



St William's Catholic Primary School

PSHE Curriculum: SCARF Lesson Plan Titles & Half-termly Units



	Autumn		Spring		Summer	
	Me and My Relationships	Valuing Differences	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
Nursery	<p>Marvellous me</p> <p>I'm special</p> <p>People who are special to me</p>	<p>Me and my friends</p> <p>Friends and family</p> <p>Including everyone</p>	<p>People who help me and keep me safe</p> <p>Safety indoors and outdoors</p> <p>What's safe to go into my body</p>	<p>Looking after myself</p> <p>Looking after others</p> <p>Looking after my environment</p>	<p>What does my body need?</p> <p>I can keep trying</p> <p>I can do it!</p>	<p>Growing and changing in nature</p> <p>When I was a baby</p>
Reception	<p>All about me</p> <p>What makes me special</p> <p>Me and my special people</p> <p>Who can help me?</p> <p>My feelings</p> <p>My feelings (2)</p>	<p>I'm special, you're special</p> <p>Same and different</p> <p>Same and different families</p> <p>Same and different homes</p> <p>I am caring</p> <p>I am a friend</p>	<p>What's safe to go onto my body</p> <p>Keeping Myself Safe -</p> <p>What's safe to go into my body (including medicines)</p> <p>Safe indoors and outdoors</p> <p>Listening to my feelings</p> <p>Keeping safe online</p> <p>People who help to keep me safe</p>	<p>Looking after my special people</p> <p>Looking after my friends</p> <p>Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Looking after money (1): recognising, spending, using</p> <p>Looking after money (2): saving money and keeping it safe</p>	<p>Bouncing back when things go wrong</p> <p>Yes, I can!</p> <p>Healthy eating</p> <p>My healthy mind</p> <p>Move your body</p> <p>A good night's sleep</p>	<p>Seasons</p> <p>Life stages - plants, animals, humans</p> <p>Life Stages: Human life stage - who will I be?</p>

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Year 1	<p>Why we have classroom rules</p> <p>How are you listening?</p> <p>Thinking about feelings</p> <p>Our feelings</p> <p>Feelings and bodies</p> <p>Good friends</p>	<p>Same or different?</p> <p>Unkind, tease or bully?</p> <p>Harold's school rules</p> <p>It's not fair!</p> <p>Who are our special people?</p> <p>Our special people balloons.</p>	<p>Super sleep</p> <p>Who can help? (1)</p> <p>Good or bad touches?</p> <p>Sharing pictures</p> <p>What could Harold do?</p> <p>Harold loses Geoffrey</p>	<p>Harold has a bad day</p> <p>Around and about the school</p> <p>Taking care of something</p> <p>Harold's money</p> <p>How should we look after our money?</p>	<p>I can eat a rainbow</p> <p>Eat well</p> <p>Harold's wash and brush up</p> <p>Catch it! Bin it! Kill it!</p> <p>Harold learns to ride his bike</p> <p>Pass on the praise!</p>	<p>Healthy me</p> <p>Then and now</p> <p>Taking care of a baby</p> <p>Who can help? (2)</p> <p>Surprises and secrets</p> <p>Keeping privates private</p>
Year 2	<p>Our ideal classroom (1)</p> <p>How are you feeling today?</p> <p>Let's all be happy!</p> <p>Being a good friend</p> <p>Types of bullying</p> <p>Don't do that!</p>	<p>What makes us who we are?</p> <p>My special people</p> <p>How do we make others feel?</p> <p>When someone is feeling left out</p> <p>An act of kindness</p> <p>Solve the problem</p>	<p>Harold's picnic</p> <p>How safe would you feel?</p> <p>What should Harold say?</p> <p>I don't like that!</p> <p>Fun or not?</p> <p>Should I tell?</p>	<p>Getting on with others</p> <p>When I feel like erupting</p> <p>Feeling safe</p> <p>Playing games</p> <p>Harold saves for something special</p> <p>How can we look after our environment?</p>	<p>You can do it!</p> <p>My day</p> <p>Harold's postcard - helping us to keep clean and healthy</p> <p>Harold's bathroom</p> <p>What does my body do?</p>	<p>A helping hand</p> <p>Sam moves away</p> <p>Haven't you grown!</p> <p>Respecting privacy</p> <p>Some secrets should never be kept</p>
Year 3	<p>As a rule</p> <p>Looking after our special people</p> <p>How can we solve this problem?</p> <p>Friends are special</p> <p>Thunks</p>	<p>Respect and challenge</p> <p>Family and friends</p> <p>My community</p> <p>Our friends and neighbours</p>	<p>Safe or unsafe?</p> <p>Danger or risk?</p> <p>The Risk robot</p> <p>Super Searcher</p> <p>Help or harm?</p> <p>Alcohol and cigarettes: the facts</p>	<p>Helping each other to stay safe</p> <p>Recount task</p> <p>Our helpful volunteers</p> <p>Can Harold afford it?</p> <p>Earning money</p>	<p>Derek cooks dinner! (healthy eating)</p> <p>Poorly Harold</p> <p>Body team work</p> <p>For or against?</p> <p>I am fantastic!</p> <p>Top talents</p>	<p>Relationship tree</p> <p>Body space</p> <p>None of your business!</p> <p>Secret or surprise?</p>

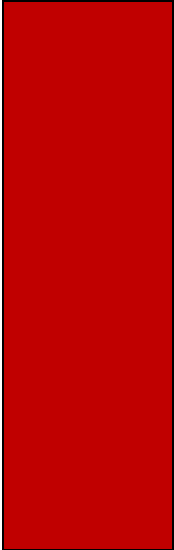
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	Dan's dare	Let's celebrate our differences Zeb		Harold's environment project		
Year 4	Human machines Ok or not ok? (part 1) Ok or not ok? (part 2) An email from Harold! Different feelings Under pressure	Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands	Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin challenge (2) Picture wise Medicines: check the label	Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Why pay taxes?	What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1)	Moving house My feelings are all over the place! Secret or surprise?
Year 5	Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Our emotional needs Being assertive	Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes	Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it?	What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver!	It all adds up! Different skills My school community (2) Independence and responsibility Star qualities?	How are they feeling? Taking notice of our feelings Dear Ash Help! I'm a teenager - get me out of here!
Year 6	Working together	OK to be different	Think before you click! To share or not to share?	Two sides to every story Fakebook friends	This will be your life! Our recommendations	I look great! Media manipulation

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	Let's negotiate (OPTIONAL) Solve the friendship problem Behave yourself Assertiveness skills (formerly Behave yourself - 2) Acting appropriately	We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes	Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal?	What's it worth? Happy shoppers - caring for the environment Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made	What's the risk? (1) What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	Pressure online Helpful or unhelpful? Managing change,
Basic First Aid.	<p>First Aid is covered across a week in which all year groups, including those in the Early Years receive basic first aid training from an outside provided. First Aid Champions resources are used from the British Red Cross website to support teaching and learning.</p> <p>Learning objectives of the first aid champions programme:</p> <p>Discuss the concept of first aid and helping others.</p> <p>Learn and practise how to keep safe when helping others.</p> <p>Understand what first aid is and why it is important.</p> <p>Explain some situations where someone might need to do first aid.</p> <p>First aid skills:</p> <p>How to help someone who is having an asthma attack.</p>					

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How to help someone who is bleeding a lot.

How to help someone who might have broken a bone.

How to help someone who has a burn.

How to help someone who is choking.

How to help someone who has a head injury.

How to help someone who won't wake up and is breathing. (Recovery Position)

How to help someone who won't wake up and is not breathing (CPR)

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