



2025 Annual Report

Our Mission

Catholic Charities empowers our neighbors and creates impact in food, housing, and mental health that is seen and felt for generations.

In 2025, we continued to empower our neighbors by providing services in Food Access, Housing, and Mental Health.

Empowering our neighbors. **Impacting** generations.

Welcome



A Letter from our President & CEO

Dear Friends and Neighbors,

Thank you for taking the time to review Catholic Charities of the Diocese of St. Cloud's 2025 Annual Report. Throughout the upcoming pages, you will see our core values of respect, compassion, service, accountability, dignity, and hope reflected in the work that we do. You will see the significant impact that we have in our communities throughout Central Minnesota. Deep and meaningful impact that is felt in every story and seen in every life.

We spent much of 2025 charting Catholic Charities of the Diocese of St. Cloud's path forward, with the help of our Board, leadership team, team members throughout the organization, and our community. Our new vision is communities where everyone has access to a foundation of stability, dignity and hope. We plan to achieve this vision through our new mission of empowering our neighbors and creating impact in food, housing, and mental health that is seen and felt for generations.

One of our strategic priorities moving forward is to transform how we serve and engage our clients. This means capturing whole client needs at the outset and developing a better system of

partnering with other community providers to meet those needs. More to come on this in the months and years ahead.

Finally, all of this great work and profound impact is only possible due to the incredible teams, volunteers, donors and external agency partners committed to our communities, our neighbors and our collective future. Thank you. Your time, talent and treasure make all the difference. Fred Rogers of Mr. Roger's Neighborhood, really understood the value of serving our neighbors:

"All of us, at some time or other, need help. Whether we're giving or receiving help, each one of us has something valuable to bring to this world. That's one of the things that connects us as neighbors—in our own way, each one of us is a giver and a receiver." - Mr. Rogers

Sincerely,

A handwritten signature in black ink that reads "Aaron Fisk".

Aaron Fisk

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Our Mission

We are a nonprofit organization dedicated to empowering our neighbors, and impacting generations in the Central Minnesota community.

Catholic Charities serves people across the heart of Central Minnesota with a variety of programs that aim to meet the physical, social, emotional, and spiritual needs of individuals and families of all faiths and beliefs.

In 2025 alone, we served **48,444** people across **16** counties. We provided **3,358** seniors with meals, supported **2,296** individuals in housing programs, and engaged **2,367** volunteers who contributed over **139,000** hours last year alone. These numbers tell part of the story, but the real impact is felt in the lives of the people we serve.

More than a service organization, Catholic Charities is a community pillar, connecting clients to a broad spectrum of resources and

partnerships. Together, we strengthen families, build resilient communities, and create a Central Minnesota where every neighbor can thrive. Today, and for generations to come.



What We do

At Catholic Charities, we focus on meeting foundational needs, ensuring individuals and families in Central Minnesota have access to essential resources. Guided by Maslow's Hierarchy of Needs, we provide services that support both physiological and safety needs - food, shelter, clothing, employment and health - because stability is the foundation for everything else.



FOOD ACCESS

Food Shelf
Basic Every Day Essentials
Financial Assistance
Toys for Tots Distribution
Senior Nutrition



HOUSING

Transitional Housing
Affordable Housing
Group Homes
In-Home Services
Financial & Housing Counseling



MENTAL HEALTH

Granite City Counseling
Day Treatment Program
Foster Grandparent Program

Our Leadership Team



Aaron Fisk

President & CEO



Michelle Arnold

Director of Human Resources



Andrew Johannes

Chief Financial Officer



Chad Johnson, MBA

Director Organizational Advancement



Alyssa Knese

Director of Mental Health



Stacy Lund

Director of Food Access



Laura Wocken

Executive Assistant



Brandon Zylka

Director of Information Technology

Our Board Members in 2025



Aaron Fisk

President & CEO



Father Mitchell Bechtold

Melrose, MN



Dave Borgert

St. Cloud, MN



Sister Mary Patricia Burger, OSF

Little Falls, MN



Ryan Daniel

St. Cloud, MN



Casey Gordon, PhD

St. Cloud, MN



Linda Hemmesch

Cold Spring, MN



Thomas Janson

St. Cloud, MN



Mary Jepperson

Freeport, MN



Jon McGee

Cold Spring, MN



Donniel Robinson

St. Cloud, MN



Michelle Schmitz

Paynesville, MN



Joe Towalski

St. Cloud, MN

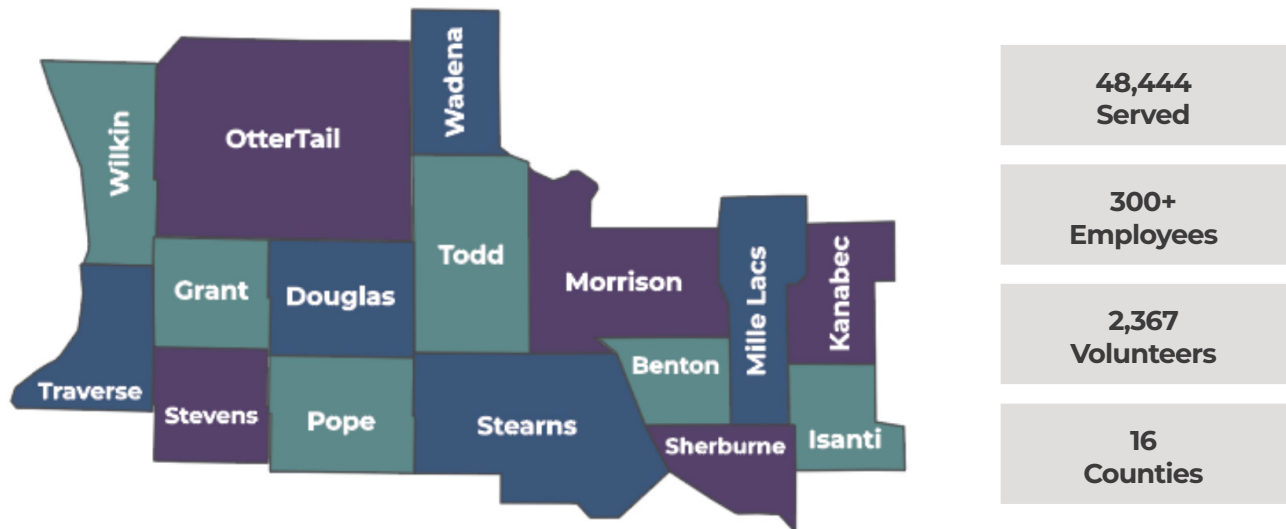


Brad Vold

Little Falls, MN

Where We Serve

While our reach is regional, Catholic Charities of the Diocese of St. Cloud supports individuals and families across a 16-county area in Central Minnesota through a variety of programs focused on food, housing, mental health, and essential services. Our primary administrative and service hubs are located in St. Cloud, with the Emergency Services Food Shelf providing direct support to residents of St. Cloud, Waite Park, Sartell, Sauk Rapids, and St. Augusta.



Our Core Values

Our core values carry profound meaning. They are the principles that guide our team in every interaction and every act of service, shaping our culture and reflecting our commitment to compassion, dignity, and the common good. We believe in these values wholeheartedly and expect them to be visible in our daily work, informing how we treat one another, how we accompany those we serve, and how we respond to the evolving needs of our communities.

dignity respect
service hope
compassion
accountability



Food Access

36,742 neighbors in Central MN were served with food, clothing, financial resources and toys in 2025.



Emergency Services Food Shelf

Last year alone, our Food Shelf served **20,936** individuals and **2,642,714** pounds of food in our community.



Financial Assistance

In 2025, **2,848** individuals received assistance in the form of gas vouchers, bus passes, prescriptions, co-pay fees for birth certificates, ID documents, and application fees.



Basic Everyday Essentials (BEE)

8,179 individuals in Central Minnesota received clothing, bedding, towels and kitchenware in 2025 alone.



Senior Nutrition

3,358 seniors received nutritious meals through our Senior Dining and Meals on Wheels programs in **16** counties.



Volunteer Coordination

In 2025 we had an overwhelming amount of help from our volunteers, with a grand total of **2,367** people volunteering **139,799** hours within our programs.

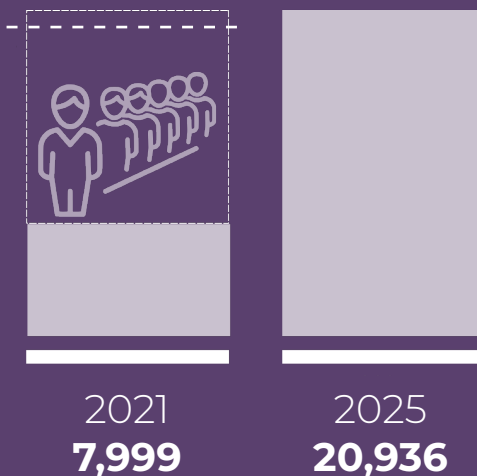


Toys for Tots

1,421 children received holiday toys and gifts collected by the Marine Corps League, Valhalla Detachment 17 (St. Cloud), the local sponsoring organization for the U.S. Marine Corps Toys for Tots Program.

From 2021 to today, the total number of people served at our Food Shelf has increased by 161.7%.

This increase in neighbors served is nearly equal to the entire population of Sauk Rapids, MN.





Cathy's Story

“When the mobile food shelf arrives, they always make you feel comfortable.”

Cathy has been a customer of the Mobile Food Shelf since Catholic Charities Emergency Services first began bringing groceries directly to apartment buildings. Living at Riverside Apartments, she quickly realized that this service was not just about her, it was about everyone around her. While she collects food for herself, Cathy also makes sure four of her neighbors, who are often at work during delivery times, don't miss out on the benefit. She refuses to let them go without.

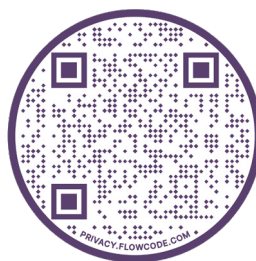
The volunteers who bring food to Riverside often remark that the building is one of their favorite stops. The tenants are warm, grateful, and excited, their faces lighting up when the carts roll in. Riverside isn't just a place to live, it's a community where people watch out for each other, just like Cathy does.

The building provides special carts to make it easier for tenants to carry their groceries home. Cathy, however, takes it a step further. She makes multiple trips, pushing the cart back and forth, ensuring that every bag of food finds its way to the right person. It's not a chore for

her; it's an act of kindness, a way of showing her neighbors that they matter.

In Cathy's hands, the Mobile Food Shelf becomes more than a program. It becomes a symbol of compassion, resilience, and shared humanity. Her quiet dedication reminds everyone from volunteers, to neighbors and friends, that sometimes the greatest impact comes not from grand gestures, but from simple acts of care repeated over and over.

At Riverside Apartments, Cathy is proof that one person's generosity can ripple outward, turning food delivery into a story of community, dignity, and hope.



Scan the QR code to watch Cathy's full story on YouTube

Housing

2,296 neighbors in Central MN received support from Catholic Charities in 2025 for housing.



Affordable Housing

665 neighbors were served through our affordable housing program across **7** rental sites.



Group Homes

We had **35** individuals living in group homes that received supportive care.



In Home Services

73 individuals with disabilities were assisted through our In Home program.



Transitional Housing

In 2025, **887** neighbors received transitional housing support through a variety of programs, including Domus, street outreach and housing coordination.



Supportive Housing for Youth (SHY)

100 youth were able to secure housing and support through our SHY Program in 2025.



Financial & Housing Counseling

536 neighbors received support in 2025 for mortgage foreclosure counseling, checkbook management, and financial literacy education.

Our youth housing and outreach programs in 2025 supported 512 young people.

This is nearly half of the student body at Sartell Middle School.





Nick P's Story

"I was pulled out of homelessness because of Catholic Charities. I finally have something stable to build off of."

Nick grew up in Tucson, Arizona, and moved out on his own at 20, hoping for a fresh start. After relocating to Utah and living with roommates, conflict led to him being asked to leave suddenly. With nowhere to go, Nick spent the night sleeping in a park. Homeless, alone, and far from any support.

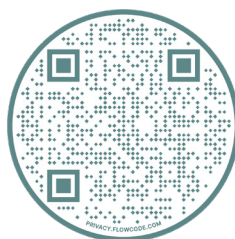
He eventually made his way to St. Cloud, Minnesota, staying briefly with a friend before that situation also ended. Once again, Nick was on the streets. This cycle of instability repeated for years, with Nick often sleeping outside in the rain and freezing cold. The isolation and trauma took a heavy toll, and at one point, he began to consider suicide, feeling he had no way forward.

Nick's turning point came when he met Rebecca from Catholic Charities. One of her first clients, Nick was in immediate crisis. Together, they focused first on finding him a safe place to stay so he could stabilize. Rebecca worked closely with local housing partners and helped Nick secure an apartment where he

could live independently and begin rebuilding his life.

With stable housing, Nick also received support for transportation, healthcare, and dental care, along with a clear plan to move forward.

Today, he is safe, housed, and no longer at risk of homelessness. Nick is grateful to the donors whose generosity made his stability possible, and for the chance to look ahead with hope.



Scan the QR code to watch Nick's full story on YouTube

Mental Health

9,406 neighbors received support for mental health from us in 2025.



Granite City Counseling

729 individuals received mental health support from Granite City Counseling in 2025.



Day Treatment Program

Through our Child and Adolescent Day Treatment program, we served **106** children across two locations - **48** in St. Cloud and **58** in Elk River - providing structured support to reduce and manage mental health symptoms.

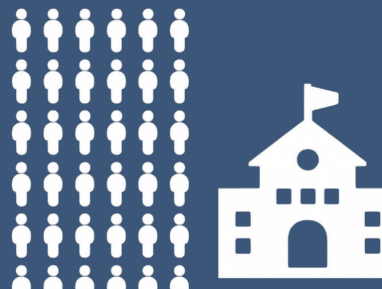


Foster Grandparent Program

160 Foster Grandparents and **8,411** students benefited last year from our Foster Grandparent Program. **891** of those children have special needs.

In 2025, Granite City Counseling supported 729 people.

Enough to fill every seat in downtown St. Cloud's Paramount Theatre.





Nick H's Story

"If someone had told me I would have this opportunity, I would have never believed it. This is the beginning of something great."

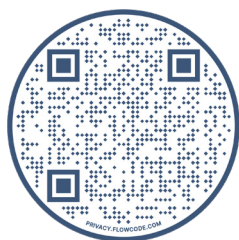
Nick's story isn't easy to tell, but it is powerful. He grew up surrounded by abuse, neglect, and instability. From an early age, he learned to survive however he could; habits that followed him into adulthood and eventually led to drugs, broken relationships, court involvement, and a cycle that felt impossible to escape.

Three years ago, something shifted. Nick entered treatment ready not just to get sober, but to rebuild his life. For the first time, people believed in him, and that belief changed everything. Slowly, Nick began to believe in himself.

Through Catholic Charities' Men's Domestic Abuse Intervention Program (DAIP), Nick found stability, trust, and genuine support. He built strong connections with staff and peers, joined a church, attended AA regularly, and committed himself fully to growth and accountability. Momentum built and Nick didn't want to lose it. When Nick completed

the program, he chose to stay involved, not out of obligation, but because he wanted to give back. Having lived the journey himself, he knew he could help others through it.

Today, Nick leads the very group that once helped change his life. He's been promoted at work and is dreaming about school and becoming a counselor. At Catholic Charities, we are proud of Nick and inspired by the way he lifts others up. His future is bright, and his impact is already being felt.



Scan the QR code to watch Nick's original story on YouTube

Statements of Financial Position

ASSETS	2024	2025
Cash and Equivalents.....	\$1,373,196	\$1,975,413
Accounts Receivable.....	\$1,923,096	\$1,696,091
Accounts Receivable + Affiliated Organizations.....	\$3,617	\$3,864
Pledges Receivable (Current Portion)	\$127,238	\$177,232
Inventories	\$17,114	\$15,596
Prepaid Expenses.....	\$334,408	\$252,418
Total Current Assets	\$3,778,669	\$4,120,614
 PROPERTY & EQUIPMENT		
Land.....	\$1,977,414	\$2,010,414
Buildings and Improvements.....	\$8,172,650	\$8,208,685
Equipment.....	\$1,544,499	\$2,010,733
Total Property & Equipment	\$11,694,563	\$12,229,832
Less Accumulated Depreciation	\$7,116,619	\$7,498,233
Total Property & Equipment	\$4,577,944	\$4,731,599
 OTHER ASSETS		
Projects in Progress.....	\$10,000	\$5,616
Pledges Receivable (Net of Current Portion).....	\$237,092	\$314,795
Funds Held by Foundation.....	\$189,582	\$218,961
Investments	\$9,140,944	\$10,361,063
Financing ROU Assets	\$159,081	\$477,024
Total Other Assets	\$9,736,699	\$11,377,459
Total Assets	\$18,093,312	\$20,229,672

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES

Current Lease Liabilities + Financing.....	\$82,875	\$118,990
Accounts Payable.....	\$666,413	\$639,174
Accrued Expenses	\$863,533	\$886,519
Deferred Revenue.....	\$686	\$0
Total Current Liabilities.....	\$1,613,507	\$1,644,683

LONG-TERM LEASE LIABILITIES**2024****2025**

Financing (Less Current Maturities).....\$76,206\$358,034

Total Liabilities.....\$1,689,713 \$2,002,717**NET ASSETS**

Unrestricted - Undesignated\$8,211,204\$8,830,724

Unrestricted - Designated/Property & Equipment.....\$4,577,944\$4,731,599

Unrestricted - Board Designated Endowment.....\$284,269\$508,037

With Donor Restrictions.....\$3,330,182\$4,156,595

Total Net Assets..... \$16,403,599 \$18,226,955**TOTAL LIABILITIES & NET ASSETS..... \$18,093,312 \$20,229,672****REVENUE & EXPENSE SUMMARY****2025 REVENUE**

Contributions.....\$12,778,31046.2%

Program Service Fees\$8,515,23530.8%

Grants.....\$4,669,86516.9%

Investment Return.....\$1,096,9073.9%

Other.....\$608,3532.2%

Total Public Support & Revenue \$27,668,670 100%**2025 EXPENSES**

Program Services\$22,416,78786.8%

Food Access.....\$12,591,342

Housing Services.....\$6,634,984

Mental Health Services.....\$3,190,461

Fundraising Expenses.....\$2,075,6348.0%

Fundraising Expenses.....\$1,352,8935.2%

Total Expenses \$25,845,314 100%

Benefit Breakfast

In the last 23 years, we have raised over \$6 million at our Annual Benefit Breakfast.



In 2025, we raised **\$488,681** and had **457** attendees.

Book a Tour!

Our goal at Catholic Charities is to be as transparent as possible and to highlight the meaningful work our staff and volunteers are doing for Central Minnesota.

We invite you to schedule a tour of the Food Shelf with our Organizational Advancement Officer, Brian Woods. We look forward to welcoming you soon!



Scan now to book your tour with us.



\$370,000+
Raised!

What an incredible 2026 Mardi Gras event! Thanks to our amazing guests and supporters, we raised \$370,000+. Your contributions fuel our Emergency Services program and keep our Mobile Food Shelf rolling throughout the community.



Save the Date!

Join us at St. Cloud River's Edge Convention Center for our 45th annual Mardi Gras celebration on
Saturday, January 23, 2027!



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