



**HAMPTON-NEWPORT NEWS COMMUNITY SERVICES BOARD**  
**SOUTH EASTERN FAMILY PROJECT (SEFP)**  
**PROGRAM INFORMATION**

**Hours of Operation and Location Information:**

**24 hours – 365 days.**  
**Newport News, Virginia**  
**Phone: 757-245-1070**  
**[sefinfo@hnncsb.org](mailto:sefinfo@hnncsb.org)**  
**<https://www.sefp.org/about>**

**What is SEFP?**

SEFP is a licensed residential program for pregnant and recently post-partum woman. The program works with residents to build a stable and healthy lifestyle, provides recovery support services, parent education and counseling, and planning for a post-SEFP life.

**Who can come to SEFP?**

SEFP is open to pregnant and recently post-partum Virginia resident who are at least 18 years of age and has a primary diagnosis of substance use disorder.

**Can I enroll immediately?**

Bed availability fluctuates on a daily basis. Please contact us to discuss availability.

**If you are in need of emergency mental health treatment, please call 911, go to the nearest emergency room or call H-NNCSB's Emergency Services at (757) 788-0011.**

**How much does it cost?**

The program may be covered by your health insurance plan. We can assist with assessing or determining eligibility.

**What are some of the services offered at SEFP?**

- Education on relapse prevention skills
- Substance use disorder and co-occurring mental health education (group and individual)
- Treatment services based upon assessed clinical need
- Gender specific treatment addressing the unique needs of women with substance related disorders
- After care planning, community support, and linkage to needed resources
- Linkage to medication assisted treatment services

**How long can I reside at SEFP?**

The program is designed to serve the residents based on individual need in a person-centered treatment environment, which encourages stabilization.

**For more information about SEFP, please see our agency website at [www.hnncsb.org/sefp](http://www.hnncsb.org/sefp), the program's site. <https://www.sefp.org/> or call or email us.**