



MEETING OF THE BOARD OF DIRECTORS

**Thursday, January 23, 2025, 5:00 p.m.
300 Medical Drive, Hampton, VA 23666**

Present: Vice Mayor Steven Brown, Chair; Mrs. Bea Dahlen, Vice-Chair; Mrs. Mary Miller, Treasurer; Mrs. Ann Abdullah, Secretary; Mrs. Ginger Blount-Moore; Sheriff Karen Bowden; Ms. Madonna Flores; Dr. Diane Griffiths; Mr. Ryan Kotrch; Dr. Kristie Norwood; Mrs. Gisele Russell; Dr. Tamara Temoney-Porter; and Mrs. Hui-Shan Walker.

Staff: Dr. Daphne Cunningham; Mrs. Raymona Barnes; Dr. Melanie Bond; Ms. Keisha Carroll; Ms. Joy Cipriano; Mr. Tony Crisp; Mr. Ryan Dudley; Mrs. Lisa Hogge; Mr. Tom Miller; Mrs. Allison O'Brien; Mrs. Rhonda Perry; Mrs. Kimberly Thompson; and Mrs. Jae Hee Jackson.

Absent: Ms. Nakia Ayisumo; Mrs. Mary Stewart

**Members of the
Public and
Other Guest(s):**

None

CALL TO ORDER

Members of the Board, Guests, and Staff were welcomed to the Meeting of the Board of Directors for the Hampton-Newport News Community Services Board (H-NNCSB) by Vice Mayor Steven Brown, Board Chair, who called the meeting to order at 5:02 p.m. on January 23, 2025.

REMARKS OF THE CHAIR

Vice Mayor Brown welcomed the Members of the Board of Directors, advised of the absence of Mrs. Mary Stewart and Ms. Nakia Ayisumo, then gave Dr. Daphne Cunningham the floor.

Dr. Cunningham welcomed everyone to the first meeting in the new year and introduced Ms. Keisha Carroll, Director of Developmental Services and Adult Care Coordination. Ms. Carroll returns to the CSB after holding a management position at DBHDS and has extensive knowledge of behavioral health. Ms. Carroll worked in case management in Youth & Family Services and also the residential program in Developmental Services. Vice Mayor Brown welcomed Ms. Carroll as well and said it's great to return home.

PUBLIC COMMENT

No Public Comments

ACTION ITEMS**A-1.****Board Approval of the December 19, 2024 Board of Directors Meeting Minutes**

Issue: Board approval of the Minutes of the Board of Directors Meeting held on December 19, 2024.

Background: The Board meeting minutes were provided to Members of the Board of Directors for review in the Board packet, pages 31 through 35, distributed on January 16, 2025.

Action: There being no discussion or comments, the Minutes of the Board of Directors Meeting held on December 19, 2024 were approved as presented.

A-2.**Budget, Finance, & Audit Committee Recommendation to Accept FY2026 Budget Planning Assumptions**

Issue: FY2026 Budget Assumptions

Background: At the beginning of each year, Members of the Budget, Finance and Audit Committee review the Proposed Budget Planning Assumptions received from staff for the next fiscal year of the Agency. Staff provided Members of the Committee with the Planning Assumptions and Development Calendar at their meeting on Tuesday, January 21, 2025. Upon review and consensus, Members of the Budget, Finance and Audit Committee will seek Board approval of the FY2026 Proposed Budget Planning Assumptions at the next meeting of Members of the Board of Directors scheduled for Thursday, January 23, 2025.

ACTION: There being no discussion or comments, the Budget, Finance, & Audit Committee recommendation for Board Approval of the FY 2026 Budget Planning Assumptions were approved as presented.

Enclosure: FY2026 Budget Planning Assumptions.

**STANDING BOARD
COMMITTEE REPORTS****Community Relations
And Governmental
Affairs**

Mrs. Bea Dahlen reported that Members of the Community Relations and Governmental Affairs Committee met on Monday, January 13, 2025, at 4:00 p.m. via Zoom virtual meeting.

Dr. Daphne Cunningham, Executive Director, provided updates on Legislative activity. She stated the CSB leadership attended a couple of recent events with legislators. The Open House hosted by Delegate Jeion Ward was attended by Mr. Ryan Dudley, Director of Crisis Services, and Mrs. Lisa Hogge, Director of Youth & Family Services on Saturday, December 28, 2024. It was an opportunity to learn more about the legislative process and have a good discussion with our Delegate, who has been supportive of the CSB for many years. On January 3, 2025, the CSB participated in the Regional Budget Public Hearing for Region 5, with Mr. Dudley & Dr. Cunningham speaking specifically to the changes proposed for Case Management. As discussed at the December Board of Directors meeting, the Department of Medical Assistance Services (DMAS) is proposing a tiered system for Case Management, which the CSB

leadership feels will impact the way CSBs currently provide services.

In addition, Dr. Cunningham attended the swearing-in ceremony of the new Mayor of Hampton, Jimmy Gray, on January 8, 2025. There, the Hampton City Council voted on the Vice-Mayor and it is our Board Chair, Councilman Steven Brown.

Then, Dr. Cunningham mentioned the upcoming trip to Richmond and that the CSB has been gathering information to share with legislators, with a focus on the CSB's priorities. She then stated she will share more later in the meeting about the details of the trip.

Mr. Ryan Dudley provided updates on the continued work on the BJ Roberts Crisis Receiving Center. He stated everyone is excited as the construction portion has been completed and the opening is still projected for Spring 2025. The architect is working on the necessary licenses requiring City approvals. There are planned walkthroughs with Agency staff and later with Board Members, and those will be announced when scheduled.

Regarding Marcus Alert, the Hampton CARE project has been pushed to February 6th for City departments to fine tune items with Sentara. Overnight hours that were added have not seen a huge number of calls, but there were some calls from Newport News CARE so it's been a resource outside their normal operating hours.

Mr. Tony Crisp, Director of Addiction & Recovery Treatment Services (ARTS), provided a status report on the three projects under the Opioid Abatement Authority. The Mobile Unit arrived in November and two host locations are being pursued with official Memorandums of Understanding rather than only verbal agreements. The CSB is working with the vendor for a successful roll-out. A current constraint is that the State of Virginia has not approved mobile opioid treatment, so the CSB is planning a phased-in approach with a satellite license through the Agency's OBOT program. The Doctors and Nurse Practitioners working on the mobile unit will be able to prescribe medications but not dispense them. The CSB will work with pharmacies in both localities so that clients served by the mobile unit will be able to fill their prescriptions. Staffing the mobile unit is an ongoing activity with a possible change to advertise for full-time as well as part-time positions.

Mr. Crisp stated the CSB is also continuing to search for staff for the Hampton City Jail's Medication Assisted Treatment (MAT) program. One applicant was interviewed and offered the position, but they declined the offer and the search has resumed.

When asked if the committee could help in advocating for these various programs, Mr. Crisp stated there are things that could use more marketing push once the formal agreements are in place. In the meantime, a possible idea is to place a banner on the H-NNCSB website stating the mobile unit is coming soon.

Next, Dr. Cunningham provided information on the meetings currently confirmed with legislators on January 22, 2025. At least one of the Legislators on the Behavioral Health Commission will also be contacted for meetings so the CSB can advocate on behalf of specific priorities.

Dr. Griffiths will not be able to travel with the Committee on January 22nd but will be visiting with legislators around crossover day with her students and volunteered to follow up with some of the legislators during her visit. Mrs. Dahlen thanked Dr.

Griffiths for her offer.

Ms. Evelyn Steward of NAMI had audio issues and was unable to provide comment during the meeting. She was asked to provide a written update to the committee.

Mr. Johnnie Mullins representing SAARA of the Peninsula stated the group is still strong in the area and though there weren't many activities since the September Fair, there has been Advocacy Training 101 recently and community fairs. Mr. Mullins updated the committee that Mrs. Fredericka Jones, one of the long-term members of SAARA of the Peninsula, is now the Director of the Recovery Leadership Academy. Regular meetings are still held every third Tuesday of the month. Every Saturday, SAARA of the Peninsula are still at the Four Oaks Day Center for group and individual meetings. Every Wednesday, there is an education class at the Newport News City Jails, which is a 6-week course. In March, SAARA of the Peninsula will hold a Resource Fair in Richmond.

The next meeting will be on Tuesday, February 18, 2025 at 4:00 p.m. There being no further business, Members of the Community Relations and Governmental Affairs Committee adjourned at 4:24 p.m.

After Mrs. Dahlen finished her committee report, Dr. Griffiths asked a follow-up question regarding the current Virginia legislation that does not allow for mobile opioid treatment and Dr. Cunningham noted there is a bill that addresses this (SB841) and has positive support from legislators.

Budget, Finance and Audit

Mrs. Mary Miller, Committee Chair, reported that, as noted earlier in the Action Item, Members of the Budget, Finance and Audit Committee held a virtual meeting via Zoom on Tuesday, January 21, 2025, at 4:00 p.m.

Mrs. Raymona Barnes, Chief Financial Officer, introduced Mrs. Rhonda Perry, Controller, and Ms. Deirdre Watson, Budget & Reporting Manager. Ms. Watson reviewed the agenda then proceeded to present the FY2026 budget planning assumptions. The Committee presented the recommendation to the full Board of Directors earlier in this meeting.

Next, Mrs. Perry provided the following updates for FY25 Financial Statements – Operating Results through November 30, 2024. She also provided Financial Statements for H-NNCSB, Hampton-Newport News Community Services Board Property Company, Inc. (PCI), Share-A-Homes of the Virginia Peninsula (SAH), and the Balance Sheet for Trust for Disabled Persons (TDP).

The finance team continues to work on reducing the Aging, but technical issues persist. The finance team was unable to transmit claims, so November payments were not received until December and January. There was also an increase in grant claims. There is now some flexibility with grant funding that will allow the Agency to utilize funds awarded but unspent. It will temporarily increase the Aging, but is a positive resource for the Agency. Medicaid eligibility delays continue, and the finance team worked with the Department of Human Services to identify points of contact to resolve Medicaid issues quicker.

The cash balance in the operating reserve is stable. The line of credit has not been utilized. The Agency continues to serve as the fiscal agent for several Region V funds

for specific programs and projects.

Health insurance expense for November increased, as anticipated, as staff utilized flexible spending benefits.

Finally, Mrs. Perry provided details on the balance sheets and income statements for H-NNCSB PCI, SAH, and Trust for Disabled Persons (TDP).

There being questions from Committee Members regarding the variance report, Mrs. Barnes explained that the Agency does not historically budget the total amount of deferred revenue since it consists of specialized funding for designated projects such as the Crisis Receiving Center, Permanent Supportive Housing, or Regional Fiscal Agent funds. These funds cannot be used for other Agency expenses or purposes. The Agency's actual budget is based on earned revenue and grant funds for the fiscal year. The State may request some funds be returned, or it's reallocated so the deferred revenue is not included in the YTD actual budget.

There being no additional business, the meeting adjourned at 4:32 p.m.

EXECUTIVE DIRECTOR UPDATE

Vice Mayor Brown thanked the committee members for all their hard work and reminded Board Members that they are able to attend any of the committee meetings and this could provide insight into how other committees function.

Mrs. Dahlen thanked the Agency staff for concise and understandable reports, making the information from the committee meetings accessible by summarizing the topics in ways everyone can understand.

Vice Mayor Brown then stated that Members of the Board received Administrative Division Program Highlights on pages 7 through 30.

Dr. Griffiths asked about the staff turnover in IDDS and asked if there was a problem in that program. Dr. Cunningham stated there has historically been a high turnover in programs that are direct care client service staff. She added that of the total Agency staff, IDDS comprises a large portion so the turnover percentage is actually not as bad as the raw number makes it appear. Dr. Griffiths asked what is being done for staff retention and what does the Agency do to cover the vacancies to which Mrs. Kimberly Thompson, Human Resources Director, responded that the Agency has increased the rate scale, shift differentials, and added benefits, and many of the supervisors take on second positions. Mrs. Gisele Russell also mentioned that there are several homes managed by the CSB. Vice Mayor Brown noted that there are many staff who have been with the CSB for a number of years. Sheriff Karen Bowden noted that in 2024, the staff headcount increased by one, comparing the number of staff who exited the Agency to the number who entered. Vice Mayor Brown mentioned returning employees as well. Mrs. Dahlen added that there are many long-term employees at the CSB, whom are recognized at the Employee Luncheon, so the IDDS turnover is not reflective of the Agency as a whole.

Vice Mayor Brown gave the floor to Dr. Cunningham, who congratulated the Board Chair again on being Vice Mayor of Hampton and continuing in his role as Chair.

Dr. Cunningham updated the Board Members that the January trip to Richmond will be rescheduled as the team could not travel due to inclement weather. The Agency is hopeful meetings can be held at the end of January.

In the red folders were: FY2026 Budget Planning Assumptions, the Sentara Community Cares opening invitation, the DOJ Settlement update, and some news articles concerning the new administration's changes that may impact healthcare. Dr. Cunningham stated there may be opportunities for the CSB staff to work with Sentara at their new center. She then explained the DOJ Settlement and what the changes will mean for the CSB. Essentially, the staff will continue with the case management work they are doing, but will not need to participate in court. There is very little information at this point on actions of the new administrations including the communication pause from Health & Human Services, exiting the World Health Organization, or how Medicaid/Medicare will change or affect the CSB. The Agency's leadership staff will continue to monitor the news and provide updates to the Board Members. It was noted that the Governor of Virginia has been supportive of behavioral health care, so the Agency is hopeful the support will continue.

Mrs. Gisele Russell agreed everyone will need to follow the new administration's actions to determine how they will affect everyone. She provided an example of actions already taken at the Veterans Administration with certain signage. She cautioned against acting too hastily and stated it would be better to wait for more information.

CLOSING

Vice Mayor Brown noted Board Members receive a lot of information in the Board Package that is helpful so he hopes the Members will read, ask questions, and stay vigilant to issues so they can help advocate for the work done by the Agency. Whether Members attend meetings in Richmond, City Council meetings, or other events, to continue advocating for the CSB.

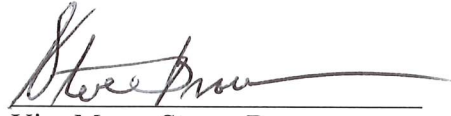
Vice Mayor Brown then celebrated a newly published author in attendance, Mrs. Russell, who penned *Without You*. He stated it was an inspirational book and commended Mrs. Russell on her accomplishment. Mrs. Russell thanked Vice Mayor Brown and also Dr. Baltej Gill for his help as a resource. Both praised the work of the Agency in the community, and Vice Mayor Brown stated he would like to see a larger footprint in the future with more marketing so more people know what the CSB does in the communities.

Vice Mayor Brown thanked the Board Members for taking the time to attend the monthly meetings and hoped they continue to do so.

Mrs. Dahlen added that when you receive service at this CSB, you receive help with a heart; when you receive service elsewhere, you receive service with a bill. Additionally, Mrs. Dahlen said she was pleased to see so many VACSB Board Members in attendance at the VACSB's January Legislative Conference in Richmond. She encouraged other Members to attend future meetings since they provide opportunities to interact with other CSBs and learn what they do well. The networking is very helpful for the H-NNCSB.

ADJOURNMENT

There being no additional business, the Meeting of the Board of Directors for the Hampton-Newport News Community Services Board adjourned at 5:46 p.m.



Vice Mayor Steven Brown
Board Chair



Ms. Ann Abdullah
Secretary

*Submitted by
Jae Hee Jackson*

FY25 Monthly Planner

March 2025

03	10:00	AM	Regional Leadership Team Meeting FY2025
04	11:30	AM	Budget Planning – Admin Review
04	10:00	AM	Hampton Roads Behavioral Health Consortium
10	2:00	PM	Ongoing HIPAA Meeting
11	10:00	AM	VACSB ED Forum
11	7:00	PM	Newport News City Council Meeting
12	10:00	AM	VACSB Board of Directors Meeting
12	3:00	PM	RMHRC/H-NNCSB Monthly Meeting
12	6:30	PM	Hampton City Council Meeting
14	10:00	AM	Hopeful Hampton Steering Committee Meeting
17	12:00	PM	Budget Planning – Program Review
17	4:00	PM	CRGA Committee Meeting
18	9:00	AM	STAC 2.0 Step-VA Phase 3
18	11:30	AM	Executive Leadership Team Meeting
18	12:00	PM	Budget Planning – Program Review
20	10:00	AM	VRI (DBHDS) Meeting
24	9:00	AM	Management Team Meeting
24	11:30	AM	Budget Planning – Program Review
24	4:00	PM	Budget, Finance, and Audit Committee Meeting
25	11:30	AM	Budget Planning – Program Review
25	4:00	PM	Hampton Roads Behavioral Health Consortium
25	7:00	PM	Newport News City Council Meeting
26	6:30	PM	Hampton City Council Meeting
27	2:00	PM	CPMT Meeting
27	5:00	PM	H-NNCSB Board of Directors Meeting
28	10:00	AM	Hopeful Hampton Steering Committee Meeting