



# October 2025

## St. Bernadette School

### Lunch Menu



Homestyle Monday	Taco Tuesday	Try-it Wednesday	Pasta Thursday	One-Line Friday
		1 Chicken & Sausage Jambalaya Seasoned Green Beans Chili Cinnamon Roasted Carrots Fresh Fruit (PK: Banana)	2 Sweet Heat Meatballs Macaroni & Cheese Buffalo-Roasted Cauliflower Sliced Cucumbers Fresh Fruit (PK: Applesauce) Fudge Brownie	3 Crispy Chicken Tenders Macaroni & Cheese Glazed Carrots Seasoned Green Beans Strawberries
6 BBQ Roasted Chicken Garlic Mashed Potatoes w/wo Shredded Cheese Honey Balsamic Brussels Sprouts Sliced Peaches Southern Butter Roll  <b>PK:</b> Crispy Chicken Nuggets Mashed Potatoes, Glazed Carrots, Sliced Peaches, Roll	7 Crispy or Soft (PK) Chicken Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Lettuce/Tomato Cup Pinto Beans Chilled Strawberries Goopy Cinnamon Roll	8 Shrimp Fried Rice Roasted Broccoli Chicken Egg Roll w/ Bang Bang Sauce Fresh Fruit  <b>PK:</b> Pepperoni or Cheese Pizza, Roasted Broccoli, Fries, Banana	9 Meatsauce & Penne Pasta Caesar Salad Fresh Fruit (PK: Pears) Southern Butter Roll	10 <b>Brunch for Lunch</b> Sausage and Pancakes Cheesy Diced Potatoes Baby Carrots Chilled Strawberries <b>PK:</b> Steamed Baby Carrots
13 <b>Ireland</b> Shepherd's Pie Seasoned Green Beans Sliced Peaches Southern Butter Roll  	14 <b>Mexico</b> <b>Brunch for Lunch</b> Popcorn Chicken and Waffles Cheesy Diced Potatoes Baby Carrots Chilled Strawberries Steamed Baby Carrots  	15 <b>USA</b> Chicken & Sausage Gumbo Steamed Brown Rice Seasoned Okra Potato Salad Fresh Fruit (PK: Banana)  <b>Nutrition Day:</b>  Persimmon	16  	17  
20 Red Beans w/Smoked Sausage (Entrée) Steamed Rice Honey Balsamic Brussels Sprouts Roasted Yellow Squash Sliced Peaches  <b>PK:</b> Glazed Carrots instead of Brussels Sprouts  	21 Fiesta Chicken Nachos Sour Cream and Sliced Jalapeños Salsa Golden Corn Chilled Strawberries Goopy Cinnamon Roll  <b>PK:</b> Cheese Pizza, Fries, Golden Strawberries, Cinnamon Roll	22 Roasted Turkey w/Gravy Garlic Mashed Potatoes w/wo Shredded Cheese Chili Cinnamon Roasted Carrots Fresh Fruit (PK: Banana) Southern Butter Roll	23 Grilled Chicken Parmesan Penne Pasta Caesar Salad Chilled Applesauce Southern Butter Roll	24 Crispy Chicken Nuggets Macaroni & Cheese Seasoned Green Beans Buffalo-Roasted Cauliflower Chilled Strawberries  
27 Grilled Chicken Nuggets Red Beans & Rice Cheesy-Roasted Broccoli Flavored Craisins (PK: Applesauce)	28 Crispy or Soft (PK) Chicken Tacos Sour Cream and Sliced Jalapeños Shredded Cheese Lettuce/Tomato Cup Golden Corn Fresh Fruit (PK: Banana)	29 Salisbury Steak Mashed Potatoes w/wo Gravy & Shredded Cheese Seasoned Green Beans Fresh Fruit (PK: Banana) Southern Butter Roll	30 Sweet Heat Meatballs Macaroni & Cheese Buffalo-Roasted Cauliflower Caesar Salad Flavored Craisins (PK: Applesauce) Chocolate Chip Cookie Bar	31  

← **National School Lunch Week** →

← **School Food Service Employee Appreciation Week** →



\*\*Lactose-free, low fat chocolate or white milk offered with all meals.\*\*Fresh fruit options are grapes, oranges, bananas or apples.\*\*Menus are subject to change.\*\*This institution is an equal opportunity provider.\*\*