, take ownership, learn from feedback, and understand their progress, they thrive.



## ASK YOURSELF



### PRESENCE

Is my child showing up ready to learn?



### ENGAGEMENT

Is my child participating and asking for help?



### AGENCY

Is my child becoming more independent?



### KAIZEN

Is my child learning from feedback?



### ACADEMICS

Does my child know where they stand?

When these five areas work together, *Students thrive.*



# STRUCTURE & SUPPORT



Strong habits at home.  
Supported success online.



## STRUCTURE

### Why it matters

Students thrive when learning becomes a steady routine.

### What parents can do

- ✔ Set consistent start times
- ✔ Create a dedicated learning space
- ✔ Build healthy daily routines
- ✔ Plan the week together



Structure creates **stability** so students can focus and grow.



## SUPPORT

### Why it matters

Students succeed when they know help and support are always there.

### What parents can do

- ✔ Check in regularly
- ✔ Encourage open communication
- ✔ Ask questions  
Celebrate effort and progress



Support creates **confidence** so students feel capable and supported.

Small steps today.  
Strong habits tomorrow.

*Big futures.*



# BUILDING CONFIDENCE, PROGRESS & CONNECTION

Four key areas that help students thrive in online school and beyond.



## CONFIDENCE

Believing in themselves to take on challenges.



**Builds when students:**

- ✔ Experience success and celebrate wins
- ✔ Tackle challenges and solve problems independently
- ✔ Receive encouragement and positive feedback
- ✔ Confidence helps students believe they can **achieve**.



## PROGRESS

Seeing growth and improving every day.



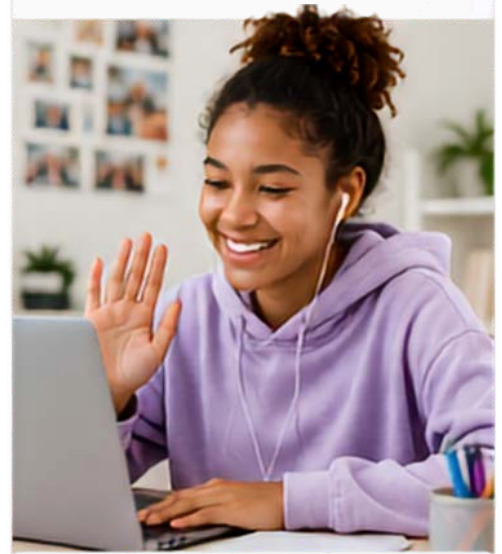
**Builds when students:**

- ✔ Reflect on feedback and learn from it
- ✔ Track their growth and set goals
- ✔ Focus on improvement, not perfection
- ✔ Progress helps students **see** how far they've come.



## CONNECTION

Feeling seen, valued and part of something.



**Builds when students:**

- ✔ Feel seen, heard and supported
- ✔ Participate and contribute
- ✔ Belong to a positive community
- ✔ Connection helps students feel they **belong**.



Small steps today.  
Strong habits tomorrow.

**Big futures.**



When confidence, progress and connection grow, students **thrive**.