



# Catholic Charities Emergency Services

## WISH LIST

### NON-PERISHABLE FOOD ITEMS

#### PROTEINS

- Peanut Butter
- Canned Meat
- Packaged Dinner



#### FRUIT/VEGETABLES

- Canned Fruit/Vegetables
- Dried Fruit
- Juice

#### COOKING ITEMS

- Oil
- Flour
- Sugar
- Spices/Seasonings
- Dressing

#### GRAINS

- Rice
- Pasta
- Whole Grain Cereal



### INFANT AND CHILDREN'S ITEMS

- Diapers – larger sizes
- Baby Wipes
- Formula
- Baby Food
- Cereal

### PERSONAL CARE ITEMS

- Toothpaste
- Toothbrushes
- Razors
- Shampoo
- Feminine Hygiene Products
- Deodorant
- Bar Soap
- Combs & Brushes
- Toilet Paper
- Dish Detergent
- Laundry Detergent



### GENTLY USED CLOTHING

- Men's Clothing
- Men's & Women's Plus-Size Clothing
- Children's Clothing

### GENTLY USED HOUSEHOLD ITEMS

- Bath Towels
- Dishes
- Pots & Pans
- Can Openers
- Bedding
- Utensils

### DONATE TODAY!

Monday 10 – 3, Wednesday 10 – 6, Friday 10 - 3

157 Roosevelt Rd, Suite 100 (Door "D")

St. Cloud, MN 56301

320-229-4560