

# What To Pack for Camp

## Packing Guidelines:

- 1) Please limit your packing to 1 large suitcase + 1 bag with sleeping bag & pillow.
  - Please put the sleeping bag and pillow into a strong and durable marked garbage bag for easy carrying and transportation. You may want to bring a couple empty plastic bags for wet or dirty items when packing to go home.
- 2) Mark wheelchairs with name on heavy duty tape that can be seen on arm or outside back of chair.
- 3) Label Everything!
  - Tag all clothing with marking tape or use waterproof ink to label them.
  - Sew tape or write your name at the back neckline of shirts, on the rear waist of pants, and at the corners of towels, washcloths, and blankets.
  - Toiletry bag/box and all other items should be marked with the name on adhesive tape with waterproof ink.
  - Label the outside of sleeping bag.
  - Label the outside of your suitcase.
- 4) Pack affordable or gently used clothing. Campers are encouraged to bring one nice outfit for the *Friends & Family Dinner & Talent Show* on Thursday evening.
- 5) Please do not bring cash. No spending money is needed. Everything is provided.
- 6) What NOT to Pack: \*If an item/device is necessary for sensory issues, please contact us in advance for approval.
  - Toys/stuffed animals
  - Games/gaming devices
  - Electronic devices, cell phones, music players (ipod, mp3 players), etc.

*\*Christian Berets does not assume responsibility for personal items brought to camp, but we make every effort to see that campers return home with all their belongings.*

# Suggested Packing List

- 1 Sleeping Bag
- 1 Pillow with Pillowcase
- 2 Bath Towels
- 2 Wash Cloths
- 6 Pairs of Socks (should be worn majority the time)
- 1 Flip Flops/Sandals (worn during water games & shower)
- 5 Underwear/Diapers (+ more if incontinence is an issue)
- 1 Swimsuit (if desired for water day, no bikinis or Speedos)
- 1 Beach Towel (for water day)
- 2 Pajamas or comfortable clothing not used for daytime activities
- 1 Hat (with visor) and/or sunglasses
- 1 Warm Jacket/Hoodie (temp. cools significantly at night)
- 5 T-Shirts (no tank tops please, older is preferred)
- 1 Nicer set of clothes for Thurs. evening (optional)
- 2 Pairs of Jeans/Pants
- 5 Pairs of Shorts (temp. during the day will likely be HOT)
- 1 Bible & Notebook & Pen

## Toiletry Items: (small containers or travel sizes work)

- Soap/Body Wash & Shampoo/Conditioner
- Deodorant
- Toothbrush and paste
- Shaving stuff (disposable razor, cream)
- Comb / Hairbrush (girls hair ties/clips)
- Girls: feminine hygiene products
- Sunscreen