



A Celebration of Joy and Gratitude

Ursuline Newsletter

Ursuline Sisters of Toledo, Ohio
4045 Indian Road, Toledo, OH • Vol. 49 No. 9 • October 2025

Leadership Corner by Sr. Joy



Fall/autumn brings a time of change for many things like trees, flowers, grass, weather, and us. These changes occur every year, however we find the changes vary year to year for us.

Nature seems to do these changes naturally and repetitively, which cues us in

to the need for changes in our own lives. How do we look at life, how do we view changes that have happened in our life over this year? How do we adapt to these changes? Are we willing to change as nature is and do we willingly take on change?

Maybe it's time for us to look at how we adapt and change in this fall season, and how is it appropriate for us to do so?

Feast of St. Ursula, Missioning, Renewal of Vows & Commitment

Saturday, October 18, 2025
Liturgy at 4 p.m.; Supper to follow
Location: St. Ursula Academy

Please RSVP to Val at
vmyers@ursulinecenter.org or 419-536-9587
by Friday, October 10, 2025.



*Strive to seek out the means and ways
to advance.*

St. Angela Merici, Prologue to the Rule



A Celebration of Joy and Gratitude

Liturgy of Thanksgiving

You are invited to join the Ursuline Sisters and Associates for a *Liturgy of Thanksgiving* in celebration of 170 years, followed by a luncheon, on Sunday, November 23, 2025 beginning at 11 a.m. at St. Ursula Academy.

Please RSVP by Friday, November 14 by calling the Ursuline Convent Offices at 419-536-9587 or emailing vmyers@ursulinecenter.org. We would love to have you with us in our celebration!





Rest In Peace

Michael Templin, husband of Kathy Craver
Templin, SUA '71 ~ August 15

Donald Cole, father of Kecia Cole, SUA '87 and
Aimee Cole Laramore, SUA '88 ~ August 21

Barbara Kolinski Lackney, MMC Associate ~
August 24

Sr. Arlene Bennett, RSM ~ September 4

Thomas Sieja, brother of Joyce Sieja Marciniak,
SUA '56 ~ September 6

Kimberly Dent, sister of Pam Hullstrung
Wood, SUA '83 ~ September 8

Sr. Carol Hoffman, OSF/S; MMC ~ September
15

Mary Ann Degnan Barber, SUA '66 ~
September 18

Sr. Margaret Wasserman, RSM ~ September
25

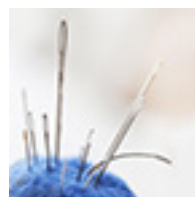
NOTE OF GRATITUDE



Dear Sisters and Associates, and Friends,

I am so very grateful for all the cards, flowers, visits, and prayers I have received from you both after I broke my hip and the surgery and during this time of therapy and recovery at Rosary Care Center. I feel warmly wrapped in healing sent from loving hearts.

Sr. Sandy



TAANG Sewing Day

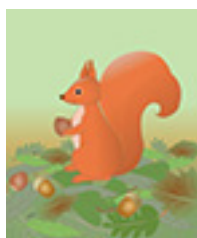
Saturday, October 25, 2025
9 a.m. - 3 p.m.
Tiffin Mercy Hospital

Join us for a day of sewing, fun and fellowship to benefit children in third-world countries.

Please call the Convent Offices
at 419-536-9587 for more information.

Newsletter Deadline

The deadline for the November 2025 newsletter is Thursday, October 23. Please send your stories to Michelle at mscazzero@ursulinecenter.org.



Pray with the Ursulines: Communication Tape

It is recorded Mondays, Wednesdays
and Fridays.

Call 419-536-9375.

Praying for Our Country, Our World *A Silent Prayer Hour*



No speakers, music, discussion – just SILENCE.

Come and pray for the needs of our country,
our world, and all the concerns that trouble our
hearts.

(This could become a monthly experience.)

ALL ARE INVITED!

Wednesday, October 29, 2025

5:00 – 6:00 p.m.

Ursuline Center Chapel

4045 Indian Road

Toledo, OH 43606

419-536-9587

Sponsored by the Ursuline Sisters

SEASON 5 of THE CHOSEN



Join us for the viewing of Season 5 of The Chosen! Show times begin at 3:30 p.m. at the Ursuline Convent Offices. All are welcome to attend.

Episode 1	October 9	“Entry”
Episode 2	October 16	“House of Cards”
Episode 3	October 30	“Woes”
Episode 4	November 13	“The Same Coin”
Episode 5	November 20	“Because of Me”
Episode 6	December 4	“Reunions”
Episode 7	December 11	“The Upper Room I”
Episode 8	December 18	“The Upper Room II”

Christ Our King

In our hearts a hymn we sing
Honoring the feast of Christ our King
For to praise Him is our aim
With love we repeat His holy name.

And to His throne, our hearts we bring
As a gift to Him our King
That He will fill us with love's fire
And let not worldly aims be our desire.

- by Sister Mary Patrick Dell

Learn More About the Women Religious Archives Collaborative!



Scan the QR code with
your phone camera to go
to the WRAC website!



From the LCWR Presidency

Listen with Eyes and Heart

Vicky Larson, PBVM — LCWR President-Elect

Stuck in the clogged aisle of an airplane, I felt anxious about whether I could catch my next flight. In the crowded backlog of bodies and baggage, a 4-month-old baby caught my eye. The baby stared intently at my face in a way that snapped me out of my frustration. I said a friendly “Hello!” The baby seemed curious about me. I realized that my mask covered my mouth, and perhaps the baby wondered how I could talk without a visible mouth. I lowered my mask to smile at the baby as I repeated my greeting, “Hello there! You are so cute!” My heart melted as the baby smiled back with an all-encompassing joyful grin and wiggled with glee. The baby’s mother chuckled. It delighted me to observe the way the baby made a joyful connection with me without words. As I reflected on the situation, I realized that I had to pause and pay attention with more than just my ears to understand the baby’s message.

Sia Nyasari Temu, MM writes about the importance of communication as a methodology for interculturality, conflict transformation, and reconciliation in a chapter of the book *Engaging Our Diversity: Interculturality and Consecrated Life Today* (edited by Maria Cimperman, RSCJ and Roger Schroeder, SVD, 2020). Temu asserts that “each of us...needs to be open to other people’s stories and to create a space to learn, listen, and be prepared to be surprised by others...” She further explains that nonviolent communication “...involves active listening with the ears, the eyes, and the heart, as well as being able to hear what the other person really means.”

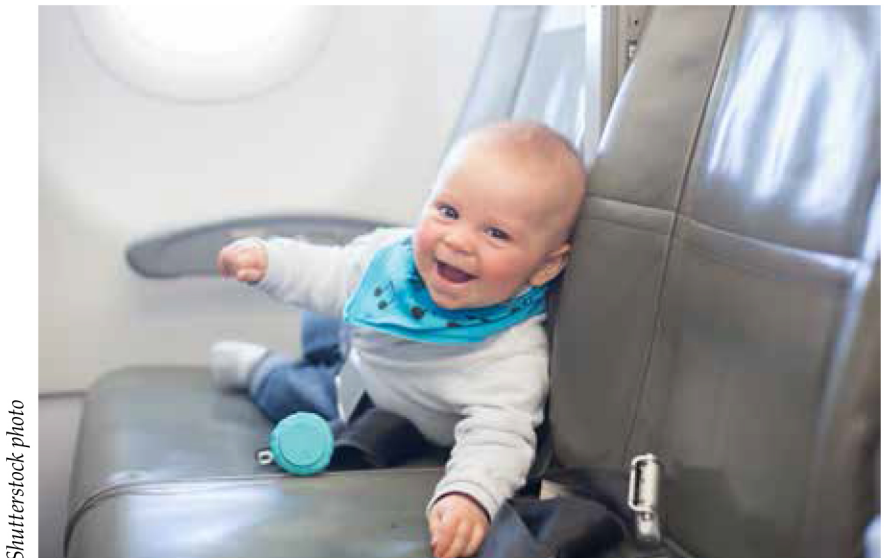
In community life, I sometimes misunderstand sisters if I am not open to hearing their stories. I think my daily contemplative prayer helps me to create inner spaciousness to listen before I leap into judgments, but I still have room for improvement.

Sometimes I hear a sister’s words but miss the true meaning if I am not listening with my eyes and my heart along with my ears.

“Listening is such a simple act...We just have to be willing to sit there and listen. If we can do that as Margaret Wheatley suggests in *Finding Our Way: Leadership for Uncertain Times*, “we create moments in which real healing is available.”

Considering the recent school shootings and political violence in our nation, I am aware of the need to work for nonviolence to become a societal norm. What if we each work in our own congregations and civic communities to create a culture of listening with our ears, eyes, and hearts? What if we engage in daily quiet prayer to ask God for the gift of openness to listen to others? What if we do simple things, like the baby looking at me on the airplane, to make peaceful connections with others?

“... nonviolent communication
...involves active listening
with the ears, the eyes, and the heart,
as well as being able to hear what the
other person really means.”



Shutterstock photo



Archive Snapshots

Sister Mary Gretchen Puffenberger

Sister Mary Gretchen Puffenberger was born Mary Catherine Puffenberger in Tiffin, Ohio. She attended Calvert High School and entered the Ursuline Convent in 1931 from St. Joseph Parish. Sister M. Gretchen attended Mary Manse and Desales Colleges but received both her Bachelor's and Master's degrees from the American Conservatory of Music in Chicago, Illinois. Sister M. Gretchen spent her life teaching music, primarily piano lessons. She went out to various schools for this purpose. She became the head of the Music Department at Mary Manse and taught classes in Harmony, Survey of Music Literature, Strict and Free Counterpoint. After Mary Manse closed, Sister M. Gretchen taught private music lessons until her untimely death after falling down the outside stairs at Jacob House. She died at St. Vincent's Hospital on October 14, 1989 at the age of 76. She is buried in St. Joseph Cemetery in Tiffin.



SAVE THE DATE

Sisters and Associates Study Day

*Join us in welcoming
Sr Rebecca Ann Gemma, OP
in person*

*Saturday, April 11, 2026.
9:30-2:00*

*Sylvania Franciscan Serra Hall
6832 Convent Blvd., Sylvania*

*Sister will speak on maintaining
our personal and communal hope
and
being carriers of hope to others*

Live stream will also be available

Evening Prayer

Dear Lord! How beautiful are all
The stars, I know that they would fall.

Unless you kept them where they are,
I know, dear Lord, that each little star

Doesn't go it's own sweet way
But shines and winks just as You say.

And when I look up at the sky
Sometimes it almost makes me sigh

To think that all the stars obey
You better than I do each day.

- by Sister Bonaventure Smith

CALENDAR

October 2025

- 9 The Chosen, 3:30 p.m., Convent Offices
- 12 Mary Manse Alumni Mass & Luncheon, 11 a.m.,
St. Ursula Academy
- 16 The Chosen, 3:30 p.m., Convent Offices
- 18 Feast of St. Ursula, Missioning and Renewal of
Commitment, 4 p.m. Liturgy followed by supper,
St. Ursula Academy. Sisters and Associates are invited.
- 25 TAANG Sewing Day, Tiffin
- 28 Input/Update Meeting for Sisters only, 11:30 a.m. -
2:30 p.m., lunch included, Convent Offices
- 29 Foundation Board Meeting and Council Meeting
- 29 Pray for Our Country, Our World - A Silent Prayer Hour,
5 - 6 p.m., Ursuline Convent Chapel. All are invited.
- 30 The Chosen, 3:30 p.m., Convent Offices

November 2025

- 12 Sub-region Meeting - Lial
- 13 The Chosen, 3:30 p.m., Convent Offices
- 20 The Chosen, 3:30 p.m., Convent Offices
- 23 Closing of 170th Celebration, 11 a.m. Liturgy of
Thanksgiving followed by lunch, St. Ursula Academy
- 25 Council Meeting
- 25 Foundation Day of Company of St. Angela -
Feast of St. Catherine Alexandria
- 26-27 Thanksgiving - Convent Offices closed

December 2025

- 4 The Chosen, 3:30 p.m., Convent Offices
- 6 Sisters and Associates Christmas Party, 11 a.m.,
Convent Offices
- 11 The Chosen, 3:30 p.m., Convent Offices
- 13 Foundation Day, 11:30 a.m. lunch and prayer,
St. Ursula Academy. Sisters and Associates are invited.
- 17 Council Meeting
- 18 The Chosen, 3:30 p.m., Convent Offices
- 23 Staff Christmas Lunch, 11 a.m.
- 24-Jan. 5 Christmas break - Convent Offices closed

January 2026

- 19 Martin Luther King Day - Convent Offices closed
- 25 Feast of St. Angela, 11 a.m. Mass and dinner to follow,
St. Ursula Academy
- 28 Council Meeting

February 2026

- 16 President's Day, Convent Offices closed
- 25 Council Meeting

March 2026

- 11-12 Chapter
- 23-25 NAULC - St. Louis
- 31 Council Meeting

HAPPY BIRTHDAY

October

- 1 Val Myers
- 6 Suzie Stapleton
- 10 Becky Tobias
- 11 Milan Mihalek
- 13 Amy Good
- 14 Christina Rode
- 14 Veronica DeLa Cerda
- 14 Laurie Toth
- 17 Marge Johnson
- 19 Janet Klocinski
- 20 Sr. Nancy Mathias
- 25 Sr. Donna Frey
- 31 Sr. Sandy Sherman
- 31 Elaine Heyne



November

- 2 Marcia Kolbeck
- 8 Carol Pruss
- 12 Karen (Kitty) Meyers
- 13 Sr. Regina Smith
- 14 Jerry Folmar
- 16 Joanne McGinnis
- 19 Michelle Scazzero
- 20 Hilaire Daly
- 21 Jess Gamby



FEAST DAY



October

- 7 Sister Beth Hemminger
- 16 Sister Margaret Anne Carstensen

November

- 4 Sister Carol Kronfield
- 4 Sister Carol Reamer



Check out the
Ursuline Sisters of Toledo
Facebook page and
website!

Ursuline Convent Offices
4045 Indian Road, Toledo, OH 43606
(419) 536-9587
email: ursulines@ursulinecenter.org