



CALBOURNE CLASSICS
ESTD 1989

PLAIN KEFIR

Nutritional & Allergen Information



BREAKFAST

DESCRIPTION

Pasteurised cow's milk fermented with live kefir cultures.

INGREDIENTS & ALLERGENS

Milk, Kefir Culture.

Allergen Advice: For allergens, see ingredients in **BOLD**.

NUTRITIONAL INFORMATION

Typical values	per 100g	per 250g serving
Energy	265kJ	662.4kJ
	63kcal	157.5kcal
Fat	3.6g	9g
of which saturates	2.3g	5.7g
Carbohydrate	4.4g	11g
of which sugars	4.4g	11g
Fibre	0g	0g
Protein	3.4g	8.5g
Salt	0.10g	0.27g

STORAGE INSTRUCTIONS

Keep refrigerated. Once opened, consume within 3 days.

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