

## **ARTS Case Management Services Fact Sheet**

Case Management Services support individuals who are impacted by the use of substances to achieve and maintain optimal functioning in the least restrictive, most normative community setting. Case Management meets the personal, interpersonal, occupational/educational and social needs of adults who are diagnosed with substance use and/or co-occurring disorders (substance use and metal health disorders). All Case Management services are focused on the individual needs and are carefully crafted to be sensitive to their cultural values and preferences.

## **Our Services:**

<u>Assessment</u> Gathering information to provide a comprehensive picture of a person's strengths, needs, and desires.

<u>Planning</u> Developing an individualized comprehensive plan with the individual and their "team" to support the individual's path to recovery.

<u>Implementation</u> Identifying and linking individuals and their family members to services and supports to facilitate the achievement of their specific goals.

<u>Coordination</u> Maintaining communication with service providers to ensure that all are working consistently toward the same goals.

**Monitoring** Gathering specific data on an individual's progress towards their goals and the support and quality of care that is being provided.

<u>Crisis Intervention</u> Assuring that appropriate supports are in place for the individual in case of immediate need in a crisis situation.

## **Our Programs:**



## Women's Services Navigator

supports women with accessing substance use treatment services.



Case Management provides linkage to contractual residential/inpatient medically monitored withdrawal services and to clinically managed residential services.



**Men's Program** specialized support for men with a substance use disorder.



**Project Link** specialized assistance for women with a substance use disorder and their children from birth through age 7 who are at risk for/or diagnosed with serious emotional disturbance.