

# U19 COED

TOPIC	MODIFIED RULES FOR THE JR. LEGENDS U19 COED DIVISION
LENGTH OF GAME	Two 35-minute quarters with a 5 minute half time.
PLAYERS	<b>7v7</b> ... Six field players and a Goalkeeper for each team. One field player must be female. If NO female field player is available, the team must play a person down.
PLAYERS	<b>7v7</b> ... Six field players and a Goalkeeper for each team.
BALL	Size 5
FOULS	Only on referees discretion
SET PLAYS	Yes, Corner kicks Yes, Goal kicks Yes, Throw-ins Yes, Kick-offs
GOAL KICKS	Being encouraged to play out of the back, goal kicks can be played vertically without encroachment until the second touch.
SPORTSMANSHIP	Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and guests. NO results are being recorded, NO league standings, or win/loss/tie records. Please do NOT relate success of your team to how many games they win.
THROW-INS	Proper form must be used... both feet must stay on the ground, ball is held with both hands, and thrown with a continuous motion starting behind the head. Throw-ins should be taken by the last defender, to keep him/ her involved in the game.
OTHER	<b>NO</b> punting by the goalkeeper <b>NO</b> scores are kept All players play a minimum of <b>50%</b> . Player's time is connected to practice and participation, if a player regularly misses practice, it will affect playtime.  Goal differential: Differentials of 3-4 goals, teams should start getting creative by limit touches, ten passes before shooting, shoot outside of the box only, moving players positions or playing a player or two down to challenge the winning team.  Share players if necessary.
SAFETY	All items of jewelry (necklaces, rings, bracelets, watches, earrings, leather bands, rubber bands, large hair bows etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable.