

POWER BAR

Nutritional & Allergen Information



NUTRITIONAL INFORMATION

HOTKITIONAL INTOKNIATION	
Typical values	per 100g
Energy	1377kJ
	329kcal
Fat	16g
of which saturates	4.7g
Carbohydrate	40g
of which sugars	7.9g
Protein	5.2g
Salt	0.17g

STORAGE INSTRUCTIONS

Once defrosted, use within 14 days.

TRAYBAKES

DESCRIPTION

An energy-packed blend of oats, dates, raisins, nuts and seeds.

INGREDIENTS & ALLERGENS

Dates, Rice Flour, Oats (**Gluten**), Golden Syrup (Invert Sugar Syrup), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: Mono-and Diglycerides Of Fatty Acids, Flavouring, Vitamin A, Vitamin D, Colour: Beta Carotene), Raisins (Raisins, Sunflower Oil), Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin, Raising Agent: Sodium Bicarbonate E500, Calcium Phosphate E431i) Ground Almonds (**Nuts**), Pumpkin Seeds, Sunflower Seeds.

Allergen Advice: For allergens see ingredients in **BOLD.** Also may contain nuts and sulphites.

VERSION 30.09.2025