



Worship that Reflects Jesus

GROUP DISCUSSION GUIDE

Discussion

1. Think about a meaningful meal or family tradition that has shaped you. What made that gathering more than just eating together?

2. What resonated with you from Sunday's worship?

Read 1 Corinthians 11:17-22.

3. Paul says the Corinthians' gatherings were doing "more harm than good." Their worship reflected the values of their culture rather than the character of Christ. What attitudes or behaviors were causing this problem, and what can churches today learn from Paul's correction?

4. In Corinth, believers gathered in homes where wealthy hosts often ate first in the best room while poorer believers arrived later to little or nothing. How does this historical background help us understand why Paul says, "It is not the Lord's Supper you eat"? What does it teach us about worship and Christian community?

Read 1 Corinthians 11:23-28.

5. Paul reminds the church that he "received from the Lord" the practice of Communion. What does the bread and the cup help us remember about Jesus, and why is Communion more than simply recalling a past event?

6. Verse 26 says that whenever we eat the bread and drink the cup, we proclaim the Lord's death "until he comes." How does Communion invite us to look backward to the cross, experience Christ's grace in the present, and look forward with hope to His return?

7. Before coming to the Lord's Table, Paul encourages believers to examine themselves (v. 28). What does healthy self-examination look like? How is it different from trying to make ourselves worthy of Communion?

8. John Wesley called Communion "food for our souls" and encouraged Christians to receive it as often as possible. How might regularly coming to Christ's Table shape your relationship with Jesus and your relationships with others?

11:23-26

For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes..

Next Steps

- **Love Jesus:** Read ahead for next Sunday - 1 Corinthians 12:12-27; 13:1-13.
- **Connect with Others:** Share a meal with another believer and thank God for the gift of Christian fellowship.
- **Serve the World:** Look for someone who feels overlooked or excluded and intentionally welcome them, reflecting Christ's hospitality.
- **Reach the Lost:** Invite someone to worship with you and experience the grace and hope Christ offers through His Church.

Love Jesus. Connect with Others. Serve the World. Reach the Lost.