



it's good to have a plan  
**BE REMEMBERED**



**MISSISSIPPI VALLEY**  
— CREMATION & DIRECT BURIAL —



## how do you want to be remembered?

Make it easier for your loved ones by noting your wishes of how you would like your life to be honored and celebrated. Here, we've provided questions to consider when planning your after-life journey. Print and share this worksheet with your loved ones.

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# interment

## describe your disposition.

Share what you'd like to have  
happen with your body after  
you pass.



## INTERMENT OPTIONS

☐ Cremation: Ashes kept, interred in, scattered - where?

☐ Cemetery Burial: Have/Don't have plot

☐ Cemetery Entombment: Have/Don't have mausoleum crypt

☐ Donation to Medial Science

☐ Other: Describe





# funeral services

## how do you want to be memorialized?

Use this section to share how you want to be memorialized, including funerals, direct burial or cremation and services.



# FUNERAL SERVICE OPTIONS

## ☐ **Interment Only**

Also known as 'direct cremation' or 'direct burial', these non-commemorative funerals are when the deceased is cremated, buried, or donated to medical science without any formal funeral ceremonies.

## ☐ **Traditional Funeral, Including:**

One or more 'visitations' where the mourners gather, with the body present in an open or closed casket, to express condolences. A visitation or viewing could be private (immediate family) or public (family and friends). A cremation could follow this type of service option.

## ☐ **Memorial Service**

Memorial services commemorate the life of the deceased without the body present. They are usually held following burial or cremation, or if the body has not been recovered (e.g. lost at sea).

## ☐ **Graveside Service**

These are commemorative services held at the cemetery, either in a chapel or beside the grave, immediately prior to burial.





# celebrations

## how do you want to be celebrated?

Eulogies, obituaries and celebrations of  
life - share how you want to be celebrated. ...



## CELEBRATION OPTIONS

**I want to have a celebration of life, wake or party instead of a funeral**

☐ Yes      ☐ No

**I know where I want to have my funeral or memorial event**

☐ Yes      ☐ No

**Where?**

**I know who I would want to deliver the eulogy**

☐ Yes      ☐ No

**Ask him/her**

**Do you want to write your own obituary?**

☐ Yes      ☐ No

**If not, who?**

**I want to choose the music at my funeral**

☐ Yes      ☐ No

**List**



## CELEBRATION OPTIONS CONTINUED

**I want people to wear whatever they want to my funeral or memorial event**

☐ Yes      ☐ No

**List**

**I want my funeral or memorial event to serve my favorite foods and drinks**

☐ Yes      ☐ No

**List**

**I want my favorite flowers at my funeral or memorial event**

☐ Yes      ☐ No

**List**

**I want to identify a charity “in lieu of flowers”**

☐ Yes      ☐ No

**List**

**I have an idea about what readings I may want at my funeral or memorial**

☐ Yes      ☐ No

**List**

## CELEBRATION OPTIONS CONTINUED

**I have special needs for my ceremony. Military? Religious?**

☐ Yes      ☐ No

**List**

**There are traditions, rituals, or ceremonies that resonate with me for my funeral or memorial event**

☐ Yes      ☐ No

**List**

**I know who I'd want to invite to my funeral or memorial event**

☐ Yes      ☐ No

**List**

**I don't care at all about what my funeral will be like**

☐ Yes      ☐ No





# digital

## do you want a digital death?

Share what you want to happen to  
your digital accounts

## DIGITAL OPTIONS

**I want to give my family access to my email accounts when I'm gone**

☐ Yes      ☐ No

**When I am gone, I would want my Facebook profile to be deleted**

☐ Yes      ☐ No

**I would want my Facebook page turned into a digital memorial**

☐ Yes      ☐ No

**After I am gone, I want my LinkedIn profile to be deleted**

☐ Yes      ☐ No

**After I'm gone, I want my Twitter profile to be deleted**

☐ Yes      ☐ No

**After I'm gone, I want my Instagram account to be deleted**

☐ Yes      ☐ No

**After I'm gone, I want my Google account to be deleted**

☐ Yes      ☐ No

**Any other social accounts or profiles to consider?**

**List**





## great job.

You did it - congratulations!  
When the time comes, you and your family will be ready. Store this document somewhere safe - either in digital form or printed out - and don't forget to share with your loved ones.

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