



FREQUENTLY ASKED QUESTIONS



What is CoolPeel?

CoolPeel is the revolutionary, award-winning, and proven way to safely and comfortably deliver the benefits of a traditional CO₂ resurfacing treatment. By precisely targeting the superficial layer of skin tissue, it removes damaged skin to reveal younger, healthier-looking skin.



What makes CoolPeel different?

Traditional CO₂ lasers have long been considered the gold standard for improving wrinkles, age spots, acne scars, blemishes as well as tighten skin and balance tone. They work by removing damaged skin and stimulating collagen production. To achieve these results there is significant injury to the skin causing considerable downtime and risk while the damaged skin heals.

That's where CoolPeel comes in. CoolPeel offers the same results with no downtime due to the fractional ablative technology that no other CO₂ device has. You can enjoy tighter, brighter and healthier looking skin with minimal risk of hyperpigmentation, scarring or infection.



How does CoolPeel work?

CoolPeel is a fractional CO₂ treatment powered by DEKA technology. Instead of treating the entire surface of the skin, CoolPeel delivers precise bursts of energy in tiny spots, creating micro-channels of treated skin while leaving the surrounding skin untouched. This allows the skin to resurface and renew itself effectively and quickly—without the excess heat that typically leads to more damage and longer downtime. That's why it's called CoolPeel. The result is a smoother, healthier-looking complexion with far less recovery time compared to traditional CO₂ treatments.



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Who is a good candidate for CoolPeel?

If you're looking to smooth fine lines, fade sun damage, shrink the look of pores, or just give your skin a healthy refresh, CoolPeel is a great fit for you. The best part? It's safe for all skin types and leaves your skin looking healthier, smoother, and more youthful with minimal downtime.



How long does a CoolPeel take?

A full-face CoolPeel laser treatment can take anywhere from 5-15 minutes.



Is anesthesia or numbing required?

While there is no need for anesthesia or localized numbing, your provider may use a numbing cream for additional comfort.



What is the recovery time for CoolPeel?

One of the main benefits of a CoolPeel, is that there is minimal to no downtime. You should expect to be a little red, as if you have a sunburn, for a day, or two, but nothing should prevent you from returning to your normal daily activities. Your skin may feel dry and scaly as it heals so it is important to keep your skin hydrated.



How many treatments will I need?

The number of treatments will depend on your treatment goals. Typically 3-5 treatments are recommended spaced 4 weeks apart. Your treatment provider will customize a treatment plan with you.



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Can I wear makeup after the treatment?

We recommend waiting 24 hours before applying makeup, especially if your skin is red or sensitive. Your provider will give you specific aftercare instructions.



When can I return to my skincare routine?

After your CoolPeel, it's important to follow your provider's recommended post-care guidance. You'll want to keep your skin hydrated and hold off on certain products for a little while. Everyone's skin is different, so your provider will let you know exactly when it's safe to get back to your regular skincare routine.



When will I see results?

Many patients notice an improvement in skin glow and texture after just one treatment, with continued improvement over the following weeks. A series of treatments may be recommended for best results.



What should I do before my appointment?

Avoid sun exposure, retinoids, and harsh exfoliants for a few days prior. Your provider will give you any other pre-treatment guidelines based on your skin and treatment plan.



Can I pair CoolPeel with other treatments?

Yes! CoolPeel is often combined with other treatments like microneedling, facials, or injectables, but this should be planned by your provider to ensure timing and safety.

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What is a Tetra Pro CO₂ treatment?

Tetra Pro is an advanced CO₂ laser treatment designed to target deeper skin concerns like wrinkles, sun damage, uneven texture, and scars. It removes damaged skin layers and stimulates collagen remodeling for smoother, firmer, more youthful-looking skin.



How is this different from CoolPeel?

CoolPeel is a gentler, more superficial CO₂ treatment with little to no downtime. Tetra Pro goes deeper into the skin to deliver more dramatic results in fewer sessions—making it ideal for those looking to address more advanced signs of aging or texture concerns.



What concerns does Tetra Pro treat?

- Wrinkles and fine lines
- Sun damage and age spots
- Acne scars and other types of scarring
- Uneven tone and texture
- Loose or crepey skin



Is the treatment painful?

You may feel heat and a mild stinging sensation during the procedure. A topical numbing cream is typically applied beforehand, and in some cases, additional comfort measures may be used.



How long is the downtime?

Downtime can range from 5 to 10 days or longer depending on the intensity of the treatment. You may experience redness, pinpoint bleeding, swelling, and flaking or peeling as your skin heals.

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When will I see results?

You'll start to notice improvements in skin texture and tone once the skin heals, usually within 1–2 weeks. Collagen production continues for several months, so results will continue to improve over time.



How many treatments will I need?

Most patients see significant improvement after one treatment, but depending on your goals and skin condition, a series of treatments may be recommended.



How do I prepare for treatment?

Avoid sun exposure, retinoids, and certain skincare products for at least 1–2 weeks before treatment. Your provider will give you a detailed pre-treatment guide.



What should I expect immediately after?

Expect redness, pinpoint bleeding, swelling, and a sensation similar to a sunburn. Your provider will recommend specific post treatment guidance that is important to follow to ensure the best outcome and recovery.



Is Tetra Pro safe for all skin types?

Moderate to aggressive CO₂ treatments are best suited for lighter skin types (Fitzpatrick I–III). Your provider will assess your skin type and recommend the safest, most effective approach.



Can I wear makeup after treatment?

You'll need to avoid makeup until your skin is fully healed—usually around day 7–10, depending on the intensity of the treatment and your healing response.