



CALBOURNE CLASSICS
ESTD 1989

POWER BAR

Nutritional & Allergen Information



TRAYBAKES

DESCRIPTION

An energy-packed blend of oats, dates, raisins, nuts and seeds.

INGREDIENTS & ALLERGENS

Dates (Sayer Dates, Rice Flour), Oats, Golden Syrup (Invert Sugar Syrup), Spread (Vegetable Oil, Water, Salt, Emulsifier: Mono-and Diglycerides Of Fatty Acids, Flavouring, Vitamin A & D, Colour: Beta Carotene), Raisins (Raisins, Sunflower Oil), Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamin, Raising Agent: E500, E431i), Ground Almonds (**Nuts**), Pumpkin Seeds, Sunflower Seeds.

Allergen Advice: For allergens, including cereals containing gluten, see ingredients in **BOLD**. Also may contain sulphites.

NUTRITIONAL INFORMATION

Typical values	per 100g	per 70g serving
Energy	1376.7kJ 329.4kcal	963.7kJ 230.6kcal
Fat	15.8g	11g
of which saturates	4.7g	3.3g
Carbohydrate	40.5g	28.3g
of which sugars	7.9g	5.6g
Fibre	2.8g	2g
Protein	5.2g	3.6g
Salt	0.17g	0.12g

STORAGE INSTRUCTIONS

Once defrosted, use within 14 days.

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