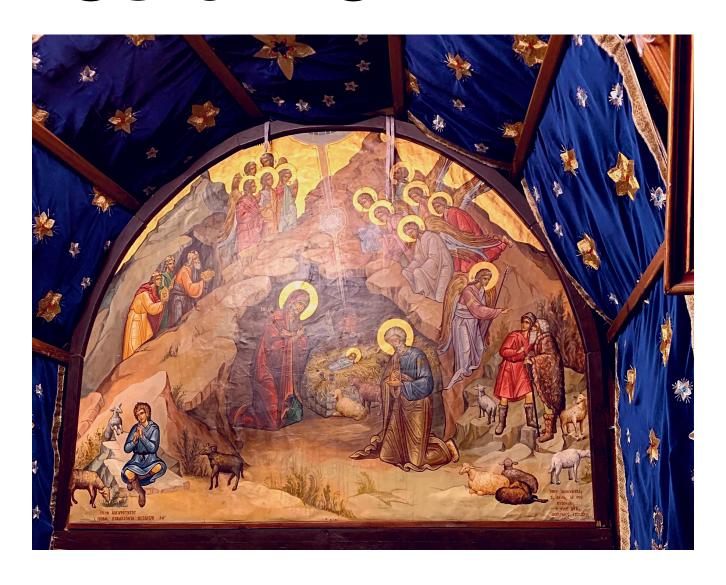


## the testament



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#### the testament

EDITORIAL STAFF REV. FATHER PATRIC LEGATO MICHÉL-GABRIÉLLE LEGATO

E: TESTAMENT@STSOPHIAALBANY.ORG

#### **DESIGN**

MICHÉL-GABRIÉLLE LEGATO

#### WEBMASTER

CHRISTOPHER PAPPIS E:WEBMASTER@STSOPHIAALBANY.ORG

#### church staff

CLERGY
PROISTAMENOS
REV. FATHER PATRIC LEGATO

E: FRPATRICLEGATO@STSOPHIAALBANY.ORG

RETIRED CLERGY FR. DENNIS L. NAGI, PH.D

#### **CHURCH OFFICE**

MARGARET DANES
MARY PATELOS
E:PARISHOFFICE@STSOPHIAALBANY.ORG

#### **BUILDINGS AND GROUNDS MANAGER**

ALFREDO RAMOS E: MAINTENANCE@STSOPHIAALBANY.ORG

#### **BOOKKEEPING**

JENNIFER KLINE E: STSOPHIABKG@GMAIL.COM

#### **NEOKOROS**

**EVANGELOS ANTON** 

#### **CHANTER**

**GEORGE LENARES** 

#### **ICONOGRAPHER**

**EFTHIMIOS STOJA** 

PARISH OFFICE HOURS MONDAY-FRIDAY 9:00 AM - 5:00 PM (518) 489-4442



#### parish council

**PRESIDENT** 

**MICHAEL CHRISTAKIS** 

E:PCPRESIDENT@STSOPHIAALBANY.ORG

**VICE-PRESIDENT** 

SULTANA VARVAROUSIS

**FINANCIAL SECRETARY** 

ANASTASIA VASILAKOS

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#### youth ministries

**ACOLYTES** 

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SUNDAY SCHOOL

MICHÉL-GABRIÉLLE LEGATO

E:SUNDAYSCHOOL@STSOPHIAALBANY.ORG

**HELLENIC EDUCATION** 

LAINIE DAMASKOS-CHRISTOU

E:GREEKLANGUAGEACADEMY@STSOPHIAALBANY.ORG

**GREEK FOLK DANCE** 

DIANE COHEN

MARIA PIDGEON

E: STSOPHIADANCERS@GMAIL.COM

JOY

SIA GOOGAS

KEATHER PAPA

LEA STEVENS

E: JOY@STSOPHIAALBANY.ORG

**GOYA** 

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MICHAEL KOUTELIS

SOULA LANDI

SOPHIA PALLONE

E: GOYA@STSOPHIAALBANY.ORG

THE GREEK ORTHODOX CHURCH OF ST. SOPHIA
IS A PARISH UNDER THE SPIRITUAL AND
ECCLESIASTICAL SHEPHERDING OF
HIS EMINENCE ARCHBISHOP ELPIDOPHOROS
OF AMERICA OF THE GREEK ORTHODOX
ARCHDIOCESE OF AMERICA,
UNDER THE JURISDICTION OF THE ECUMENICAL
PATRIARCH OF CONSTANTINOPLE.



#### **Author Visit, Discussion & Book Signing**

#### **Grace Unbound**

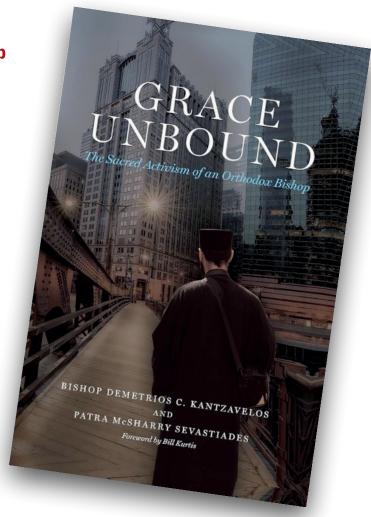
The Sacred Activism of an Orthodox Bishop
By Bishop Demetrios C. Kantzavelos

#### Tuesday, November 18 at 7:00 pm

St. Sophia Greek Orthodox Church 440 Whitehall Rd. Albany, NY

Free and Open to the Public

Join us for a moderated discussion with the New York State Writers Institute's **Paul Grondahl** and **Bishop Demetrios**, author of Grace Unbound, as they discuss how a single act of compassion sparked a deeper calling to social activism, setting Bishop Demetrios on a path he had not anticipated. Grace Unbound is a gripping true story of faith, justice, and redemption, as one priest's mission to save a single life becomes a fight to transform an entire system.





Bishop Demetrios C.
Kantzavelos is an ordained bishop, social activist, and leader in the Orthodox Christian Church. He is the former chancellor of the Greek Orthodox Metropolis of Chicago, and an auxiliary bishop of the Greek Orthodox Archdiocese of America.



Paul Grondahl is the Opalka Endowed Director of the New York State Writers Institute at the University at Albany. He was a staff writer at the Albany Times Union from 1984 to 2017, and is the author of several books, including political biographies of Theodore Roosevelt and Albany Mayor Erastus Corning 2nd.



#### FR. PAT'S INSIGHTS

Image: Festive Christmas Carol with Holiday Baubels by Owen.outoors from Pexels



The Holiday Season will soon be upon us and November and December will see us celebrate several major saints and commemorative holidays. I do not believe anyone can ever overstate the power Thanksgiving and Christmas hold for us. Thanksgiving is an American tradition which has a direct correlation in our Orthodox faith, and Christmas is one of the great Holiday's of the Lord.

The word "Thanksgiving" has a very special meaning for us as Orthodox Christians. Θεια Ευχαριστια means "Holy Thanksgiving," and represents the depth of our holy Divine Liturgy culminating in the reception of Holy Communion. This life giving gift of Jesus to us is our opportunity to directly commune with the Lord. Holy Communion is our saving grace which overcomes our sinfulness and restores us in our relationship with God. It is the Last Supper and the idyllic and true source of receiving forgiveness. The depth of participating in the act of receiving the precious Body and Blood of Christ should never be understated. Thanksgiving, then, is not only an American tradition, but an Orthodox obligation.

Christmas literally means, "gathering in Christ." The Greek terminology, however, has a greater insight for us, and gets right to the point. Xplotouyevva, directly translates to: "birth of Christ." As Orthodox Christians, Christmas is more than a celebratory gathering for some event in the life of Jesus. It is the pronouncement and act of the birth of Jesus. It is He who comes into our world to offer us the gift of salvation. It is the Incarnation and the prompt to begin our journey to eternal life.

Taken together, Thanksgiving and Christmas should provide us with a springboard to a faithful commitment to the Lord. To be thankful, and to receive this munificent, forgiving life line and Gift from God is truly without parallel. Then, four weeks later, we become witnesses to the act of He Who is the Salvation of our lives, and the provider of this lifeline.

How unfortunate that we have not spent more time adoring the Christ-Child and appreciating the "gift" of forgiveness. Frolic and play have replaced the solemnity of the work of God in our lives. The celebrations of Thanksgiving and Christmas have over the last Century and a half has underscored the religious aspect of these celebrations and dedication to God, and replaced them with a secularized version. The popularization of the character of Santa Claus has often overshadowed the salvation of Christ.



Does Santa Claus have a place in the celebration of Christmas?

That is a "yes" and "no" question. Legalistically speaking in our Christian tradition, the answer is "No," but the technicality of the premise does have some merit, but only if we look at this inclusion as an example of selfless service in the Name of the Lord.

The derivation of Santa Claus comes from the real life personage of Saint Nicholas who died in the Mid-Fourth Century (December 6). He was from a city, which is now a part of Turkey, who used the inheritance he received from his parents to help the destitute and sick. This very real person dedicated his life to Jesus and to helping those less fortunate than himself. His story is filled with great sacrifice, faith, and later through the miracles attributed to him. His story is fascinating and awe inspiring. So, is it possible for St. Nicholas to have a place on Christmas?

Considering his life of caring and his providing for the poor, absolutely, but St. Nicholas did the work as a Christ-filled Christian. He took upon himself the role of a caretaker filled with the love of Christ, and not the other way around. He is an example of how we should all carry ourselves as Christians and an example of sharing our thanksgiving with humanity. Should he have a place in the Christmas story?

Based on his servitude and dedication, I certainly have no problem entertaining his deeds, but the overall thrust should be placed on Christ above all else. Nicholas the man, became St. Nicholas the servant of Christ. His dedication of service should be recognized, and has, but it should not overshadow the BIrth of Jesus. Nineteenth Century writers and graphic artists inserted the legend of Santa Claus into our American culture. I am afraid he is here to stay, and we are confronted with a challenge as Christians to recognize the glory of the Birth of Christ and place it in prominence. Once that is accomplished, then all the feel good stories of not just St. Nicholas, but St. Basil, as well, who was not even spoken of, has merit.

We need to proclaim first with unfailing love our devotion to the birth of Jesus this Christmas, and recognize our "Thanks" as did the pilgrims for the Gift God offers us through Holy Communion. Lastly, we should emulate the "gift-giving" spirit of a man dedicated to his Christian values in the person of St. Nicholas. If we can put all this together, then the spirit of Thanksgiving and Christmas will truly make for an inspiring Holiday Season.

Have a blessed Holiday Season. Καλα Χριστουγεννα!



## PARISH COUNCIL PRESIDENT



Dear Parishioner,

What a truly special experience we shared earlier this month on our parish trip to **New York City!** From our visit to **The Metropolitan Museum of Art** to our time at the **Archdiocese** and at **St. Nicholas Greek Orthodox Church and National Shrine**, it was an inspiring and faith-filled day for all who attended. The highlight was our unexpected audience with **His Eminence Archbishop Elpidophoros**, whose warmth and words of encouragement left a lasting impression on everyone present. Moments like these remind us how blessed we are to be part of such a vibrant and connected faith community.

Our **Fall General Assembly meeting on Sunday, October 26**, was a great success. We once again hosted a free fellowship breakfast—waffles and sausage—before we began our meeting. It was a wonderful opportunity to come together in fellowship and conversation to reflect on our progress and plans for the months ahead.

I also invite you to consider running for the Parish Council. Serving on the Parish Council is a meaningful way to give back to our parish and help ensure a bright future for the next generation of our community. If you're interested, please speak with any current Parish Council member—we would be happy to share more about the process and responsibilities.

Looking ahead, please mark your calendars for two special parish events:

- Our Harvest Dinner Dance on Saturday, November 15, organized by our youth. This evening promises wonderful fellowship, great food, and lively music—all in support of the launch of our parish capital campaign. Tickets are on sale now.
- The return of His Grace Bishop Demetrios on Tuesday, November 18 at 7 p.m. for an author talk and discussion of his new book, Grace Unbound. The conversation will be moderated by Paul Grondahl of the New York State Writers Institute. His Grace's book is an inspiring story of faith and social justice, and we are honored to welcome him back to St. Sophia.

As we gather in the coming weeks, may we continue to strengthen the bonds of faith and fellowship that make our parish such a special place. I look forward to seeing you all at our upcoming events and thank you, as always, for your continued love and support of beloved Saint Sophia.

In Orthodoxy,

Michael N. Christakis, Ph. D

### Senior Citizen Holiday Dinner

SPONSORED BY
ST. SOPHIA YOUTH GROUPS

#### December 6th, 2025 3:00 PM

PLEASE RSVP TO CHURCH OFFICE NO LATER THAN MONDAY, DECEMBER 1ST

#### **STEWARDSHIP**

AS OF OCTOBER 2025

A

Michael Allain

Thomas & Demetra Alund

David & Eugenia Alven

Wael Alzawahra

George Amanatides

Paul Amanatides

Panagiota Anagnost

Vasilis & Christina Anagnostopoulos

Anastassios Anastahas

Joseph & Helen Anastasio

George Andrews

Tommy & Helene Annas

Pauline Anton

Evangelos Anton

Michael Anton

Nick & Joanne Antoniadis

Paul & Vera Apostol

Georgios & Nancy Athanassiadis

C

Marietta Caladim

John & Penny Caracandas

George Chakmakas

John Chakmakas

George & Maria Cholakis

Joanne Cholakis

Maria Cholakis

Nia Cholakis

Michael & Christa Christakis

Euripides Christou & Lainie Damaskos-Christou

Jeffrey & Diane Cohen

Niki Colydas

Eugenia & Daniel Condon

Assemina & Timothy Conlin

Christine Costopoulos

George & Constantina Cotzas

Danny Bahlatzis

Nicholas & Effie Balahtsis

**Evelyn Baltis** 

Glykeria Baltis

Peter & Kathy Baltis

William & Caryl Baltis

Barbara Beckos McDonald & Arthur McDonald

Marie Beiniks

Alexia Belperron

Robert Bladel & Niki Ziamandanis Bladel

Joseph Bobb

Theodorian & Diana-Andra Borca-Tasciuc

Athena Bouloukos

Elyse Bouloukos

Peter & Kathleen Bouloukos

David & Leigh Brockmann

Konstantinos & Christina Brotsis

Barbara Burke

D

Peter & Margaret Daikos

Athan Dalianes

John & Katerina Dallas

Peter Dallas

Norma Damascos

Theodora D'Amico

Kathleen Danna

Robert & Alexandra Davis

Lauren Dean

Vidal & Katherine Deleon

**Drew Demers** 

Jana & Guarumuni Desilva

Nicholas & Marianna Diamantatos

James & Chrisanthy Diamantopoulos

Vassilios & Florence Dimitriadis

Stephani Dimopoulos

Pontis District

Gregory & Shalyn Docous

Mick & Lea Doemel

Pauline Duke

Charles Dukes

#### E&F

Harry & Eleni Efstathiadis
Constantine Ermides
Harry & Diane Ermides
Michael & Linda Ermides
Gari Fentekes
James & Georgia Fishburn
Donald & Dina Fisher
Gregory & Nina Floyd
Diane Forkeutis
Foti Fotiou & Theresa Fotiu
Fotini Fotiou

#### G

Sandra Galanis
Janet Gallas
Anthony & Amy George
Evan George
Alexander Georgeadis
William & Jamie Georges
Maria Gezerlis
Arthur & Christine Gianakos
Andrea Googas & Robert Hahn
James & Mary Googas
Mary Pat Googas
Jimmy Googas Jr.
Elisavet & Victoria Guarneri



Charalambos & Anne Hadjioannou Lukes Hadjioannou Nicholas & Panagiota Hallas Catherine Halsdorf Christine Harvey Michael & Melissa Hatzistergos Maria Hazapis John & Mary Hormovitis Nicholas & Lisa Hrimatopoulos Vasiliki Hrimatopoulos

#### J & K

Alex Jefferson Nadia Jefferson Rita Jeoney Catherine Julius George & Athanasia Kalamaras Stanley & Irene Karamanol John & Theo Karatzou Achreve Karlaftis Constantine & Constance Karlaftis Zaharias Karounos Theodora Kelly Theodore & Francesca Kendris Debbie Kennealy Elyssa Kirby Valerie Kirby Kostas Klementzos Thomas & Stella Koleci Vasil Koleci Theodore Kondoprias Anastasios Konstantakos Zoi Konstantakos Angelo Kontis Constantine & Leanne Kontogiannis Alexia Kordas Nick & Laura Kordas Nicole Kordas Michael & Ioulia Koullias Angie Koutelis Diane Koutelis Michael & Mary Ellen Koutelis Michael & Jewelie Koutelis Nicholas Koutelis

Jeanne Koutoufaris

Stefan Koutsakis

George & Paula Koutsakis

Michael & Karen Koutsourades

#### L

Niko & Laura Ladopoulos Paula Ladopoulos Helen Laines Joanna Laines Barbara Landas Lee Landas Peter & Sula Landi Spiros Lanides Adam & Loretta Laporte Edward & Kimberly LaScala Steven & Christina Lasher Rev. Father Patric & Evangeline Legato Michél-Gabriélle Legato Theodosia Legato Nikoleta Lelis William Lembesis Sisay Lemma Matthew & Panayota Lindroth Andreas & Theodora Lois

#### M

Peter & Irene Mafilios James & Maria Mahar Freda Manuel Angela Marathakis Peter & Tina Marathakis George & Lea Marinopoulos Caterina Markowski Marie Martin Robert & Stephanie Matthew Jeffrey & Marie McCullough Christo Melas Maria Melas Peter & Georgia Melas **Anatasios Meletis** Maria Meletis Jaimee & Matthew Meyer Demetrios Michael Roger Mike Constantinos & Diane Minas

Nicholas & Diane Mitsios
Jordan Moisides
Panagiotis & Vasiliki Moisidis
Theodora Mokhiber
Konstantinos & Euthimia Moutopoulos
Stavros & Sheila Moutopoulos
Richard & Sylvia Mouzakes

#### N

Fr. Dennis & Candice Nagi Marigo Nasi Michael & Maria Neal Marie Needham Alexander & Molly Nichols Kanella Nicolopoulous Kurt Nolan & Ioanna Lista







Melissa O'Connor Diana Ostroff Kostantina Owens Nicholas & Elaine Palas Sophia & Craig Pallone Violet & Dana Palombo Benjamin Papa Katherine Papa Kella Papa James & Andrea Papandrea Peter & Maria Pappas Christopher Pappis George Pappis Maria Patelos Mary Patelos Tina Perlegis Donald & Vanessa Perry Michael & Thecla Philip Mignonne & David Philips Cathy Photopoulos

Michael & Thecla Philip
Mignonne & David Philips
Cathy Photopoulos
Pauline Polits
John Polydouris
H Margaret & James Poole
James Posporelis
Nikoleta & Andrea Prifti
Christine & Stephen Prudente
Joanne & Paul Pugliani

Cassia & Harry Mirones

Michael & Panorea Miszko

#### Q&R

Besnik & Penellope Qaja
Foti & Theodora Rantzaklis
Dennis & Irene Rassias
Helen & Donald Read
Haroula & John (Brad) Reitz
Michael & Sophia Reynolds-Cotzas
Sophia Richardson
Terrell & Ann Roe
Nicole Rosa

#### S

Charles Sarris Legrande Serras Stiljan & Kristina Shkembi Spyridon Skordas & Elaine Hasapis George & Debbie Socaris Elaine Sokaris Gerasimos & Kathryn Sokaris Gregory & Bessie Sokaris Gregory J. Sokaris Gregory & Maria Sokaris Gregory C. Sokaris Laura Sokaris & William Farrell Mary Sokaris Nora Sokaris Spiro Sokaris Francisco & Eleni Soler Nikolaos Sparakis Dan & Anabela-Mihaela Stan Virginia Stathidis Christos & Delores Stavrou Anne Sternbach Lea & Mark Stevens George & Jami Stolis James & Frosine Stolis Cataldo & Cassandra Strippoli Nicole Strippoli

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Faith Takes & Joseph Moltzen
Anthony Thanopoulos
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Nicholas & Eftihia Toppses
James & Christina Trifletti
Loucas & Olga Tsakalakos
Vasiliki Tsamis
Anastasia Tunny
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Mary Vamvalis
Sultana Varvarousis
Maria Vasilakos
Anastasia Vasilakos & John Rojas
Dimitra Vasilakos
Helen Vasilakos

#### **W,X,Y & Z**

Patricia Wheeler
Joshua & Chelsea Woodard
William Yager & Cassandra Stricos
Katherine Yavis
Michael & Emalee Ziamandanis
Peter & Maria Ziamandanis





Wish your family and friends at St. Sophia Merry Christmas and Happy New Year!

Cost \$20 per line, 3 line maximum Orders due by December 7<sup>th</sup>, 2025

Please mail this form to the church office, attention:
"Community Christmas Card"

**Holiday Greeting:** 

Purchased by:

Lines: \_\_\_\_ X \$ 20 = \$\_\_\_\_

# SOCIETY PHICOPTOCHOS



Hello Everyone,

It is so wonderful to see more people returning to church and kids attending Sunday School. The Philoptochos ladies have been busy with various activities already. We started off with a joint potluck dinner. It was nice to have Father Pat and Father Emmanuel bless us for the upcoming year.

We started off with a very profitable Doll Show Café this year. Thank you to Shalyn Docous for all your hard work organizing it. Also, thank you to ALL that donated their time and money toward this fundraiser, without your help it would not have been as successful. All proceeds will be used to support our monthly obligations.

The ladies here at Saint Sophia will be very busy during the next few months. We will be having our Election Day bake sale during polling hours on November 4th. We will donate all proceeds to local charities for the holiday season.

Our bagged lunch program for the homeless is in full swing. With the help of our youth, we prepare 60 bagged lunches two Sundays per month. If you would like to donate towards this great cause, please make a check payable to Philoptochos for \$120.

Christmas will be here before you know it. We will once again be sending a Community Christmas Card out. Keep an eye out for our table during coffee hour to sign up.

Last year, we adopted three families for Christmas. With the generous support from our community, we were able to provide a joyous holiday season to these families. It was a great success. Let's do it again! Please look for the "Giving Trees" late November.

Please remember our organization is here to help all those that are in need.

Wishing everyone a wonderful holiday season with family and friends!

Demetra Xythalis Vann

Demetra Xythalis Vann

Philoptochos President



# IN THE COMMUNITY

#### sunday school

Our Annual Christmas Paegant will be held on Sunday, December 21<sup>st</sup>, following the Divine Liturgy. Rehearsal will be held on Friday, December 19<sup>th</sup> with the Choir at 6:00 pm. We encourage all families to participate. Please RSVP for Friday's rehearsal to Michél at sundayschool@stsophiaalbany.org *no later than Wednesday, December* 17<sup>th</sup>.

Please also note the updated Sunday School Schedule for November & December:

November 2<sup>nd</sup> - Classes in Session November 9<sup>th</sup> - Classes in Session November 16<sup>th</sup>- Family Worship, No Classes

November 23<sup>rd</sup> - Classes in Session November 30<sup>th</sup> - Family Worship, No Classes

December 7<sup>th</sup> - Classes in Session December 14<sup>th</sup> - Classes in Session December 21<sup>st</sup> - Christmas Paegant December 28<sup>th</sup> - Family Worship, No Classes

Finally, we are always looking for volunteers to help substitute for Sunday School. Please email if you are interested in assisting!





Image above: St. Sophia Youth and Parishioners with His Eminence Archbishop Elpidophoros.

#### st sophia trip to nyc







On Thursday, October 2 St. Sophia took a bus trip down to NYC to visit the Metropolitan Museum of Art, the Greek Orthodox of America Archdiocese with a special visit from His Eminence Archbishop Elpidophoros, and to the St. Nicholas National Shrine in which we celebrated a Paraklesis for the congregation.

It was a beautiful day filled with memories which our youth and parishioners will not forget.

#### greek school

#### ΚΑΛΕΣ ΓΙΟΡΤΕΣ ΣΕ ΟΛΟΥΣ!

Happy Holidays to all!

We welcome new students to our program at anytime during the year. All classes from preschool to early high school are on Saturdays simultaneously from 9:00 am - 1:00 pm in 2 hour sessions depending on level. Learning a new world language and culture is an amazing experience at any age, especially the youngest ones! Contact us at:

greeklanguageacademy@stsophiaalbany.org



**Class Schedule for November & December:** 

November 1<sup>st</sup> - Classes in Session

November 8th - No Classes Scheduled

**November 15th - Classes in Session** 

**November 22<sup>nd</sup> - Classes in Session** 

November 29th - No Classes Scheduled

**December 6th - Classes in Session** 

**Decmber 13th - Classes in Session** 

**December 20<sup>th</sup> - No Classes Scheduled** 

**December 27th - No Classses Scheduled** 













#### **ALBANY AHEPA FAMILY**

## HOLIDAY GIFT GIVING COLLECTION



#### December 1, 2025 - January 4, 2026

We accept unwrapped toys, games, books, toiletries, gift cards and other appropriate gifts that are new and unused for children & teenagers.

The AHEPA Family will deliver your donations to children & teenagers currently being treated and cared for at the Bernard & Millie Duker Children's Hospital at Albany Medical Center.

Please leave gifts beneath the Christmas tree located inside the Church.

# November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Greek Language & Culture Academy 9:00 am
2 5th Sunday of Luke Divine Liturgy 9:30 am Sunday School	3 Men's Basketball 6:30 pm	4 Senior Program 12:00 pm DOP 6:30 pm	5 Knitters 12:15 pm OPA-cize 6:30 pm	9	7	8
9 7th Sunday of Luke Divine Liturgy 9:30 am Sunday School	10 Men's Basketball 6:30 pm	11 Senior Program 12:00 pm Philoptochos 6:30 pm	12 Knitters 12:15 pm OPA-cize 6:30 pm	13 Kali Parea 12:30 pm Illuminations 6:30 pm AHEPA 7:00 pm	41	Greek Language & Greek Language & Culture Academy 9:00 am St. Sophia Harvest Dinner Dance 6:00 pm
16 Matthew the Apostle & Evangelist Divine Liturgy 9:30 am Family Worship - No Sunday School	17 Men's Basketball 6:30 pm	18 Senior Program 12:00 pm Grace Unbound Event 7:00 pm	19 Knitters 12:15 pm OPA-cize 6:30 pm	20	21 Entrance of the Virgin Mary Divine Liturgy 9:30 am	22 Greek Language & Culture Academy 9:00 am
23 9th Sunday of Luke Divine Liturgy 9:30 am Sunday School	24 Men's Basketball 6:30 pm Illuminations 6:30 pm	25 Senior Program 12:00 pm	26 Knitters 12:15 pm	27 Thanksgiving Office Closed	28	29
30 Andrew the First-Called Apostle Divine Liturgy 9:30 am Family Worship - No Sunday School						

# December 2025

_	Moliday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2 Senior Program 12:00 pm	3 Knitters 12:15 pm	4 St. Barbara Divine Liturgy 9:30 am	വ	6 Greek Language & Culture Academy 9:00 am
						St. Nicholas Divine Liturgy 9:30 am
7 10th Sunday of Like		9 Concention St Anna	10	11	12	13
Divine Liturgy 9:30 am			Knitters 12:15 pm	Senior Lunch 12:30 pm	St. Spyridon Divine Liturgy	Greek Language & Culture Academy
Sunday School		DOP & Philoptochos			9.00 all	w.00 all
St. Barbara's Day Party		6:30 pm				
Parish Council Elections						
14		16	17	18	19	20
11th Sunday of Luke St. Divine Liturgy 9:30 am 9:3	St. Eleftherios Divine Liturgy 9:30 am	Senior Program 12:00 pm	Knitters 12:15 pm	Illuminations 6:30 pm		
Sunday School						
AHEPA 12:00 pm						
21 Sunday before Nativity	2	23	24 Christmas Eve	25 Christmas	26	27
Divine Liturgy 9:30 am		Senior Program 12:00 pm	Divine Liturgy 9:30 am	Office Closed		
Christmas Pageant			Christmas Divine Liturdo			
AHEPA Family Christmas Party			6:00 pm			
28 Sunday after Nativity	o	30	31			
Divine Liturgy 9:30 am		Senior Program 12:00 pm	Liturgy at St. Basil's in Troy			
Family Worship - No Sunday School			e:oo bw			

#### SAINT SOPHIA GREEK ORTHODOX CHURCH 440 WHITEHALL ROAD ALBANY, NY 12208

**ADDRESS SERVICE REQUESTED** 

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St. Sophia Mission Statement – St. Sophia Greek Orthodox Church, Inc. is a not-for-profit religious community under the leadership of the Greek Orthodox Archdiocese of America, through the auspices of the Ecumenical Patriarchate in Constantinople whose mission is to: (1) maintain, practice, and proclaim the Christian Orthodox faith, enhancing the spiritual growth of its communicants; (2) develop and operate programs, activities, and services for the Parishioners which serve and further the religious educational, cultural, philanthropic, and social ministries of the community as well as to protect and continuously develop the physical buildings and religious property as deemed necessary;

<sup>(3)</sup> dedicate the promotion of Christian Fellowship and values between the evolving diversity of cultures and its people.