

A Journey in Love



Year 2

Parent's Booklet

What is it?

RSHE (Relationships Sex and Health Education) developmental programme from Reception to Year 6. The authors have collaborated with teachers and advisors over several years to produce this programme for primary schools on sex and relationship education. It is intended that it will support teachers and parents in Catholic schools to enable the holistic growth of children.

- RECEPTION - The wonder of being special and unique
- YEAR ONE - We meet God's love in our family
- YEAR TWO - We meet God's love in the community
- YEAR THREE - How we live in love
- YEAR FOUR - God loves us in our differences
- YEAR FIVE - God loves me in my changing and development
- YEAR SIX - The wonder of God's love in creating new life

When will my child complete their "A Journey in Love" work each year?

At key points throughout the academic year. (The long-term plan for PSHE and RSHE clearly shows when each element should be taught in each year group and is available on the school website).

What will each lesson look like?

Each lesson will focus heavily on discussion with key questions to consider. Children will discuss and share their ideas. The class teacher will lead the session and ensure any misconceptions are addressed. As the Catholic ethos underpins the learning, each session ends with a reflection and prayer.

How is the holistic programme structured?

Each year the same structure will take place:
Social & Emotional - Physical - Spiritual

Year Two
"We meet God's love in the community"

Aim: To describe how we are growing and developing in diverse communities that are God-given	Keywords: Community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.	Skills: Listening, observing, relating, speaking, respecting, praying, reflecting, understanding, describing, recognising, informing, forgiving.
Social and Emotional focus:	Children will explore the joy and friendship of belonging to a diverse community, through questions such as: How would you describe a community? How do individuals enrich our communities? How do we learn from each other and show an understanding of the different roles and responsibilities people have in their communities? What do you bring to the communities you belong to?	
Physical Focus:	Children will explore: What makes us feel safe in our families, in our friendships and in our wider communities? In what ways might you feel unsafe, and when is it not right to keep a secret? Who would you go to if you were worried or felt unsafe? What would you do if you were worried about another person whom you considered being unsafe? Do you know how to ask for help and the appropriate people to talk to? How can we use the internet and digital devices safely at home? Is all information that we see online true? Who can we talk to, to check if what we are seeing is true? What are the things that are harming our world and how can we try to stop them?	
Spiritual Focus:	Children will celebrate ways of meeting God in our communities. How do we, as a community, reach out to others in their time of need? How do we show respect, love, care for all God has created and strive to keep each other safe?	

A Reflection

For each of us, life is like a journey.

Birth is the beginning of this journey,

And death is not the end; but the destination

It is a journey that takes us

from youth to age,

from innocence to awareness,

from ignorance to knowledge, from foolishness to wisdom

from weakness to strength and often back again,

from offence to forgiveness, from pain to compassion,

from fear to faith

from defeat to victory and from victory to defeat,

Until, looking backward or ahead,

we see that victory does not lie at some high point along the way,

but in having made the journey, stage by stage.

Adapted from an old Hebrew Prayer