







September 2025

St. Bernadette

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>LABOR DAY NO SCHOOL</p>	<p>1</p> <p>Crispy or Soft (PK) Beef Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Salsa Pinto Beans Chilled Strawberries</p>	<p>2</p> <p>Salisbury Steak Mashed Potatoes w/wo Gravy Cumin-Roasted Broccoli Diced Peaches Southern Butter Roll</p>	<p>3</p> <p>Sweet Heat Meatballs Macaroni & Cheese Buffalo Cauliflower Caesar Salad Fresh Fruit (PK: Applesauce) Frosted Cake</p>	<p>4</p> <p>Brunch for Lunch Popcorn Chicken and Waffles OR Sausage and Pancakes AND Diced Potatoes Baby Carrots Fresh Fruit (PK: Banana)</p>
<p>8</p> <p>BBQ Roasted Chicken Garlic Mashed Potatoes Honey Roasted Brussels Sprouts Diced Peaches Southern Butter Roll</p> <p>PK: Grilled Chicken Nuggets</p>  <p>Western Day</p>	<p>9</p> <p>Crispy or Soft (PK) Chicken Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Shredded Lettuce/Diced Tomato Cup Pinto Beans Chilled Strawberries Homemade Cinnamon Roll</p>	<p>10</p> <p>Shrimp Fried Rice Roasted Broccoli Chicken Egg Roll w/ Sweet Chili Sauce Fresh Fruit</p> <p>PK: Pepperoni or Cheese Pizza, Roasted Broccoli, Fries, Banana</p>	<p>11</p> <p>Meatsauce & Penne Pasta Caesar Salad Fresh Fruit (PK: Applesauce) Southern Butter Roll</p>	<p>12</p> <p>Crispy Chicken Nuggets Macaroni & Cheese Cucumber Slices & Baby Carrots Seasoned Green Beans Diced Pears</p> <p>PK: Steamed Baby Carrots instead of cucumber slices</p>
<p>15</p> <p>Red or White Beans w/Smoked Sausage (Entrée) Steamed Brown Rice Honey Roasted Brussels Sprouts Seasoned Okra Diced Peaches</p>	<p>16</p> <p>Crispy or Soft (PK) Beef Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Shredded Lettuce/Diced Tomato Cup Golden or Fiesta Corn Chilled Strawberries</p>	<p>17</p> <p>Sweet Chili Roasted Chicken Herb Parsley Brown Rice Sliced Plantains Steamed Broccoli Chilled Pineapple</p> <p>PK: Grilled Chicken Nuggets,</p>  <p>Nutrition Day: Papaya</p>	<p>18</p> <p>Grilled Chicken Parmesan Penne Pasta Caesar Salad Fresh Fruit (PK: Applesauce) Fresh-Baked Cookie</p>	<p>19</p> <p>Crispy Chicken Tenders Macaroni & Cheese Seasoned Green Beans Glazed Carrots Chilled Strawberries</p>
<p>22</p> <p>Roasted Turkey w/Gravy Garlic Mashed Potatoes Chili Cinnamon Roasted Carrots Fresh Fruit (PK: Banana) Southern Butter Roll</p>	<p>23</p> <p>Brunch for Lunch Chicken Smackers and Waffles OR Sausage and Pancakes AND Diced Potatoes Baby Carrots Fresh Fruit</p>	<p>24</p> <p>Crunchy Popcorn Chicken Red Beans Steamed Brown Rice Yellow Squash Fresh Fruit (PK: Banana)</p>	<p>25</p> <p>Meatsauce & Penne Pasta Caesar Salad Fresh Fruit (PK: Applesauce) Southern Butter Roll</p>	<p>26</p> <p>Beef or Cheese Nachos Sour Cream and Sliced Jalapenos Salsa Corn Strawberries Cinnamon roll Pk: Cheese Pizza, Spicy Fries Corn, Strawberries, Cinnamon roll</p>
<p>29</p> <p>Salisbury Steak Mashed Potatoes w/wo Gravy Cumin-Roasted Broccoli Diced Peaches Southern Butter Roll</p>	<p>30</p> <p>Crispy or Soft (PK) Beef Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Salsa Pinto Beans Chilled Strawberries</p>			

Choice of White, Chocolate or Strawberry Milk

THE HISTORY OF LABOR DAY



The first Monday in September is set aside to celebrate American Workers



THE HISTORY OF LABOR

THE HISTORY OF LABOR DAY

1880s

the average work day was 12 hours, but could often reach upwards of 18 hours

12 hour days

16-18 hour days

1933

the eight-hour day became federal law



1950s

the eight-hour day finally became standard in the U.S.

1882

Labor Day got its beginnings when the Central Labor Union in New York called for a "monster labor festival" that included a parade and picnic

1887

Oregon became the first state to make Labor Day an official holiday

1894

Congress made Labor Day a national holiday



30 DAYS IN THE MONTH

Grandparents Day

Chinese Moon Festival

National Talk Like a Pirate Day

Patriot Day

Aster September Flowers

Sapphire Birthstone

National Coffee Day

Astrology Signs

Virgo

Libra

Goodbye Summer

Hello Fall

National Play Doh Day

9th Month of The Year

National Potato Day

SEPTEMBER

FUN FACTS

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