# Catholic Charities Senior Dining Menu

**September 2023**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
</table>
| Closed | Cheeseburger  
Baked Beans  
Potato Salad  
Cookie | BBQ Chicken  
Half Baked Potato  
Mixed Vegetables  
Baked Apple Slices  
Bread | Pork Roast  
Whipped Potatoes w/ gravy  
Broccoli  
Fresh Cantaloupe  
Bread | Swedish Meatballs  
Noodles  
Vegetables  
Peaches | 1 |
| Hamburger Tomato Casserole  
Garden Salad  
Mixed Veg Bread | Chicken Ala King  
over 1 biscuit  
Peas & Carrots  
Orange Wedge | Salisbury Steak  
Paprika Potatoes  
Carrots  
Bread | Special Of the Day | Breaded Pollock  
Red Potatoes  
Baked Beans  
Fruit Salad  
Bread | 8 |
| BBQ Ribs  
Potatoes O'brien  
Peas  
Garden Salad  
Bread | Hamburger Rice Hotdish  
Green Beans  
Pineapple  
Bread | Italian Pork Chop  
Baked Beans  
Creamed Potatoes  
Pears | Savory Roast Beef  
Whipped Potatoes w/ Gravy  
Beets  
Wheat Roll  
Vanilla Fruit Yogurt | Chicken Casserole  
Garden Salad  
Carrots  
Bread | 15 |
| Chicken Breast  
Sweet Potato  
Pears  
Broccoli  
Bread | Spaghetti w/ Meat Sauce  
Noodles  
Green Beans  
Breadstick | Chicken Alfredo  
Noodles  
Mixed Vegetables  
Apple Slices  
Bread | Sweet & Sour Pork  
Rice  
Oriental Vegetables  
Mandarin Oranges  
Bread | Bouja  
Half sandwich  
Fruit | 22 |

Milk is served with every meal. Menu is subject to change.

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