

## St. William's Catholic Primary School Relationships and Sex Education: 'A Journey In Love' Content Summary



Primar	Theme	Social and Emotional	Physical	Spiritual Spiritual
Years	The wonder of being special and unique  Aim: To explore the wonder of being special and unique. Children begin to know and understand that they are part of the wonder of God's love and creation.  Key words: God, wonder, love, hands, fingers,	To recognise being a special person in my family.	To recognise that we are all different and unique.	To celebrate the joy of being a special person in God's family.
Early	nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried, Baptism			
Year I	We meet God's love in our family  Aim: To focus on families and specially growing up in a loving, secure and stable home.  Key wards: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.	To recognise signs that I am loved in my family.	To recognise how I am cared for and kept safe in my family.	To celebrate ways that God loves and cares for us.
Year 2	We meet God's love in the community  Aim: To describe how we are growing and developing in diverse communities that are Godgiven.  Key wards: community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer,	To recognise the joy and friendship of belonging to a diverse community.	To describe ways of being safe in communities.	To celebrate ways of meeting God in our communities.

	guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.			
Year 3	How we live in love  Aim: To describe and give reasons for how we grow in love in caring and happy friends where we are secure and safe.  Key wards: community, God-given, belanging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.	To describe and give reasons how friendships make us feel happy and safe.	To describe and give reasons why friendships can break down, how they can be repaired ad strengthened.	To celebrate the joy and happiness of living in friendship with God and others.
Year 4	God love us in our differences  Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.  Key wards: God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity.	To describe how we all should be accepted and respected.	To describe how we should treat others making links with the diverse modern society we live in.	To celebrate the uniqueness and innate beauty of each of us.
Year 5	God loves us in our changing and developing  Aim: To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.	To show knowledge and understanding of emotional relationship changes as we grow and develop.	To show knowledge and understanding of the physical changes in puberty.	To celebrate the joy of growing physically and spiritually.

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	Key words: God, sensitivity, puberty, presence,			
	celebrate, external, internal, change, develop,			
	ovulation, biological, respect, reproduction,			
	menstrual cycle, hormones, pituitary gland,			
	uterus, fertilised ovum, fallopian tube,			
	nagina, nulna, cernix, momb, period			
	The wander of God's love in creating	To develop a secure	To explain how human life is	To show an understanding
	new life	understanding that stable and	conceived.	of how being made in the
	The wage	caring relationships, which		image and likeness of God
		may be of different types, are		informs decisions and
	Aim: To develop a secure understanding of	at the heart of happy families.		actions when building
9	what stable, caring relationships are and the			relationships with others,
ā	different kinds there may be.			including life-long
Ž	Focusing on Catholic teaching, children will			relationships.
	also know and understand about the			
	conception of a child within marriage.			
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	Key wards: God, Christian, appropriate, dignity,			
	sexuality, intercourse, fallopian, conceive,			
	relationship, uterus, cervix, fiancé, fiancée			
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