



# Directory of Services

## ADMINISTRATIVE OFFICES

911 18th St N info@ccstcloud.org  
St. Cloud, MN 56303 www.ccstcloud.org

General: .....320-650-1550  
Fax .....320-650-1509  
Toll-Free:.....800-830-8254  
Development:.....320-650-1640  
Employment:.....320-650-1539  
Volunteering:.....320-229-4590  
Marketing & Public Relations: .....320-650-1641

## BEHAVIORAL HEALTH SERVICES

### COUNSELING SERVICES

#### Catholic Charities Behavioral Health Clinic

911 18th Street N Monday ..... 8 am–8 pm  
St. Cloud, MN 56303 Tuesday ..... 8 am–6 pm  
Wednesday ..... 8 am–8 pm  
Thursday ..... 8 am–6 pm  
Friday ..... 8 am–12 pm

Phone: 320-650-1660  
Fax: 320-650-1672

The clinic offers family-friendly, culturally responsive services in a safe environment. A comprehensive array of outpatient mental health services is offered, including:

- Individual therapy for children, adolescents and adults as well as family therapy
- Diagnosis of mental health issues
- Psychiatric services including diagnosis and medication management
- Group Therapy: DAIP (Domestic Abuse Intervention Program)
- Custody Evaluation

## SERVICES FOR ADULTS WITH MENTAL ILLNESS

#### Catholic Charities Hope Community Support Program

Phone: 320-240-3324 157 Roosevelt Rd, Suite 300  
Fax: 320-240-3339 St. Cloud MN 56301

Adult Mental Health Rehabilitation: Adult mental health services to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, along with living skills and community skills. A wide variety of educational classes and support groups are also offered.

## MENTAL HEALTH SERVICES FOR CHILDREN & YOUTH

### Catholic Charities Child & Adolescent Intensive Outpatient Day Treatment–St. Cloud

Phone: 320-650-1590 1712 7th Ave S  
Fax: 320-650-1599 St. Cloud, MN 56301

Intensive mental health services for children and adolescents age 7–18 serving St. Cloud and the surrounding area. Day Treatment benefits those in need of intensive support to reduce the impact of mental health symptoms which influence their ability to function successfully at home, in school and within the community. Morning programming includes skills instruction and practice as well as group therapy each day. Families work with their home school districts to determine the best academic programming for their child.

### Catholic Charities Child & Adolescent Intensive Outpatient Day Treatment–Elk River

Phone: 763-441-1578 508 Freeport Avenue NW Suite D  
Fax: 763-441-1740 Elk River, MN 55330

Serves children grades 6–12 who primarily reside in the counties of Sherburne, Wright, Anoka and Hennepin. Day Treatment benefits those in need of more intensive support to reduce the impact of mental health symptoms which may be affecting their ability to function successfully at home, in school and within the community.

### School Counseling Sites

Individual and group counseling offered, along with mental health education.

- St. Francis Xavier School, Sartell
- Phone: 320-650-1660  
Fax: 320-650-1672

### Parenting Assessment

Phone: 320-650-1660  
Provides a functional assessment of a parent(s) capacity to successfully care for their child/children. Assessments completed by doctoral-level licensed psychologists.

# COMMUNITY SERVICES

## CATHOLIC CHARITIES EMERGENCY SERVICES

Phone: 320-229-4560 157 Roosevelt Rd Suite 100  
Fax: 320-229-4562 St. Cloud, MN 56301

### Food Shelf

Monday ..... 1 pm–4 pm  
Wednesday ..... 3 pm–7 pm  
Friday ..... 9 am–12 pm  
Senior Food Shelf (age 60+)  
Second and Fourth Tuesdays ..... 1 pm–3:30 pm

### Basic Everyday Essentials (BEE) Program

Monday ..... 1 pm–4 pm  
Wednesday ..... 3 pm–7 pm  
Friday ..... 9 am–12 pm

For in-person shopping by appointment, visit [ccstcloud.org](http://ccstcloud.org) or call 320-229-4560 for assistance.

### Hunger Doesn't Wait: Food Delivery

Available Tuesday and Thursday mornings.

### Mobile Food Shelf

Clients with transportation challenges that prevent them from using the food shelf may access the Mobile Food Shelf. For the most up-to-date locations, dates and times, visit [ccstcloud.org](http://ccstcloud.org).

Germain Towers Apartments ..... Second Thursday  
Empire Apartments ..... Second Thursday  
Wilson Apartments ..... Third Tuesday  
Al Loehr Apartments ..... Third Tuesday  
Grace McDowall Apartments ..... Third Thursday  
Riverside Apartments ..... Third Thursday  
Russell Arms Apartments ..... Fourth Thursday  
Hope on 9th Apartments ..... Fourth Thursday

### Financial Assistance

Monday-Friday ..... 8:30 am–4 pm

Contact Emergency Services at 320-229-4560.

### Donations Accepted

Donations of funds, food, clothing and household items are accepted. Please visit [www.ccstcloud.org](http://www.ccstcloud.org) for more information.

Monday ..... 10 am–3 pm  
Wednesday ..... 10 am–6 pm  
Friday ..... 10 am–3 pm

Emergency Services is closed weekends and holidays.

# SERVICES FOR SENIORS

Fax: 320-253-7464

157 Roosevelt Rd, Suite 200  
St. Cloud, MN 56301

## Catholic Charities Senior Dining

Providing a well-balanced meal and an opportunity to socialize to persons 60 and older. Meal cost on a contribution basis. Other services include Meals on Wheels to homebound persons, wellness information, referral and volunteer information. For more information about where to pick up frozen meals, call 320-229-4584.

### Senior Dining Locations

Meals on Wheels (MOW) Congregate Dining (CD)

**ALBANY** ..... MOW & CD. Pond View Estates .320.845.4070  
**ANNANDALE** ..... MOW & CD. City Hall..... 763.290.2238  
**ASKOV** ..... MOW ..... 320.384.6557  
**AVON** ..... MOW ..... 320.845.4070  
**BECKER** ..... MOW ..... 763.441.6288  
**BELGRADE** ..... MOW ..... 320.243.4575  
**BIG LAKE** ..... MOW & CD. Coborn's Deli..... 763.441.6288  
**BRAHAM** ..... MOW & CD. Events Center ..... 651.674.1956  
**BROOTEN** ..... MOW ..... 320.243.4575  
**BRUNO** ..... MOW & CD. Community Conn. .. 320.384.6557  
**BUFFALO** ..... MOW ..... 763.682.6036  
**CAMBRIDGE** ..... MOW ..... 651.674.1956  
**COKATO** ..... CD ..... Cokato Apts. .... 320.963.5771  
**COLD SPRING** ... MOW ..... 320.685.3693  
**DELANO** ..... MOW ..... 763.972.0574  
**ELK RIVER** ..... MOW & CD. Guardian Oaks ..... 763.441.6288  
**FINLAYSON** ..... MOW ..... 320.384.6557  
**FOLEY** ..... MOW & CD. Dewey Place ..... 320.333.6343  
**FREEMONT** ..... MOW ..... 320.845.4070  
**GREENWALD** ... MOW ..... 320.845.4070  
**HINCKLEY** ..... MOW & CD. Sr. Citizens Center.. 320.384.6557  
**HOLDINGFORD** .. MOW ..... 320.845.4070  
**ISANTI** ..... MOW ..... 651.674.1956  
**ISLE** ..... MOW & CD. Country Cafe ..... 763.389.4602  
**KIMBALL** ..... MOW & CD. St. Anne's Church ... 320.342.9787  
**MAPLE LAKE** ..... MOW & CD. Manor West Apts. ... 320.963.5771  
**MEIRE GROVE** ... MOW ..... 320.845.4070  
**MELROSE** ..... MOW ..... 320.845.4070  
**MILACA** ..... MOW & CD. Milaca Park Apts... 320.983.6158  
**MORA** ..... MOW & CD. Dala House Apts. ... 320.679.4029  
**NEW MUNICH** ... MOW ..... 320.845.4070  
**NORTH BRANCH** MOW & CD. Chisago Sr. Center .651.674.1956  
**OGILVIE** ..... MOW ..... 320.679.4029  
**ONAMIA** ..... MOW ..... 763.389.4602  
**PAYNESVILLE**.... MOW & CD. Green Roof Center.. 320.243.4575  
**PINE CITY** ..... MOW & CD. Senior Center ..... 320.629.3024  
**PRINCETON** ..... MOW & CD. Crystal Court..... 763.389.4602  
**RICE** ..... MOW ..... 320.650.3065  
**RUSH CITY** ..... MOW & CD. Community Center .763.290.2253  
**ST. CLOUD** ..... CD ..... Whitney Sr. Center.. 320.650.3065  
**ST. JOSEPH** ..... MOW ..... 320.845.4070  
**SANDSTONE** ..... MOW ..... 320.384.6557  
**SARTELL** ..... CD ..... David F Day Apts. ... 320.257.0744  
**SAUK CENTRE** ... MOW ..... 320.845.4070  
**WAHKON** ..... MOW ..... 320.679.4029  
**WILLOW RIVER** .. MOW ..... 320.384.6557  
**ZIMMERMAN** ... MOW ..... 763.441.6288

## COMMUNITY SERVICES (CONT.)

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Central Minnesota Foster Grandparent Program  
Phone: 320-229-4587

Persons 55 years of age and older are assigned to work with children with special needs. Foster Grandparents volunteer between 260 to 2,080 hours annually, and receive a small stipend along with other benefits. This service is offered to nonprofit community agencies (schools, Head Starts, shelters, etc.), serving children throughout the St. Cloud Diocese.

- Douglas, Grant, Pope, Western Stearns, Otter Tail, Stevens, Southern Todd and Traverse Counties: 320-293-0682
- Eastern Benton, Isanti, Kanabec, Mille Lacs and Sherburne Counties: 612-390-0617
- Northeast Otter Tail, Northern Todd, Morrison, Wadena and Wilkin Counties: 612-229-4593 or 866-895-7992
- Western Benton and Eastern Stearns Counties: 320-229-4589 or 866-895-7992

## AFFORDABLE & TRANSITIONAL HOUSING SERVICES

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### AFFORDABLE HOUSING

Phone: 320-229-4576                      157 Roosevelt Rd Suite 200  
Fax: 320-253-7464                      St. Cloud, MN 56301

Catholic Charities manages housing with affordable rents in numerous communities throughout Central Minnesota. These developments were built to meet the needs of low- and middle-income people, especially families, senior citizens and persons with disabilities.

#### Affordable Housing Locations

Holdingford (Fairview) 16 units ..... 320-229-4576  
Melrose (Rosemill) 16 units ..... 320-229-4576  
Richmond (Maple) 16 units ..... 320-229-4576  
Sauk Centre\* 12 units ..... 320-229-4576  
St. Cloud (La Cruz) 104 units ..... 320-229-4576  
St. Cloud\* (La Paz) 36 units ..... 320-229-4576  
St. Joseph\* 16 units ..... 320-229-4576  
Eden Valley (Hillside) 8 units ..... 320-229-4576

\* Designed for persons 62 and older or with disabilities.

## ADULT TRANSITIONAL HOUSING

Phone: 320-259-9270                      Fax: 320-259-4967

Domus Transitional Housing (St. Cloud)  
Temporary housing and support services for homeless women age 24 and older and their children.

Homeward Transitional Housing (St. Cloud)  
Temporary housing and support services for homeless women ages 18-24 and their children.

Emily's Place (St. Cloud)  
Temporary housing and support services for homeless single women ages 18 and over.

## SERVICES FOR HOMELESS YOUTH

Supported Housing for Youth (SHY)  
Phone: 320-229-6035                      911 18th St N  
Fax: 320-229-6039                      St. Cloud, MN 56303

Housing, counseling and financial assistance for up to two years. Help with rent, household items and independent living needs for youth ages 18-24 who are homeless or at risk of homelessness.

Youth House  
Phone: 320-229-6035                      Supervisor: 320-229-6051  
Fax: 320-774-1741                      Staff Office: 320-229-6052

Providing on-site transitional housing programming to youth ages 18-24 who are homeless or at risk of homelessness.

## SUPPORTIVE LIVING SERVICES

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### CATHOLIC CHARITIES FINANCIAL AND HOUSING COUNSELING

Phone: 320-650-1664                      157 Roosevelt Rd. Suite 200  
Fax: 320-650-1671                      St. Cloud, MN 56301

Helps individuals and families to handle finances, pay bills, and plan for their financial future.

- Financial counseling
- Budget counseling
- Housing counseling
- Mortgage/foreclosure counseling
- Debt management counseling
- Bankruptcy counseling
- Reverse mortgage counseling
- Financial education

## SUPPORTIVE LIVING SERVICES (CONT.)

### IN-HOME SERVICES

Phone: 320-240-3337                      157 Roosevelt Rd. Suite 200  
Fax: 320-240-3358                      St. Cloud, MN 56301

Staff work closely with people who have disabilities in their own homes or apartments. Waivered Services: Developmental Disabilities (DD), Traumatic Brain Injury (TBI), Community Alternatives for Disabled Individuals (CADI). Support and independent living services for people with disabilities living in a family or foster home setting referred by a social service agency.

### SUPPORTIVE LIVING SITES

Catholic Charities Bethany Home (Cold Spring)  
Phone: 320-685-7899

Catholic Charities Mother Teresa Home (Cold Spring)  
Phone: 320-685-8626

Catholic Charities St. Anne's Home (Cold Spring)  
Phone: 320-685-7898

Catholic Charities St. Francis Home (St. Cloud)  
Phone: 320-251-7630

Catholic Charities St. Luke's Home (Cold Spring)  
Phone: 320-685-7750

Community-based residential services for adults with developmental disabilities.

Catholic Charities St. Elizabeth's Board and Lodging with special services (St. Cloud)  
Phone: 320-252-8350                      Fax: 320-252-8350

A board and lodging residence for 18 adults who have a serious and persistent mental illness.

Catholic Charities St. Margaret's Adult Foster Home (St. Cloud)  
Phone: 320-230-3490                      Fax: 320-230-3915

Catholic Charities St. Michael's Adult Foster Home (St. Cloud)  
Phone: 320-230-3915                      Fax: 320-230-3915

Supervised living for four adults who have a serious and persistent mental illness.

CAHI  
Phone: 320-243-3750                      Paynesville, MN  
Fax: 320-243-3718

Community-based home serves four adults who have physical challenges.

## SOCIAL CONCERNS

Phone: 320-229-6020 or  
800-830-8254 ext. 2020  
Fax: 320-650-1528

911 18th Street N  
St. Cloud MN 56303

The focus of this office is:

- Parish social ministry
- Rural life/farm life issues
- Immigrant and refugee issues
- Catholic Campaign for Human Development.

Staff are available for presentations, resource materials and support to all faith communities as together we work to live out Catholic Social Teaching.



**Together we can make a  
different tomorrow.**

Catholic Charities is a nonprofit organization that serves and enhances human dignity for people of all faiths and beliefs.



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