

A Journey in Love



Year 4

Parent's Booklet

We praise and thank you, Lord, for gifts of life and love.
Help us to use these wisely as we continue to journey in love.

What is it?

RSHE (Relationships Sex and Health Education) developmental programme from Reception to Year 6. The authors have collaborated with teachers and advisors over several years to produce this programme for primary schools on sex and relationship education. It is intended that it will support teachers and parents in Catholic schools to enable the holistic growth of children.

- EYFS - The wonder of being special and unique
- YEAR ONE - We meet God's love in our family
- YEAR TWO - We meet God's love in the community
- YEAR THREE - How we live in love
- YEAR FOUR - God loves us in our differences
- YEAR FIVE - God loves me in my changing and development
- YEAR SIX - The wonder of God's love in creating new life

When will my child complete their "A Journey in Love" work each year?

- At key points throughout the academic year. (The long-term plan for PSHE and RSHE clearly shows when each element should be taught in each year group and is available on the school website).

What will each lesson look like?

- Each lesson will focus heavily on discussion with key questions to consider. Children will discuss and share their ideas. The class teacher will lead the session and ensure any misconceptions are addressed. As the Catholic ethos underpins the learning, each session ends with a reflection and prayer.

How is the holistic programme structured?

Each year the same structure will take place:

Social & Emotional - Physical - Spiritual

Year Four
"God loves us in our differences"

| | | |
|---|--|---|
| <p>Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us all as we are now and as we change.</p> | <p>Keywords: God, gifts, talents difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity.</p> | <p>Skills: Respecting, encouraging, recognising, appreciating, celebrating, relating.</p> |
| <p>Social and Emotional focus:</p> | <p>Children will describe how we all should be accepted and respected. They will explore how as we grow up we can find ways to contribute to society and make the world a better place to live. That this could include speaking out about things that are unjust, locally, nationally and globally.</p> | |
| <p>Physical Focus:</p> | <p>Children will describe how we should treat others making links with diverse modern society. Pope Francis often reminds us of the Golden Rule: "Treat others as you would like them to treat you". In the world that we live in every person is different and unique and we should celebrate these differences. We recognise and respect that there are different types of family structures and families of all types can be characterised by love, security and stability.</p> | |
| <p>Spiritual Focus:</p> | <p>Children will celebrate the uniqueness and innate beauty of each of us. By considering: What makes you unique? What are your special qualities, gifts and talents? What attributes do others recognise in you? Why are being honest, truthful and having integrity positive attributes? How can gifts be used for the Common Good? What is it that we can do for each other to support each other's mental health and wellbeing, recognising the importance of expressing feelings.</p> | |

A Reflection

For each of us, life is like a journey.

Birth is the beginning of this journey,

And death is not the end; but the destination

It is a journey that takes us

from youth to age,

from innocence to awareness,

from ignorance to knowledge, from foolishness to wisdom

from weakness to strength and often back again,

from offence to forgiveness, from pain to compassion,

from fear to faith

from defeat to victory and from victory to defeat,

Until, looking backward or ahead,

we see that victory does not lie at some high point along the way,

but in having made the journey, stage by stage.

Adapted from an old Hebrew Prayer