

---

**FOUNDATIONS: BUILDING A LIFE OF  
FAITH AND IMPACT! PRAYER:2**

---

I. What is prayer?

- Prayer is \_\_\_\_\_ with God! (Prov 15:8)

II. What is the origin of prayer?

- The \_\_\_\_\_ of Eden. (Gen 3)

III. Why should I pray in 2026?

- A. Prayer keeps us \_\_\_\_\_ to God and strong in God! (Ps 18:1-3)
- B. Prayer gives us power to overcome sin and \_\_\_\_\_ our enemies! (Eph 6:10; 18; 2 Cor 10:3-4)
- C. Prayer produces \_\_\_\_\_! (Rom 12:18; Rom 5:1; Phil 4:6-7)
- D. Prayer aids the \_\_\_\_\_ of God! (Matt 9:35-38)

IV. When should I pray?

- A. Pray during the \_\_\_\_\_ hours! (Mk 1:35; Ps 63:1)
- B. Pray at \_\_\_\_\_! (Lk 6:12)
- C. Pray when you're \_\_\_\_\_ and stressed! (Lk 5:15,16)
- D. Pray before making \_\_\_\_\_!  
(Lk 6:12,13; Prov 3:5-6)
- E. Pray \_\_\_\_\_! (Col 1:9-14)

V. What hinders my prayer?

- A. Unconfessed \_\_\_\_\_! (Isa 59:1,2)
- B. \_\_\_\_\_! (Jm 1:5-7)
- C. Lack of \_\_\_\_\_ and passion! (Jm 5:16; Heb 4:16)
- D. Selfish \_\_\_\_\_! (Matt 6:5; Jm 4:3; 1 Jn 5:14)

VI. How should I pray?

- A. Choose your prayer \_\_\_\_\_ (Lk 5:15-16; Matt 6:6; Gen 19:27)
- B. Choose the best \_\_\_\_\_ to meet with God and pray! (Ps 55:17; 22)
- C. Get \_\_\_\_\_: be quiet in God's! (Ps 4:3-4)
- D. \_\_\_\_\_ your expectations to God!

VII. What are the results of prayer?

- A. \_\_\_\_\_: God promises to \_\_\_\_\_ and our prayers! (Prov 15:29; Matt 7:7-11; Jer 33:3)
- B. \_\_\_\_\_: God promises to \_\_\_\_\_ blessings through our prayer!  
(Jm 5:16)

## LESSON APPLICATION QUESTIONS

1. Who is praying in John 17?
2. What are we commanded to do in Luke 18:1?
3. Should we pray for lost souls to be saved (Romans 10:1)?
4. Does God hear and respond to the prayers of the wicked (Proverbs 15:29)?
5. Who helps us as we pray (Romans 8:26,27)?