

ARTS Case Management Services Fact Sheet

Hours of Operation and Location:

Monday – Friday, 8:30 am – 5:00pm 500 Medical Drive Suite B, Hampton, Virginia 23666 Office: 757-788-0500 Fax: 757-788-0927

Who We Are

Case Management Services support individuals who are impacted by the use of substances to achieve and maintain optimal functioning in the least restrictive, most normative community setting.

Case Management meets the personal, interpersonal, occupational/educational and social needs of adults who are diagnosed with substance use and/or co-occurring disorders (substance use and metal health disorders).

All Case Management services are focused on the individual needs and are carefully crafted to be sensitive to their cultural values and preferences.

Our Services

- <u>Assessment</u> Gathering information to provide a comprehensive picture of a person's strengths, needs, and desires.
- <u>Planning</u> Developing an individualized comprehensive plan with the individual and their "team" to support the individual's path to recovery.
- <u>Implementation</u> Identifying and linking individuals and their family members to services and supports to facilitate the achievement of their specific goals.
- <u>Coordination</u> Maintaining communication with service providers to ensure that all are working consistently toward the same goals.
- <u>Monitoring</u> Gathering specific data on an individual's progress towards their goals and the support and quality of care that is being provided.
- <u>Crisis Intervention</u> Assuring that appropriate supports are in place for the individual in case of immediate need in a crisis situation.



Our Programs:

Men's, specialized support for men with a substance use disorder;

Project Link, specialized assistance to women and children from birth through age 7 who are at risk for/or diagnosed with serious emotional disturbance;

Re-entry, support for individuals diagnosed with opioid use disorders (OUD) involved in the criminal justice system to include recently released or soon to be released incarcerated individuals;

Inner Reflections, substance use treatment services for Men who are incarcerated in the Hampton City Jail.

Women's Services Navigator, supports women with accessing substance use treatment services;

Additionally, our case management unit provides linkage to contractual residential/inpatient medically monitored withdrawal services and to clinically managed residential services.

How much does it cost?

Medicaid insurance covers the cost for Project Link and Men's Substance Use Case Management Services. Additionally, we have grants that may be able to support substance use treatment services including our contracted services for residential and detoxification.

Accessing Our Services:

Please call (757)788-0500: Monday – Friday 8:30 am- 5:00 pm.

Note: If you are in need of emergency substance or mental health treatment, please call 911, or go to the nearest emergency room or call the H-NNCSB's Emergency Services at (757) 788-0011.

If you just need to talk someone, call our Warm-Line at (757) 251-2394 and you will be connected to a Peer Recovery Specialist; who is available 7 days a week from 8:00am – 11:00pm.