
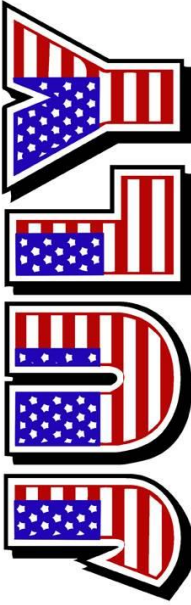


Catholic Charities Senior Nutrition Menu

July 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Milk is served with every meal. Menu is subject to change.</p> <p>Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act and</p>		<p>1</p> <p>Baked Potato w/ cheese Diced Ham Broccoli Brownie Breadstick</p>	<p>2</p> <p>Fried Chicken Sweet Potatoes Coleslaw Ice Cream Cup</p>	<p>3</p>  <p>CLOSED</p>		
<p>6</p> <p>Chicken Salad on a Croissant Fresh Fruit Kettle Chips Cake</p>	<p>7</p> <p>Beef Tips w/ Mushrooms & Onions & gravy over Noodles Beets Bread</p>	<p>8</p> <p>Sliced Ham Scalloped Potatoes Green Beans Bread</p>	<p>9</p> <p>Tilapia Rice Vegetable Normandy Bread</p>	<p>10</p> <p>BBQ Pork Macaroni & Cheese Broccoli Cookie</p>		
<p>13</p> <p>Chicken O'Brien Potatoes Carrots Bread</p>	<p>14</p> <p>Stuffed Pepper Casserole Garden Salad Brownie Bread</p>	<p>15</p> <p>Turkey Meatballs over Noodles Mixed Vegetables Pineapple Bread Jello</p>	<p>16</p> <p>Egg & Hashbrown Bake Applesauce Broccoli Pastry</p>	<p>17</p> <p>Chow Mein Rice Oriental Vegetables Mandarin Oranges Fortune Cookie</p>		
<p>20</p> <p>BBQ Chicken Tator Tots 3 Bean Salad Bread Cookie</p>	<p>21</p> <p>Porcupine Meatballs Half of a Baked Potato Peas Brownie</p>	<p>22</p> <p>Soup Sandwich Banana</p>	<p>23</p> <p>Chicken Ala King over 1 biscuit Pineapple Cookie</p>	<p>24</p> <p>Salmon Patty on a bun Cucumber Salad Kettle Chips</p>		
<p>27</p> <p>Beef Ravioli w/ Alfredo Sauce Vegetable Normandy Bread Rice Crispy Treat</p>	<p>28</p> <p>Chicken Enchiladas Spanish Rice Black Beans Churros</p>	<p>29</p> <p>Country Steak Whipped Potatoes w/ gravy Broccoli Bread Cookie</p>	<p>30</p> <p>Turkey w/ Spaetzle Dumplings Peas Peaches Bread</p>	<p>31</p> <p>Sausage, Egg & Cheese Sandwich Hashbrown Triangle Grapes</p>		