



IMPACT REPORT

2023-2024

ADAC
Youth & Family
Services

"Little People Doing
Bigger & Greater Things
in the Community!"



Programs & Services

Philly Youth Making Positive Choices

Through ADAC's partnership with 17 schools, 8 summer programs, 2 community organizations, and 18 youth groups, PYMPC provided 1,010 free lessons to 3,353 youth and 4 free workshop topics to a total of 286 youth and adults to prevent substance misuse, violence, and other risky behaviors. ADAC also sponsored 7 trips, outings, and events (alternative activities) for 1,786 youth and adults.

Safe Haven OST Program @ Thomas Elementary

SHOST provided after-school programming to 87 students in grades K-6, with 30 students participating in summer programming at Thomas Elementary Mastery Charter School. In addition to violence and drug prevention and one-to-one mentoring, students received academic support, alternative activities (music programs, animal education and care, skills-enhancement activities, and more provided by 3 community partners), and nutritious meals.

Organization Highlights

The close of another year at ADAC inevitably brings with it a period of reflection, looking back at where we've come from and the work we've carried out to get to where we are today. With that, we are grateful to see how our continual growth enables us to inform, support, and empower increasingly more families across our city.

As we move forward, we are proud to close another year in which we celebrated 37 years of service, found our new home in the heart of South Philadelphia, and realized our vision of service to all of Philadelphia.

Growth Areas

Celebrated	Received	Launched
37	3	3
years of service	new grants	new initiatives

Philly Families Thrive

Philly Families Thrives provided evidence-based parent training and resource connection for families facing challenges, such as housing, food, mental health needs and other concerns. Parent practitioners enrolled 60 parents in its Positive Parenting Choices Program, with 25 graduating the full course of training.

Philly United for Change Coalition

Philly United for Change is ending the year having recruited 2 additional coalition members, lending to a total of 25; seen an increase in stakeholder participation in solidifying the Bylaws and Community Assessment Report; and created a recruitment and retention plan for the upcoming quarter to strengthen the coalition.

Prevention Takes Action

This means reaching the whole family and community.

New Initiatives

This year brought new projects within our programs, such as the One Circle Project (PYMPC), forming gender-specific, strengths-based groups that gave students safe spaces to grow through positive peer interactions. The trauma-informed Youth Achievement Through Sports, or YATES project, (PYMPC) joined 15 youth on the Crusaders Basketball Team, traveling to national sporting events. Healing the Trauma Between Us (PFT) provided practical wellness tips and events for families with teens impacted by trauma.

Community Events

ADAC participated in special events around Philadelphia, such as Senator Vincent Hughes' See Me/Imagine You event, Sims Fall Community Event, and Safe-Hub's Back-to-School Party, where we distributed 400 tickets for a family outings at the Academy of Natural Sciences. ADAC also attended 5 other community events, reaching over 1,725 residents in total.

Conference Participation

ADAC's Executive Director served as a Virtual CHOP panelist regarding medical use in adolescents, which was attended by 103 people. The Executive Director and Coalition Director also hosted a workshop on partnerships for organization resilience and community development at the 34th Commonwealth Prevention Alliance Conference and later attended the 2023 HIDTA Prevention Summit centered on youth substance use prevention.

Workshops & Talks

We had the pleasure of speaking with youth and adults across the city, delivering presentations and talks on various topics, including: vaping and marijuana use (143 students), self-esteem for young men (43 students), and the importance of prevention at the School District of Philadelphia Job Fair (50 adults) and South Philadelphia High School Staff In-Service Day (50 adults).



One Circle Project: Reaching Philly's Youth, One Group at a Time

One Circle groups each comprised 5-15 youth participating in either Girls Circles or the Council for Boys & Young Men groups held at local schools and community centers. Under mentorship of circle facilitators, the young people engaged in evidence-based, trauma-informed group sessions on a weekly basis, which provided a safe space for creative and discussion-based activities with peers. As evidenced by youth's improved respect for and collaboration with peers, decreased resistance and verbal aggression, and self-reported desires to no engage in substance abuse, One Circle groups empowered youth to develop the decision-making skills and life skills needed for their health and holistic development. The One Circle Project served 135 youth across 5 zip codes in North and West Philadelphia and has received requests from all participating entities to return for the upcoming year.



Holistic Prevention Works

Take it from our beneficiaries.



Strengthening Families

"Thank you for taking all of the time to work with us on this. It was a great program and certainly gave us some great tips and tricks."

- **A.Z., parent**, on the benefits of completing the Philly Families Thrive programming

Empowering Our Youth

Parents of Safe Haven @ Thomas Elementary students say that their children express themselves more confidently and identify their passions. Teachers also attribute an increase in students' excitement for learning to SHOST's emphasis on engaging activities that allow students to explore areas beyond core school subjects alongside diverse peers.

Great Things to Come

With "bigger and greater things" always at the core of ADAC's vision for our Philadelphia community, we are looking ahead to another impactful year, expanding our YATES, HTTBU, and One Circle initiatives, bringing them to more youth and families. We will also broaden our network of community partnerships to serve 11 schools (PYMPC), initiate a Facebook parent group and enact monthly parenting workshops and newsletters for continued development (PFT), and host our coalition's first Career Day Experience with a new local partner in Spring 2025, with PUC being fully established.



Anti-Drug & Alcohol Crusaders, Inc.

"Little People Doing Bigger & Greater Things in the Community!"

Chantae Brabham, Executive Director

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ADAC extends sincere thanks to our dedicated staff and numerous partners, including community-based organizations, schools, churches, youth groups, and other community stakeholders, whose collaboration enables us to provide quality, holistic services to Philadelphia youth and families.

ADAC Youth & Family Services' programs and services are made possible through funding from local corporations, the City of Philadelphia, the Commonwealth of Pennsylvania, and the United States Federal Government.

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