

# HOPE csp GoToMeeting Info:

## **Albany Mental Health Support Group**

Mondays @ 6:00pm

<https://global.gotomeeting.com/join/607346677>

Phone number: 1 (571) 317-3122

Access Code: 607-346-677

## **Schizophrenia Support Group**

Wednesdays @ 2:00pm

<https://global.gotomeeting.com/join/320669701>

Phone number: 1 (872) 240-3212

Access Code: 320-669-701

## **Here & Now Support Group**

Thursdays @ 11:00am

<https://global.gotomeeting.com/join/607346677>

Phone number: 1 (571) 317-3122

Access Code: 607-346-677

## **Depression & Bi-Polar Support Group**

Thursdays @ 5:30pm

<https://global.gotomeeting.com/join/800575429>

Phone number: 1 (669) 224-3412

Access Code: 800-575-429

## **Sauk Centre Mental Health Support Group**

Fridays @ 2:00pm

<https://global.gotomeeting.com/join/607346677>

Phone number: 1 (571) 317-3122

Access Code: 607-346-677

If you have any questions, please call **HOPE csp** at 320-240-3324. Thank you!  
For any questions about the Albany & Sauk Centre Groups, call Dale at 320-293-5133. Thank you!