Mental Health Services for Children & Youth

Catholic Charities Child & Adolescent Intensive Outpatient Day Treatment--St. Cloud
Phone: 320-650-1590   1712 7th Ave S
Fax: 320-650-1599   St. Cloud, MN 56301

Intensive mental health services for children and adolescents age 7–18 serving St. Cloud and the surrounding area. Day Treatment benefits those in need of intensive support to reduce the impact of mental health symptoms which influence their ability to function successfully at home, in school and within the community. Morning programming includes skills instruction and practice as well as group therapy each day. Families work with their home school districts to determine the best academic programming for their child.

Catholic Charities Child & Adolescent Intensive Outpatient Day Treatment--Elk River
Phone: 763-441-1578   508 Freeport Avenue NW Suite D
Fax: 763-441-1740   Elk River, MN 55330

Serves children grades 6–12 who primarily reside in the counties of Sherburne, Wright, Anoka and Hennepin. Day Treatment benefits those in need of more intensive support to reduce the impact of mental health symptoms which may be affecting their ability to function successfully at home, in school and within the community.

School Counseling Sites
Individual and group counseling offered, along with mental health education.
- St. Francis Xavier School, Sartell
Phone: 320-650-1660
Fax: 320-650-1672

Parenting Assessment
Phone: 320-650-1660
Provides a functional assessment of a parent(s) capacity to successfully care for their child/children. Assessments completed by doctoral-level licensed psychologists.

Services for Adults with Mental Illness

Catholic Charities Hope Community Support Program
Phone: 320-240-3324   157 Roosevelt Rd, Suite 300
Fax: 320-240-3339   St. Cloud MN 56301

Adult Mental Health Rehabilitation: Adult mental health services to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, along with living skills and community skills. A wide variety of educational classes and support groups are also offered.

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Catholic Charities of the Diocese of St. Cloud
Directory of Services

Administrative Offices
911 18th St N   info@ccstcloud.org
St. Cloud, MN 56303   www.ccstcloud.org

General: 320-650-1550
Fax: 320-650-1509
Toll-Free: 800-830-8254
Development: 320-650-1640
Employment: 320-650-1539
Volunteering: 320-229-4590
Marketing & Public Relations: 320-650-1641

Behavioral Health Services

Counseling Services
Catholic Charities Behavioral Health Clinic
911 18th Street N   Monday .......... 8 am–8 pm
St. Cloud, MN 56303    Tuesday .......... 8 am–6 pm
Phone: 320-650-1660   Wednesday ........ 8 am–8 pm
Fax: 320-650-1672   Thursday .......... 8 am–6 pm

The clinic offers family-friendly, culturally responsive services in a safe environment. A comprehensive array of outpatient mental health services is offered, including:
- Individual therapy for children, adolescents and adults as well as family therapy
- Diagnosis of mental health issues
- Psychiatric services including diagnosis and medication management
- Group Therapy: DAIP (Domestic Abuse Intervention Program)
- Custody Evaluation

Directory of Services
St. Cloud, MN 56303
157 Roosevelt Rd, Suite 300
Fax: 320-650-1672

Revised 8/1/2022
COMMUNITY SERVICES

CATHOLIC CHARITIES EMERGENCY SERVICES
Phone: 320-229-4560
Fax: 320-229-4562
157 Roosevelt Rd Suite 100
St. Cloud, MN 56301

Food Shelf
Monday ................................. 1 pm–4 pm
Wednesday ............................ 3 pm–7 pm
Friday ................................. 9 am–12 pm
Senior Food Shelf (age 60+)
Second and Fourth Tuesdays .......................... 1 pm–3:30 pm

Basic Everyday Essentials (BEE) Program
Monday ................................. 1 pm–4 pm
Wednesday ............................ 3 pm–7 pm
Friday ................................. 9 am–12 pm

For in-person shopping by appointment, visit ccstcloud.org or call 320-229-4560 for assistance.

Hunger Doesn’t Wait: Food Delivery
Available Tuesday and Thursday mornings.

Mobile Food Shelf
Clients with transportation challenges that prevent them from using the food shelf may access the Mobile Food Shelf. For the most up-to-date locations, dates and times, visit ccstcloud.org.

Germain Towers Apartments ........................ Second Thursday
Empire Apartments ........................ Second Thursday
Wilson Apartments ........................ Third Tuesday
Al Loehr Apartments ........................ Third Tuesday
Grace McDowall Apartments ........................ Third Thursday
Riverside Apartments ........................ Third Thursday
Russell Arms Apartments ........................ Fourth Thursday
Hope on 9th Apartments ........................ Fourth Thursday

Financial Assistance
Monday-Friday ............................ 8:30 am–4 pm

Contact Emergency Services at 320-229-4560.

Donations Accepted
Donations of funds, food, clothing and household items are accepted. Please visit www.ccstcloud.org for more information.

Monday ................................. 10 am–3 pm
Wednesday ............................ 10 am–6 pm
Friday ................................. 10 am–3 pm

Emergency Services is closed weekends and holidays.

SERVICES FOR SENIORS
Fax: 320-253-7464
157 Roosevelt Rd, Suite 200
St. Cloud, MN 56301

Catholic Charities Senior Dining
Providing a well-balanced meal and an opportunity to socialize to persons 60 and older. Meal cost on a contribution basis.

Other services include Meals on Wheels to homebound persons, wellness information, referral and volunteer information. For more information about where to pick up frozen meals, call 320-229-4584.

Senior Dining Locations
Meals on Wheels (MOW) Congregate Dining (CD)
ALBANY ........................ MOW & CD. Pond View Estates 320.845.4070
ANNANDALE ........................ MOW & CD. City Hall 763.290.2238
ASKOV ........................ MOW 320.384.6557
AVON ........................ MOW 320.845.4070
BECKER ........................ MOW 763.441.6288
BELGRADE ........................ MOW 320.243.4575
BIG LAKE ........................ MOW & CD. Coborn's Deli 763.441.6288
BRAHAM ........................ MOW & CD. Events Center 651.674.1956
BROOTEN ........................ MOW 320.243.4575
BRUNO ........................ MOW & CD. Community Conn. 320.384.6557
BUFFALO ........................ MOW 763.682.6036
CAMBRIDGE ........................ MOW 651.674.1956
COKATO ........................ CD 320.963.5771
COLD SPRING ........................ MOW 320.685.3693
DELANO ........................ MOW 763.972.0574
ELK RIVER ........................ MOW & CD. Guardian Oaks 763.441.6288
FINLAYSON ........................ MOW 320.384.6557
FOLEY ........................ MOW & CD. Dewey Place 320.333.6343
FREEPORT ........................ MOW 320.845.4070
GREENWALD ........................ MOW 320.845.4070
HINCKLEY ........................ MOW & CD. Sr. Citizens Center 320.384.6557
HOLDINGFORD ........................ MOW 320.845.4070
ISANTI ........................ MOW 651.674.1956
ISLE ........................ MOW & CD. Country Cafe 763.389.4602
KIMBALL ........................ MOW & CD. St. Anne's Church 320.342.9787
MAPLE LAKE ........................ MOW & CD. Manor West Apts. 320.963.5771
MEIRE GROVE ........................ MOW 320.845.4070
MELROSE ........................ MOW 320.845.4070
MILACA ........................ MOW & CD. Milaca Park Apts. 320.983.6158
MORA ........................ MOW & CD. Dala House Apts. 320.679.4029
NEW MUNCH ........................ MOW 320.845.4070
NORTH BRANCH ........................ MOW & CD. Chisago Sr. Center 651.674.1956
OGILVIE ........................ MOW 320.679.4079
ONAMIA ........................ MOW 763.389.4602
PAINESVILLE ........................ MOW & CD. Green Roof Center 320.243.4575
PINE CITY ........................ MOW & CD. Senior Center 320.629.3024
PRINCETON ........................ MOW & CD. Crystal Court 763.389.4602
RICE ........................ MOW 320.650.3065
RUSH CITY ........................ MOW & CD. Community Center 763.290.2253
ST. CLOUD ........................ CD 320.650.3065
ST. JOSEPH ........................ MOW 320.845.4070
SANDSTONE ........................ MOW 320.384.6557
SARTELL ........................ CD 320.257.0744
SAUK CENTRE ........................ MOW 320.845.4070
WAHKON ........................ MOW 320.679.4029
WILLLOW RIVER ........................ MOW 320.384.6557
ZIMMERMAN ........................ MOW 763.441.6288
COMMUNITY SERVICES (CONT.)

Central Minnesota Foster Grandparent Program
Phone: 320-229-4587
Persons 55 years of age and older are assigned to work with children with special needs. Foster Grandparents volunteer between 260 to 2,080 hours annually, and receive a small stipend along with other benefits. This service is offered to nonprofit community agencies (schools, Head Starts, shelters, etc.), serving children throughout the St. Cloud Diocese.

- Douglas, Grant, Pope, Western Stearns, Otter Tail, Stevens, Southern Todd and Traverse Counties: 320-293-0682
- Eastern Benton, Isanti, Kanabec, Mille Lacs and Sherburne Counties: 612-390-0617
- Northeast Otter Tail, Northern Todd, Morrison, Wadena and Wilkin Counties: 612-229-4593 or 866-895-7992
- Western Benton and Eastern Stearns Counties: 320-229-4589 or 866-895-7992

AFFORDABLE & TRANSITIONAL HOUSING SERVICES

AFFORDABLE HOUSING
Phone: 320-229-4576 157 Roosevelt Rd. Suite 200
Fax: 320-253-7464  St. Cloud, MN 56301
Catholic Charities manages housing with affordable rents in numerous communities throughout Central Minnesota. These developments were built to meet the needs of low- and middle-income people, especially families, senior citizens and persons with disabilities.

Affordable Housing Locations
Holdingford (Fairview) 16 units .......... 320-229-4576
Melrose (Rosemill) 16 units ............ 320-229-4576
Richmond (Maple) 16 units ............. 320-229-4576
Sauk Centre* 12 units ..................... 320-229-4576
St. Cloud (La Cruz) 104 units .......... 320-229-4576
St. Cloud* (La Paz) 36 units .......... 320-229-4576
St. Joseph* 16 units ...................... 320-229-4576
Eden Valley (Hillside) 8 units .......... 320-229-4576
* Designed for persons 62 and older or with disabilities.

ADULT TRANSITIONAL HOUSING
Phone: 320-259-9270  Fax: 320-259-4967
Domus Transitional Housing (St. Cloud)
Temporary housing and support services for homeless women age 24 and older and their children.

Homeward Transitional Housing (St. Cloud)
Temporary housing and support services for homeless women ages 18–24 and their children.

Emily's Place (St. Cloud)
Temporary housing and support services for homeless single women ages 18 and over.

SERVICES FOR HOMELESS YOUTH
Supported Housing for Youth (SHY)
Phone: 320-229-6035  911 18th St N
Fax: 320-229-6039  St. Cloud, MN 56303
Housing, counseling and financial assistance for up to two years. Help with rent, household items and independent living needs for youth ages 18–24 who are homeless or at risk of homelessness.

Youth House
Phone: 320-229-6035  Supervisor: 320-229-6051
Fax: 320-774-1741  Staff Office: 320-229-6052
Providing on-site transitional housing programming to youth ages 18–24 who are homeless or at risk of homelessness.

SUPPORTIVE LIVING SERVICES

CATHOLIC CHARITIES FINANCIAL AND HOUSING COUNSELING
Phone: 320-650-1664  157 Roosevelt Rd. Suite 200
Fax: 320-650-1671  St. Cloud, MN 56301
Helps individuals and families to handle finances, pay bills, and plan for their financial future.

- Financial counseling
- Budget counseling
- Housing counseling
- Mortgage/foreclosure counseling
- Debt management counseling
- Bankruptcy counseling
- Reverse mortgage counseling
- Financial education
SUPPORTIVE LIVING SERVICES (CONT.)

IN-HOME SERVICES
Phone: 320-240-3337  157 Roosevelt Rd. Suite 200
Fax: 320-240-3358  St. Cloud, MN 56301
Staff work closely with people who have disabilities in their own homes or apartments. Waivered Services: Developmental Disabilities (DD), Traumatic Brain Injury (TBI), Community Alternatives for Disabled Individuals (CADI). Support and independent living services for people with disabilities living in a family or foster home setting referred by a social service agency.

SUPPORTIVE LIVING SITES
Catholic Charities Bethany Home (Cold Spring)
Phone: 320-685-7899
Catholic Charities Mother Teresa Home (Cold Spring)
Phone: 320-685-8626
Catholic Charities St. Anne’s Home (Cold Spring)
Phone: 320-685-7898
Catholic Charities St. Francis Home (St. Cloud)
Phone: 320-251-7630
Catholic Charities St. Luke’s Home (Cold Spring)
Phone: 320-685-7750
Community-based residential services for adults with developmental disabilities.
Catholic Charities St. Elizabeth’s Board and Lodging with special services (St. Cloud)
Phone: 320-252-8350  Fax: 320-252-8350
A board and lodging residence for 18 adults who have a serious and persistent mental illness.
Catholic Charities St. Margaret’s Adult Foster Home (St. Cloud)
Phone: 320-230-3490  Fax: 320-230-3915
Catholic Charities St. Michael’s Adult Foster Home (St. Cloud)
Phone: 320-230-3915  Fax: 320-230-3915
Supervised living for four adults who have a serious and persistent mental illness.
CAHI
Phone: 320-243-3750  Paynesville, MN
Fax: 320-243-3718
Community-based home serves four adults who have physical challenges.

Together we can make a different tomorrow.
Catholic Charities is a nonprofit organization that serves and enhances human dignity for people of all faiths and beliefs.

Equal Opportunity Employer and Provider
Affirmative Action Employer