

# IMPACT

ADAC Youth & Family Services

# REPORT



20  
24-25

# Our Year in Review

We at Anti-Drug & Alcohol Crusaders, Inc. (ADAC) celebrate another year of walking in our purpose to interrupt cycles of addiction and violence and to maximize youth and families' opportunities to make positive, transformative choices in their homes, schools, and communities.

Through challenges and triumphs, we are grateful to have strengthened our community partnerships and further developed our newest initiatives, thereby broadening our impact to touch the lives of even more youth and families across the city of Philadelphia with evidence-based prevention education and training, academic support, risk-reducing alternative activities, and access to critical family resources.



**YOUTH  
DEVELOPMENT**



**PARENT  
EMPOWERMENT**



**COMMUNITY  
ENGAGEMENT**



**STRATEGIC  
PARTNERSHIP**



**CITY-WIDE  
REACH**





# Changing and Saving Lives through Prevention

ADAC witnessed firsthand through services like our new initiative, Youth Achievement through Education and Sports (YATES), that prevention doesn't just change lives – it also saves them. YATES joined 280 young males in groups to address experiences of stress and trauma to prevent and reduce instances of violence through youth-led circles and athletic engagement. Among the youth mentored, 42 reported disengaging from gang activity and 3 reported prevented suicide attempts. YATES participants spoke openly of a newly-discovered sense of hope, direction, and belonging.



## Prevention Highlights Across Our Services

**3**  
YOUTH CHOSE LIFE OVER SUICIDE

**42**  
YOUTH EXITED GANG LIFE

**20+**  
SCHOOLS & ORGANIZATIONS SERVED

**3,400+**  
YOUTH LEARNED TO REFUSE DRUGS AND VIOLENCE

**8,000+**  
ADULTS LEARNED ABOUT PREVENTION



# Major Programs & Services

## Philly Youth Making Positive Choices (PYMPC)

### Details:

PYMPC provided 879 evidence-based lessons and workshops and 8 alternative activities (e.g., trips, parties) to students across 19 schools, organizations, and youth groups to prevent violence and substance misuse.

### Outcomes:

Participating youth not only learned substance refusal and violence prevention skills, but also developed tools for sustaining healthy relationships and making positive lifestyle choices.

**3,070+**

Youth reached across the City of Philadelphia

## Safe Haven OST Program (SHOST) @ Mastery Thomas

### Details:

SHOST served over 60 K-6 students at Mastery Thomas Elementary with school-year and summer programs, providing homework help, prevention education, academic support, daily activities, trips, and healthy meals.

### Outcomes:

SHOST boosted academic performance for participating youth, improved social emotional skills, and taught youth the advantages and methods of refusing substances and violence.

**60+**

Youth served at Mastery Thomas

## Philly Families Thrive (PFT)

### Details:

PFT supported families with children 0-18 years in improving their holistic wellness. PFT provided evidence-based parent training and resource support through its Positive Parenting Choices Program (PPCP) and Family Advocacy.

### Outcomes:

PFT improved parent-child relationships and parenting techniques in 63% of families, enhanced parental teamwork by 50%, and reduced behavioral difficulties in children by 75%.

**30**

Families graduated from PPCP

## Philadelphia United for Change Coalition (PUC)

### Details:

PUC gathered change agents among community stakeholders, caregivers, and youth to combat substance misuse and violence in Philadelphia. PUC collaborated to address the causes of youth problem behaviors and mental health challenges before they arise.

### Outcomes:

Together, PUC members established a new committee for coalition operations, added 2 regional members to its workgroups, attended 7 community events, and participated in 2 conferences to expand its community outreach.

**4**

New coalition members added



# Notable Moments

## Healing the Trauma Between Us (HTTBU) Conference

Healing the Trauma Between Us (HTTBU), an initiative within ADAC's PFT program, convened its first conference on September 14, 2024. The HTTBU Conference gathered over 30 parents, caregivers, youth, other community members, and guest speakers to share in a variety of trauma-healing activities for every age.

Considered a "transformative" experience for all, attendees learned from informative presentations, engaged in family-centered games and activities, and connected with community-based resources!



## ADAC Named a Community Capacity Grant Award Recipient



For our commitment to violence prevention in Philadelphia, ADAC received the Community Capacity Grant (CCG) Award in June 2025. We are honored by this recognition from Mayor Cherelle Parker and the City of Philadelphia's Office of Public Safety as a prior Targeted Community Investment Grant (TCIG) grantee whose work has made significant impact on youth, families, and their communities.

We look forward to furthering our prevention efforts with the aid of this CCG award!



## Anti-Drug & Alcohol Crusaders, Inc.

"Little People Doing Bigger & Greater Things in the Community!"

Chantae Brabham, Executive Director

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ADAC is grateful to our dedicated team, our board, and our partners, including community-based organizations, schools, churches, youth groups, and other community stakeholders, whose collaboration enables us to provide quality, holistic services to Philadelphia youth and families.

ADAC Youth & Family Services' programs and services are made possible through funding from local foundations and corporations, the City of Philadelphia, the Commonwealth of Pennsylvania, and the United States Federal Government.

