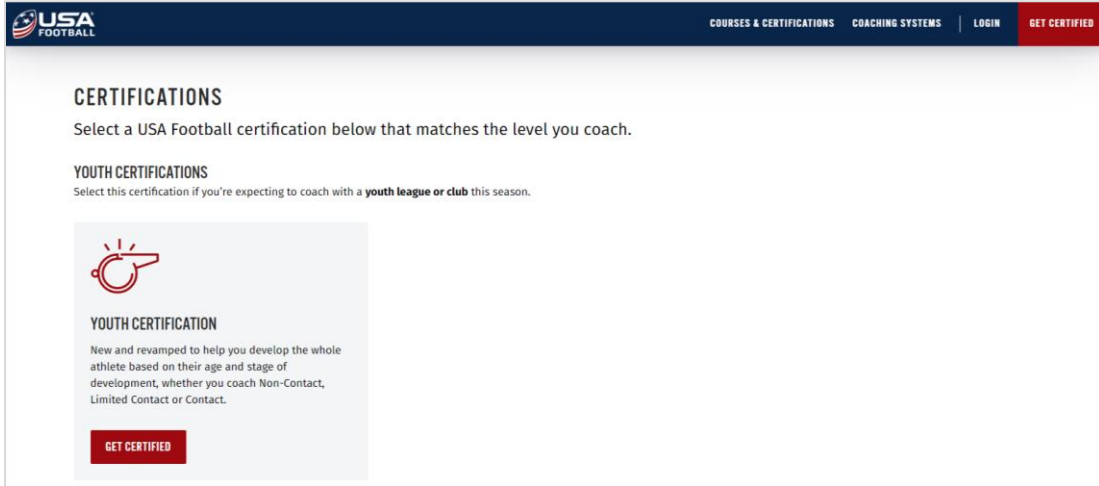


1

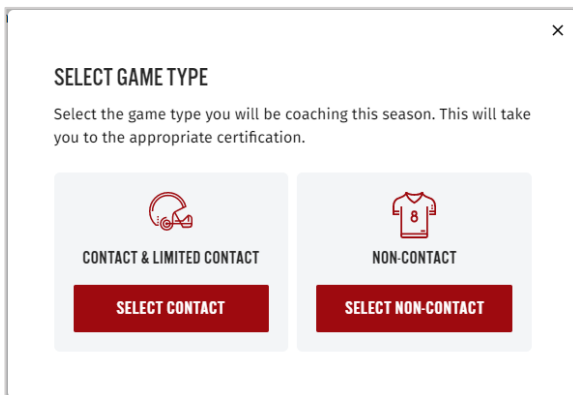
Follow [this link](#) to visit our certification page and click on the **GET CERTIFIED** button underneath the Youth Certification.



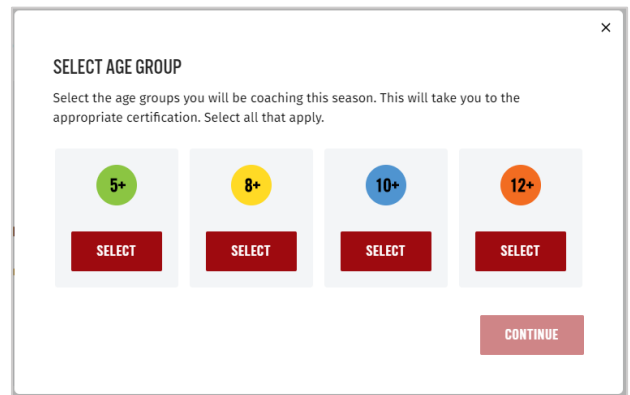
The screenshot shows the USA Football website's 'CERTIFICATIONS' page. The header includes the USA Football logo and navigation links: 'COURSES & CERTIFICATIONS', 'COACHING SYSTEMS', 'LOGIN', and 'GET CERTIFIED'. The main heading is 'CERTIFICATIONS', followed by the instruction 'Select a USA Football certification below that matches the level you coach.' Under the 'YOUTH CERTIFICATIONS' section, it says 'Select this certification if you're expecting to coach with a youth league or club this season.' A card for 'YOUTH CERTIFICATION' features a whistle icon, a description: 'New and revamped to help you develop the whole athlete based on their age and stage of development, whether you coach Non-Contact, Limited Contact or Contact.', and a red 'GET CERTIFIED' button.

2

Select your game-type you are coaching, along with the age group in which you are primarily coaching. You can select multiple ages if desired.



The 'SELECT GAME TYPE' modal has a close button (X) in the top right. It instructs the user to 'Select the game type you will be coaching this season. This will take you to the appropriate certification.' There are two options: 'CONTACT & LIMITED CONTACT' with a whistle icon and a 'SELECT CONTACT' button, and 'NON-CONTACT' with a jersey icon and a 'SELECT NON-CONTACT' button.



The 'SELECT AGE GROUP' modal has a close button (X) in the top right. It instructs the user to 'Select the age groups you will be coaching this season. This will take you to the appropriate certification. Select all that apply.' There are four age group options, each with a colored circle and a 'SELECT' button: '5+' (green), '8+' (yellow), '10+' (blue), and '12+' (orange). A 'CONTINUE' button is located at the bottom right.

3

Click the **GET CERTIFIED** button and sign into your USA Football account. If you do not already have an account, **REGISTER** for your free account and search for **Mudsock Youth Football** to associate.

PURCHASE CERTIFICATION

~~\$25.00~~ **\$15.00**

A revamped experience to prepare you to help every athlete succeed on-and-off the field

- ✓ COACH YOUR AGE GROUP BETTER THROUGH NEW AGE-APPROPRIATE COURSES
- ✓ FIND YOUR "WHY" THROUGH A NEW COACHING 101 COURSE
- ✓ GET CERTIFIED TO COACH CONTACT AND NON-CONTACT GAME-TYPES

GET CERTIFIED

ORGANIZATION INFO

ASSOCIATE WITH AN ORGANIZATION



LEAGUE NAME POSTAL CODE / ZIP CODE SEARCH ORGANIZATIONS

ST. MICHAEL'S CRUSADERS	INDIANAPOLIS IN, 46222	ASSOCIATE
SANT MICHAEL'S CRUSADERS	INDIANAPOLIS IN, 46222	ASSOCIATE
IPS: BARS CLUB FOOTBALL	INDIANAPOLIS IN, 46222	ASSOCIATE
NEXT LEVEL SPORTS YOUTH LEAGUE	INDIANAPOLIS IN, 46222	ASSOCIATE

1-35 of 35 items

BACK **FORWARD**

4

Input the code below and click **UPDATE PRICE**.

Code: **Mudsock20**

WELCOME, GEORGE LUKEMEYER MANAGE ACCOUNT MY ACHIEVEMENTS RESOURCES

USA FOOTBALL

COURSES & CERTIFICATIONS COACHING SYSTEMS

PURCHASE

ITEM(S)

YOUTH CERTIFICATION - CONTACT \$15

1 PAYMENT INFO

Pay with card

Cardholder Name

Card Number

Expiration Date (MM/YY) CVV (3 digits)

PROMO CODE (OPTIONAL)

UPDATE PRICE

VALIDATE PAYMENT

5

Scroll down and click **LAUNCH** button on any of the 5 required modules to begin your certification. You are only required to complete one age-based module.

CERTIFICATION PATHWAY

PREREQUISITE COURSES

All three courses in this section are required for certification.

HEALTH AND SAFETY

Focus on protecting your athletes by completing this course that covers head, heart and heat. This revamped course is inspired by the Heads Up Football program. This course must be completed every year.

Launch

COACHING 101

Learn how to build a coaching persona statement and dig into why you coach during this course. Starting this year you only need to complete this revamped course once in your lifetime.

Launch

ANTIABUSE TRAINING

Make sure you can identify the signs of abuse and know the best methods for proper and quick reporting. You will not need to retake this course until January 2022 if completed in 2020.

Launch

AGE-APPROPRIATE COURSES

Only **one** of the four courses in this section is required for certification.

5+

Leveraging the Football Development Model's curriculum for 5+, this course will ensure you can guide an athlete's overall development. Age-appropriate strategies for technical skills and tactical principles are covered as well.

Launch

8+

Leveraging the Football Development Model's curriculum for 8+, this course will ensure you can guide an athlete's overall development. Age-appropriate strategies for technical skills and tactical principles are covered as well.

Launch

10+

Leveraging the Football Development Model's curriculum for 10+, this course will ensure you can guide an athlete's overall development. Age-appropriate strategies for technical skills and tactical principles are covered as well.

Launch

12+

Leveraging the Football Development Model's curriculum for 12+, this course will ensure you can guide an athlete's overall development. Age-appropriate strategies for technical skills and tactical principles are covered as well.

Launch

CONTACT COURSES

The following course is required for coaches who are teaching any form of player-to-player contact. This includes the Contact and Limited Contact game types. If you coach contact and do not complete this course you are not fully certified to coach your game type.

YOUTH CONTACT

This course covers four areas that help coaches teach proven techniques and properly use equipment: Blocking & Defending Blocks, Shoulder Tackling, Equipment Fitting and Levels of Contact.

Launch

6

Click the **START** button and complete all sections of that module.

Health and Safety

My Progress 0%

Status **Not Started**

Enrolled **14 Apr 2020**

Last Entered -

Due Date **31 Dec 2020**

Reviewer/Instructor **Master Trainer**

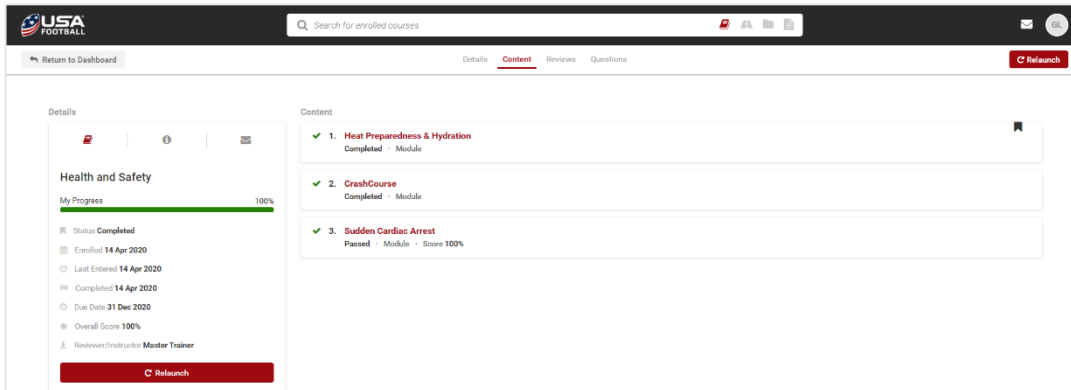
Start

Content

- Heat Preparedness & Hydration**
Not Started - Module
- CrashCourse**
Not Started - Module
- Sudden Cardiac Arrest**
Not Started - Module

7

Upon completion of your module, click on the  **Return to Dashboard** button in the top-left corner of the screen.



8

Click on the **Start** button on the remaining modules to complete your certification. Repeat **Steps 7 & 8** until all 5 modules are completed.

