JJ Long is a 7th Grade Honor Roll student in the Spring-Ford School District. She began dancing at LeRoux School of Dance as a Twinkle Star when she was four years old and made her first performance as a "Mouse" and "Angel" in a holiday production of *The Nutcracker*. JJ trains year-round in classes including ballet, tap, jazz, lyrical, musical theater, and hip-hop. In the fall of 2020, JJ joined the LeRoux Steppers Dance Team as a Mini Stepper and made her competition debut in April 2021. She competes at regional competitions with groups and in a lyrical duet with her sister. JJ has been recognized for her technique at conventions and has won judges' awards for her Musicality and Stage Personality. Her favorite dance memories include winning a Broadway Star with her sister and making memories with her dance besties. When she's not dancing, she enjoys creating nail designs, watching TikTok, and hanging out with friends.

