

Catholic Charities Senior Nutrition Menu

March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 Mexican Rice Casserole Pineapple Churro Bread	3 BBQ Pork Macaroni & Cheese Broccoli Brownie	4 Sweet & Sour Chicken Rice Oriental Vegetables Mandarin Oranges Cookie	5 Hamburger Tomato Casserole Peaches Chocolate Pudding Bread	6 Tuna Noodle Casserole Peas Cherry Strudel Bread		
9 Chicken Rice Casserole Green Beans Cake Bread	10 Porcupine Meatballs Half of a Baked Potato Broccoli Brownie	11 Turkey Burger on a bun Sweet Potatoes Coleslaw Ice Cream Cup	12 Chicken Ala King over 1 biscuit Carrots Cookie	13 Tilapia Rice Pilaf Mixed Vegetables Bread Cake		
16 Liver & Onions Mashed potatoes & Gravy Green Beans Apple Strudel Bread	17 Corned Beef & Cabbage, Carrots & Onions Potatoes Bread Cookie	18 Swedish Meatballs over Noodles Mixed Vegetables Pineapple Bread Jello	19 Bouja Half sandwich Fruit Cocktail Cake	20 Cod Potato Salad Broccoli Bread Dessert (Cooks Choice)		
23 Turkey w/ Spaetzle Dumplings Peas Peaches Bread Cake	24 Bacon Wrapped Stuffed Chicken Roasted Potatoes Carrots Bread	25 Spaghetti w/ Meat Sauce Noodles Green Beans Bun or Breadstick Churro	26 Flatbread Pizza (Sausage) Corn Brownie	27 Coconut Shrimp Rice Pilaf Zucchini Bread Cake		
30 Polish Sausage Fried Onions & Peppers Half of a Baked Potato Vegetable Normandy Bread Rice Crispy Treat	31 Beef Burrito Mandarin Oranges Cake					