

2025 -26

IMPACT REPORT



ADAC Youth & Family Services

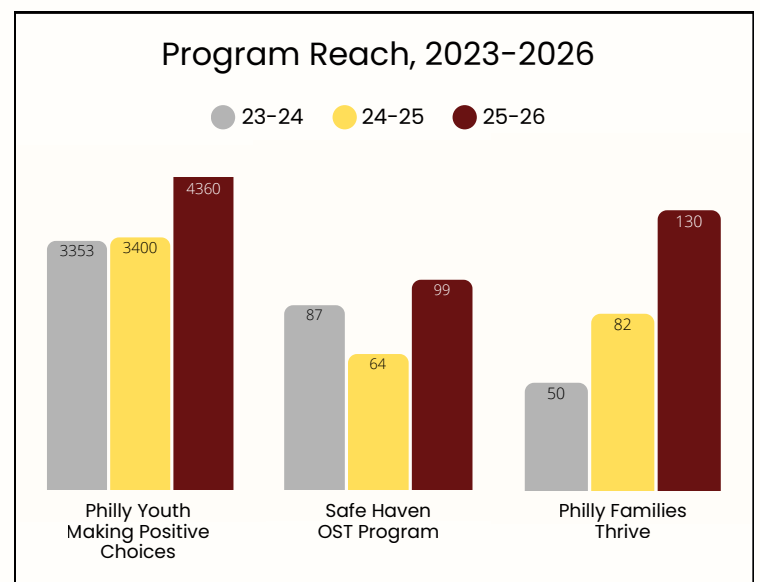
OUR YEAR IN REVIEW



“Every parent needs a support system and I am thankful for [ADAC] becoming a part of mine.”

– Ebony Tillman, Philly Families Thrive Participant

As we close out another year at ADAC, we celebrate our continued expansion in service across the city of Philadelphia, having reached more youth and more families in more schools and communities than in years prior. Our mission-driven efforts toward healthier, safer families and communities would not be possible without our committed youth and families who show up daily, a dedicated staff who believe in the work of prevention, and strong community partnerships that sustain us. Together, we'll build on our momentum to achieve even “bigger and greater” impact in the year to come.





PREVENTION WORKS

"I was always getting into fights at school and in trouble all the time. I didn't know how to handle my anger...Now I get along with my classmates, listen to my teachers, and even help other kids stay out of trouble."

- Juan, Age 12 (YATES Club Participant)

Stories like Juan's are proof that prevention matters, and it matters because it works. Whether it's seeing a preteen stop fighting, having a teenager say "no" to smoking after using marijuana weekly, witnessing a guardian and child communicate openly with empathy, decreasing bullying in a middle school classroom, or making communities feel safer and more unified, outcomes such as these remain the driving force of the work we do.

HIGHLIGHTS

At the 2nd Annual Anti-Violence Community Partnership Grants Conference and Gala, ADAC was named recipient of the Light Against Violence Award for our ongoing commitment to building safer, stronger communities.

We also attended the 2026 Extra Learning Opportunities Conference to further enhance after-school and summer experiences for K-6 youth in our Safe Haven OST program.

1

Award received for excellence in prevention services

1

New grant awarded by the William Penn Foundation



PROGRAMS & SERVICES

Philly Youth Making Positive Choices (PYMPC)

PYMPC provides prevention education, mentoring, and engaging activities to youth in grades K–12 throughout Philadelphia. Programming focuses on preventing substance use, violence, bullying, and other risky behaviors while building protective factors and positive social-emotional skills through interactive lessons, workshops, and presentations tailored to the needs of each school or organization. Youth learn critical thinking, problem-solving, accountability, healthy decision-making, and the value of positive relationships, peace, and unity.

4,360+

youth received
prevention
education*

**Including Youth
Mentorship Clubs*

1,519

lessons &
presentations
delivered

29

schools &
organizations
received services



Youth Mentorship Clubs: The YATES Club & TEA Time

Our youth mentorship clubs, an initiative of PYMPC, include The YATES Club (boys) and TEA Time (girls). Each focuses on the healthy development of young people through building relationships and belonging. Meeting in small groups, our mentorship clubs use evidence-based curricula to open up safe and inclusive spaces for youth to discuss topics relevant to their individual and collective goals. Each club offers the option to integrate incentives and experiences such as basketball practice, a spa day, outings, and more.

7–24

ages of
mentees

10+

mentoring
groups held

200+

young people
participated
consistently



PROGRAMS & SERVICES

Safe Haven OST Program @ Mastery Thomas (SHOST)

SHOST provides a safe and supportive environment for youth at Thomas Elementary Mastery Charter School after school and during a four-week summer program. Youth receive healthy snacks, homework help, enrichment and recreational activities, creative programs from community partners, field trips, and evidence-based violence and substance misuse prevention education. Providing experiences in STEAM, music, sports, and social emotional skills development, the program promotes positive relationships, healthy choices, and opportunities for youth to learn, grow, and succeed.

84

students served
in after school
program

63

students served
in summer
program

70+

alternative
activities
provided



Philly Families Thrive (PFT)

PFT provides family support and parent education for Philadelphia families with children from 0 to 8 years (including prenatal). The program offers individualized guidance, evidence-based parenting strategies, and connections to community resources. PFT promotes positive relationships, healthy coping skills, and family stability by addressing challenges such as trauma, mental health, substance use, and meeting basic family needs like housing, food, childcare, employment, and others. In the past year, 62% of families reported improved family adjustment and decreased parental stress, while 77% reported reduced behavioral difficulties in children.

30

families
graduated
the program

69%

of caregivers
improved overall
parenting practices

100+

resource referrals
& supports
provided



COMMUNITY VOICES

"I used to hang around the wrong people and thought carrying a gun and fight[ing] in school made me tough. After being in the program, I learned that real strength is about being smart and making good choices."

Jasir, Age 14 (YATES Club)

"Students are developing essential life skills including emotion management, effective communication, conflict resolution, healthy peer relationships, and strategies to prevent and respond to bullying."

Spring Garden School (PYMPC)

"ADAC has built up my confidence as a single parent of two! The team at ADAC have supplied me with the tools on how to become a better communicator...Learning self control and not resulting in an aggressive response. I will continue to utilize what I have learned and share this learning resource with other parents."

Jamie (PFT)

"This program was a true blessing. Having someone that's consistent with the appointments to educate and support you as a parent, especially when your child is going through challenging behaviors, is something I'll never forget. I learned so much about how to respond positively and guide my child with love and understanding."

Dove (PFT)



MORE IN STORE

We are pleased to announce our impending launch of a new program in the upcoming year:

STOP the School Violence is an anti-violence initiative which will consist of behavioral threat assessment and management and an anonymous reporting system to complement schools' existing violence prevention measures. The program will improve school safety by providing students with the tools to recognize, respond to, and help prevent acts of violence against themselves or others.

We're excited to share even more about the new ways that we'll be serving schools in our community in the near future!





Anti-Drug & Alcohol Crusaders, Inc.

"Little People Doing Bigger & Greater Things
in the Community!"

Chantae Brabham, Executive Director

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ADAC is grateful to our dedicated team, our board, and our partners, including community-based organizations, schools, churches, youth groups, and other community stakeholders, whose collaboration enables us to provide quality, holistic services to Philadelphia youth and families.

ADAC Youth & Family Services' programs and services are made possible through funding from local foundations and corporations, the City of Philadelphia, the Commonwealth of Pennsylvania, and the United States Federal Government. We are especially thankful for our latest grant award from the William Penn Foundation and the continued support of ReCAST and the Community Capacity Grant.