

A Journey in Love



Early Years Parent's Booklet

*We praise and thank you, Lord, for gifts of life and love.
Help us to use these wisely as we continue to journey in love.*

A Journey in Love

What is it?

RSHE (Relationships Sex and Health Education) developmental programme from Reception to Year 6. The authors have collaborated with teachers and advisors over several years to produce this programme for primary schools on sex and relationship education. It is intended that it will support teachers and parents in Catholic schools to enable the holistic growth of children.

- RECEPTION - The wonder of being special and unique
- YEAR ONE - We meet God's love in our family
- YEAR TWO - We meet God's love in the community
- YEAR THREE - How we live in love
- YEAR FOUR - God loves us in our differences
- YEAR FIVE - God loves me in my changing and development
- YEAR SIX - The wonder of God's love in creating new life

When will my child complete their "A Journey in Love" work each year?

- At key points throughout the academic year. (The long-term plan for PSHE and RSHE clearly shows when each element should be taught in each year group and is available on the school website).

What will each lesson look like?

- Each lesson will focus heavily on discussion with key questions to consider. Children will discuss and share their ideas. The class teacher will lead the session and ensure any misconceptions are addressed. As the Catholic ethos underpins the learning, each session ends with a reflection and prayer.

How is the holistic programme structured?

Each year the same structure will take place:

Social & Emotional - Physical - Spiritual

<p>Early Years</p> <p>"The wonder of being special and unique"</p>		
<p>Objective: Children will explore the wonder of being special and unique</p>	<p>Keywords: God, Wonder, Love, Hands, Fingers, Nails, Faces, Noses, Lips, Ears, Hair, Features, Colour, Shape, Size Unique, Different, Special, Eyes, Hair, Boy, Girl, Hands, Fingers, Name, Family, Love, Womb, Describe, friends generous, worried Baptism</p>	<p>Skills: Listening Observing Praying Relating Understanding Speaking Reflecting Respecting</p>
<p>Social and Emotional focus:</p>	<p>Children will reflect upon: Why are you special to your family? How do you know that you are special? What do you love and enjoy about belonging to your family? Who would you go to if you felt worried or needed help? How does God show love to you and your family?</p>	
<p>Physical Focus:</p>	<p>Children will explore: Look at me - How am I different to you? Look at you - How are you different to me? What it is that makes us all different? Why has God made us all different and special to Him? How can we be friendly to others, make and keep friends, showing care and being generous when we are together?</p>	
<p>Spiritual Focus:</p>	<p>Children will consider: How do we "celebrate" with each other? What can we remember about happy celebrations in our families? What church celebrations do we enjoy? What celebrations do we enjoy and look forward to? How can we celebrate being a special part of God's family?</p>	

A Reflection

For each of us, life is like a journey.

Birth is the beginning of this journey,

And death is not the end; but the destination

It is a journey that takes us

from youth to age,

from innocence to awareness,

from ignorance to knowledge, from foolishness to wisdom

from weakness to strength and often back again,

from offence to forgiveness, from pain to compassion,

from fear to faith

from defeat to victory and from victory to defeat,

Until, looking backward or ahead,

we see that victory does not lie at some high point along the way,

but in having made the journey, stage by stage.

Adapted from an old Hebrew Prayer