



## ROCKING & ROLLING INTO THE 80'S AND 90'S

## **PANELISTS**





THURSDAY

March 21, 2024

10 - 11:30am

Living longer, comes with more questions and concerns about "aging gracefully." What does that look like exactly? During this 90 minute discussion we will explore the topic and what's involved with living positive and productive lives into our 80's and 90's.

Call 614-561-1621 to Register by Wed. March 20th

Gahanna
Senior Center
480 Rocky Fork Blvd.,
Gahanna 43230

Free for Seniors
Registration Required –
Limited Seating!









## **HOST & MODERATOR**

**REGINA R. HILL** is a Certified Senior Housing Professional, CSHP, Seniors Real Estate Specialist, SRES, Certified Senior Downsizing Coach, CSDC and speaker. She specializes in assisting mature homeowners with a simple downsizing solution.