



**DENITA WASHINGTON,  
TRUSTEE**

# ADAMS TOWNSHIP TEA

ADAMS TOWNSHIP  
TRUSTEE.



August 2026

## “Setting Your Student Up For Success” By Trustee Washington

*“Education is not preparation for life; education is life itself.”* I heard this quote and began to do an inspection of my grandchildren’s life journey this summer. I started wondering, did they read a book? Did they work on mathematics? Was there any time for them to write or journal about their experiences? Were there any experiences that will assist in setting them up for their next chapter? Honestly, I am not sure, however, I do know that I have decided to become the first teacher in their personal and academic journeys. It is also my hope that you will do the same for your children and grandchildren.

In taking up this charge, here are a few questions to ask yourself: “What life changing experiences did I offer my child this summer?” Did they learn to swim or ride a bike? Were they able to conquer any fears that they had been harboring within them? Ask yourself “What did I do to build my child’s mental health?” Did you introduce them to yoga and breathing techniques to help deal with stress and anxiety?

One of my favorite questions for parents is “How will your student return to school better this year than how they left last year?” What adjustments have you made to build a mindset of success and healing from old habits and bad behaviors? Setting them up with the school counselor or a therapist outside of school would be a great proactive approach in this area. My final thought is this: Does your home offer a space dedicated to your child’s academic success? Do they have a desk or table with school supplies, a pencil sharpener, good lighting, a computer, etc. Is there a tray for papers that need to be reviewed and signed by you and a separate tray completed paperwork? These are tips that can help sharpen students’ life skills through being organized and prepared for school. Good luck on this chapter of living and learning. Remember to be your child’s first teacher this year. Let them know they are loved, valued and important to you and this community. Education is the most powerful weapon which you can use to change the world.

**Let us put our children on the path to be world changers.**



**Committed To  
Community Through  
Service And  
Accountability**

**Adams Township  
Trustee Office**

**1125 Hartzell Street**  
New Haven, IN 46774

**Monday-Thursday**  
9:00 AM - 5:00 PM  
(Closed Daily 12-1)

**Fri-Sun: CLOSED**

**Phone:** 260-749-4162

**Fax:** 260-749-6086

**Email:**

[info@adamstownship.org](mailto:info@adamstownship.org)

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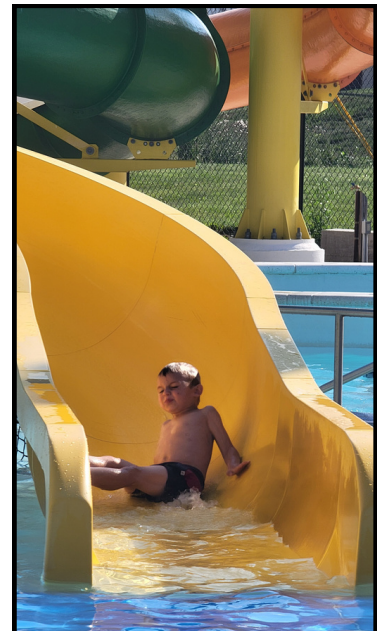
# Community Information

## *Summer Splash Pool Party 2026*

Thank you to everyone who came out and made our 1st Pool Party such a wonderful event! We hope you had a great time enjoying the food, fun, laughter, and time spent with family and friends. Your presence helped make this event a success. We appreciate you and we look forward to seeing you at future events!

A very special thank you Mr. Stemmler and the staff who were phenomenal to us and the families! The care and kindness that was shown is very much appreciated!

Thank you again for joining us, we hope you had an amazing time and made memories that will last all summer!



# Community Information

## *Back To School Success Tips For Parents*

A new school year is just around the corner, and now is the time to get our kids ready for success! Let's help every student start the year feeling confident, prepared, and excited to learn. From school supplies and new clothes to encouragement and support, every step we take helps build a brighter future. A successful school year starts with good habits and a positive attitude. Here are a few tips to help students have their best year yet:

**\*Get The Right Amount Of Sleep ~** It's no secret that good sleep is necessary for your child to have a productive and healthy day, both academically and socio-emotionally. The National Sleep Foundation recommends the following amount of sleep for school aged children.

Ages 3-5: 10-13 Hours Per Day  
Ages 6-13: 9-11 Hours Per Day  
Ages 14-17: 8-10 Hours Per Day

**\*Keep A Consistent Bedtime ~** Early mornings will be here before you know it. If your child is going to bed too late for them to receive the recommended amount of sleep, help them get in the habit of gradually going to sleep earlier across a couple days or weeks to ease the transition back to school. It can help to incorporate calming activities 20-30 minutes before bedtime that move in the direction of the bedroom, like reading a book or picking out pajamas. Try to keep bedtime consistent every day (with only 1-2 hour adjustments over the weekend) to promote positive sleep habits and reduce difficulties getting back into a sleep routine between weekends.

**\*Validate Worries And Praise Brave Behavior ~** It is normal for parents and children to feel worried before the start of school. You can help your child feel brave and capable of going to school by developing a consistent routine and validating worries or uncertainties they may express (in words or behavior). Praise your child for going to school, or even talking about school, if it is hard for them to do! To minimize before-school jitters, some children will want to talk about school on the way there or anticipate fun activities; others may want to engage in calming activities before they arrive or talk about something unrelated to school. Follow your child's lead!

**\*Plan Nutritious Meals ~** Diet plays a big role in how much energy we have for the day. Be sure your child is eating filling and nutritious foods in the morning or on the way to school. Plan ahead for those busy mornings and afternoons by preparing simple and nutritious options that are quick and easy to eat on the go, including drinks like protein shakes.

**\*Build Good Homework Strategies ~** Have a specific location in your home for your child to do homework, with minimal distractions. If your child has difficulty concentrating for a long period of time, consider having them complete homework items in timed chunks with short breaks in between to help improve attention and make longer tasks more manageable. It can also be motivating to have your child pick a fun activity or privilege they can earn after homework is completed, such as getting extra playtime, or picking a special food or drink to eat during dinner.

**\*Plan Special One-On-One Time ~** Plan weekly individual time with your child by doing an activity they enjoy, either in the house or around the neighborhood. Let them lead or pick the activity! This helps build relationship with your child and boost your child's confidence. It also creates a safe and reliable space for your child to talk to you about school or anything on their mind.



**A great school year starts with healthy habits at home. Give your child the best opportunity to succeed by encouraging routines that support learning and well-being.**

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# Community Information

## **NEW HAVEN HAPPENINGS**

### ***Grill & Chill Day For Seniors***

Join the New Haven Parks & Recreation Team on August 28<sup>th</sup> from 12:00 PM - 1:30 PM for a fun-filled afternoon of good food, great company, and relaxation at their "Grill & Chill" for Seniors 55+!

Enjoy delicious grilled favorites and refreshing beverages, and an opportunity to connect with friends old and new in a welcoming atmosphere.

Whether you're looking to socialize, laugh, or simply enjoy a great meal, this **FREE** event is for you!

Come hungry, bring a friend, and let's Grill & Chill together! They look forward to seeing you there!

**For more information, please call 260-749-2212.**



### ***Beginning Barista Orange Citrus Night***

On Thursday, August 27<sup>th</sup> from 6:00 PM - 7:30 PM in the New Haven Community Center Apple Orchard Room, enjoy a refreshing evening of yummy cold drink creations inspired by a classic flavor. Sip bright citrus and smooth drinks while creating a fun craft to take home.

A sweet way to relax, socialize, and celebrate the end of summer!

Ages 14 & Older + \$7 Fee

Please call 260.749.2212 to register.



### ***Stay In The Know***

Get real-time updates on road closures, community events and breaking New Haven news on the go.

Sign up for text alerts by texting ACTIVATE to (260) 245-1402 to stay in the know.

"No one is perfect. That's why pencils have erasers." Unknown

# Community Information



## WHAT TO DO IF YOU'VE LOST MEDICAID COVERAGE

- Call the Indiana Division of Family Resources at **800-403-0864**. If you lost coverage in the last 90 days because you didn't receive or respond to requests for information, we may be able to restart coverage without you having to re-apply.
  - » Children may remain eligible, even if parents are not, so check on your children's coverage and redetermination dates.
- If you have a medical emergency and need coverage, ask your doctor or hospital about Presumptive Eligibility, which can provide temporary Medicaid, if eligible.
- Check the federal marketplace at [www.healthcare.gov](http://www.healthcare.gov) to see if you qualify for low-cost health insurance.
- If it has been more than 90 days since you lost your coverage, reapply at <https://fssabenefits.in.gov/bp>.
- If you are 65 or soon will be, you may be eligible for Medicare. Find out more at [www.medicare.gov/basics/get-started-with-medicare](http://www.medicare.gov/basics/get-started-with-medicare) or contact SHIP at **800-452-4800**.
- If you are employed, check with your employer about whether you are eligible for health insurance through the workplace.



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BENEFITS  
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# Community Information



FORT WAYNE

INDIANA

## FARM MARKETS

— ALL ARE WELCOME! —

FRUITS | VEGETABLES | RECIPES

### Mondays

#### Johnnie Mae Farm

2518 Winter St. | 4-6PM  
Open July 13 - August 31

### Thursdays

#### Parkview Health Greenhouse

1716 Beacon St. | 4-6PM  
Open July 16 - September 3

### Saturdays

#### Southside Market

3300 Warsaw St. | 10AM-1PM  
Open July 18 - September 5

— OPERATED BY: —



Extension  
ALLEN COUNTY



Follow us at **HEAL Markets** on Facebook to see market updates and featured produce.

### HEAL MARKETS DOUBLE



**SNAP**  
purchase amounts



— AND —

**WIC/Senior**

produce voucher amounts



**Veggie Rx, Cash, Credit,  
& Debit Accepted!**



SNAP values are matched by Double Up Indiana,  
to learn more visit: [DoubleUpIndiana.org](http://DoubleUpIndiana.org)



— IN PARTNERSHIP WITH: —

# Hiring Event Series

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## Electric Works Union Street Market

1622 Broadway, Fort Wayne, IN 46802

1-3 p.m., Thursday, August 20, 2026

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### Participating Employers Include:

- AID Residential Services
- Clarios
- Fifth Third Bank
- Fort Wayne Metals
- Goodwill Industries of Northeast Indiana
- Hoosier Initiative for Re-Entry
- Job Corps
- Job and Talent
- Lear Corporation
- Lutheran Social Services
- Phoenix Stamping Group
- Questa Education Foundation
- Rea Magnet Wire
- Sunshine Home Care Services

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For more information, visit [www.indianaCAREERconnect.com](http://www.indianaCAREERconnect.com), Job Order #10833408



Find us on   
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NORTHEAST  
INDIANA  
WORKS



Northeast Indiana Works and WorkOne Northeast are equal opportunity employers that administer equal opportunity programs. Free auxiliary aids and services are available upon request to individuals with disabilities. The TDD/TTY number is 1-800-743-3333. Free language interpretation and translation services are also available upon request.

# Community Information

## FREE Back To School Giveaways

**Bigger Than Us (BTU) Back** ~ Saturday, August 8, 2026, 2:00 PM - 5:00 PM, Weisser Park, 802 Eckart St., FREE Backpacks & School Supplies, Food, Music, Games & More! **\*Kids must be present to receive the backpack and supplies.**

**Crew Life Back To School Drive** ~ Sunday, August 9, 2026, 1:00 PM - 3:00 PM, Precision Cuts Barbershop, 7504 S. Anthony Blvd., FREE Backpacks & Haircuts.

**PUSH Foundation Back To School Bash** ~ Sunday, August 9, 2026, 12:00 PM, Freiman Square, 201 E. Main St., FREE Haircuts, Games, Back To School Bingo, Relay Races & More.

## Food Distribution Locations

**The Impact Center (WOW)**, Every 2<sup>nd</sup> Tuesday, 11-1, 3420 E. Paulding Rd, Fort Wayne, IN

**First Baptist Church**, Every Thursday, 1-4, 1716 Werling Rd, New Haven, IN

**New Haven Food Bank**, Every Tuesday, 9-11:45, 800 Green St, New Haven, IN

**Wellspring Interfaith Social Services**, Monday & Wednesday, 9-11, Tuesday 4-6, Thursday, 2-4, 1316 Broadway St, Fort Wayne, IN

**New Haven Community Center (WOW)**, Every 4<sup>th</sup> Tuesday, 10-12, 7500 SR 930 East, New Haven, IN

**The League (WOW)**, Every 4<sup>th</sup> Thursday, 10-12, 5821 S. Anthony Blvd, Fort Wayne, IN

**\*CALL 211 TO LOCATE MORE FOOD BANKS AND PANTRIES\***



## FINANCIAL ASSISTANCE

### Financial Resources

**In As Much (Broadway Christian Church)**  
930 Broadway Street, Fort Wayne, IN 46802 (Door #11)  
Contact Info: 260.422.3498

**Salvation Army**  
2901 N. Clinton Street, Fort Wayne, IN 46805  
Contact Info: 260.744.2311

**\*211 First Call For Help For More Resources\***

## Mental Health Resources

**Courageous Healing**  
260.255.3514

**Women's Bureau**  
260.424.7977

**Bowen Center**  
800.342.5653

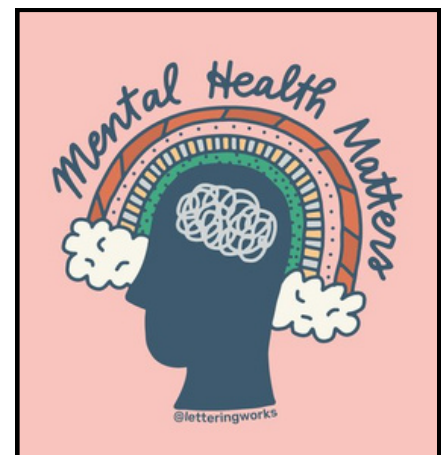
**Parkview Behavioral Health**  
260.373.7500

**Park Center**, 260.481.2700

**Mental Health America Of NE Indiana**, 260.422.6441

**Uniquely You Counseling & Wellness Center**, 260.387.7445

**Oaktree Guidance**, 260.570.4515



*Thank you for reading!*