

# A Journey in Love



Year 6

## Parent's Booklet

*We praise and thank you, Lord, for gifts of life and love.  
Help us to use these wisely as we continue to journey in love.*

## *What is it?*

RSHE (Relationships Sex and Health Education) developmental programme from Reception to Year 6. The authors have collaborated with teachers and advisors over several years to produce this programme for primary schools on sex and relationship education. It is intended that it will support teachers and parents in Catholic schools to enable the holistic growth of children.

- EYFS - The wonder of being special and unique
- YEAR ONE - We meet God's love in our family
- YEAR TWO - We meet God's love in the community
- YEAR THREE - How we live in love
- YEAR FOUR - God loves us in our differences
- YEAR FIVE - God loves me in my changing and development
- YEAR SIX - The wonder of God's love in creating new life

*When will my child complete their "A Journey in Love" work each year?*

- At key points throughout the academic year. (The long-term plan for PSHE and RSHE clearly shows when each element should be taught in each year group and is available on the school website).

*What will each lesson look like?*

- Each lesson will focus heavily on discussion with key questions to consider. Children will discuss and share their ideas. The class teacher will lead the session and ensure any misconceptions are addressed. As the Catholic ethos underpins the learning, each session ends with a reflection and prayer.

*How is the holistic programme structured?*

Each year the same structure will take place:  
Social & Emotional - Physical - Spiritual

## Year Six

### “The Wonder of God’s love in creating new life”

<p><b>Aim:</b></p> <p>To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.</p>	<p><b>Keywords:</b></p> <p>God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée</p>	<p><b>Skills:</b></p> <p>Categorising, observing, classifying, listening, questioning, speaking, relating, respecting, reflecting, thinking, thinking, identifying, accepting, empathising, understanding, communicating, presenting, evaluating, researching</p>
<p><b>Social and Emotional focus:</b></p>	<p>Children will develop a secure understanding that stable and caring relationships, which may be different types, are at the heart of happy families. We will focus on St Paul’s teaching on love and will consider: What does it mean to be patient, kind &amp; never jealous? What does it mean not to be boastful, conceited, and to never seek advantage?</p> <p>What does it mean to not take offence, store up grievances or rejoice at wrongdoing? Explain what it means that love finds its joy in the truth, is always ready to make allowances, endure whatever comes &amp; never comes to an end?</p>	
<p><b>Physical Focus:</b></p>	<p>Children will be able to explain how human life is conceived. They will consider: what are the key building blocks of a loving relationship? How does conception take place?</p>	
<p><b>Spiritual Focus:</b></p>	<p>Children will show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p> <p>What are the characteristics of positive respectful relationships? (Including different ways, we made friends such as social media platforms) When building relationships on-line, how can we recognise risks, such as inappropriate images, language and behaviour, and to who and how we report these?</p> <p>What sorts of boundaries are appropriate in friendships with peers and others, including in a digital context? How can we ensure that we are contributing to the wellbeing of others &amp; are taking steps to avoid seeing negatives; how would this impact on building positive relationships? How can we discover the presence of God in family &amp; friends?</p>	

### *A Reflection*

*For each of us, life is like a journey.*

*Birth is the beginning of this journey,*

*And death is not the end; but the destination*

*It is a journey that takes us*

*from youth to age,*

*from innocence to awareness,*

*from ignorance to knowledge, from foolishness to wisdom*

*from weakness to strength and often back again,*

*from offence to forgiveness, from pain to compassion,*

*from fear to faith*

*from defeat to victory and from victory to defeat,*

*Until, looking backward or ahead,*

*we see that victory does not lie at some high point along the way,*

*but in having made the journey, stage by stage.*

*Adapted from an old Hebrew Prayer*