



To Learn More, **CONTACT US**

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Scan or click [here](#)
to submit a
program request:



WEB

www.adacphilly.org

SOCIAL MEDIA

[@adacphilly](#) [@adacphilly](#)

[ADAC Youth & Family Services](#)

We also provide upon request:

Parenting workshops and presentations for youth on bullying, self-esteem, safe dating, vaping, marijuana, and alcohol.

Partially paid for with Pennsylvania taxpayer dollars



FREE!

PHILLY YOUTH MAKING POSITIVE CHOICES

An Evidence-based Prevention Program for Youth

Serving:
Schools
Summer Camps
Youth Groups

BIGGER & GREATER THINGS.

Bringing a 40-year legacy in prevention from the community to your classrooms.

ABOUT ADAC

Anti-Drug & Alcohol Crusaders, Inc. (ADAC), incorporated in 1987, is a non-profit, community-based organization. For four decades, ADAC has serviced thousands of individuals and generations of families by providing youth educational and recreational programs, alcohol, tobacco, and other drugs (ATOD) awareness, violence prevention and reduction strategies, career readiness and parent empowerment courses, healthy meals, social-emotional support, community resources and referrals, and more.



CURRICULUM OFFERINGS

These evidence-based curricula offer interactive, age-appropriate lessons, which include: role plays, games, songs, discussions, and more!

TOO GOOD FOR VIOLENCE - K-12

www.toogoodprograms.org/collections/too-good-for-violence

Too Good for Violence lessons provide students with the skills, knowledge, and attitudes they need for positive social development and supportive relationships. The curriculum targets the development of interpersonal skills that facilitate emotion management, effective communication, relationship-building, conflict resolution, and management of bullying situations.

TOO GOOD FOR DRUGS - K-12

www.toogoodprograms.org/collections/too-good-for-drugs

Too Good For Drugs lessons focus on developing personal and interpersonal skills to resist peer pressure. Instructional strategies focus on strengthening skill development in goal setting, decision making, bonding with others, respect for self, managing emotions, effective communication, and social interaction.

POSITIVE ACTION - K-4

www.positiveaction.net

Positive Action lessons take a comprehensive approach to life skills competency for personal and academic success. The program develops students' sense of self-awareness, positive self-action, self-management, respectful treatment of others, and self-honesty to improve both students' lives and the school environment.

LIFESKILLS TRAINING - 3-10

www.lifeskillstraining.com

LifeSkills Training lessons use developmentally appropriate strategies to prevent substance abuse and violence. The curriculum increases self-esteem, develops healthy attitudes, fosters positive relationship-building, and improves knowledge of essential life skills in order to promote positive personal development and mental health.

CATCH MY BREATH - 5-12

www.catch.org/program/vaping-prevention

CATCH My Breath lessons utilize a peer-led teaching approach that empowers students with the information and skills needed to make informed decisions about e-cigarettes. By providing knowledge of the harmful effects of vaping and strategies to resist social pressures to vape, the program effectively reduces the likelihood of vaping among youth.

We provide 6-26 sessions per class/group from the curriculum of your choice, based on the needs of your youth – all at no cost to you! We incorporate fun, engaging activities that reinforce the lessons.

You decide. We provide.