

FLAPJACK

Nutritional & Allergen Information



NUTRITIONAL INFORMATION

Typical values	per 100g	per 100g serving
Energy	1906kJ	1906kJ
	457kcal	457kcal
Fat	20g	20g
of which saturates	9.1g	9.1g
Carbohydrate	56g	56g
of which sugars	26g	26g
Protein	7.7g	7.7g
Salt	0.33g	0.33g

STORAGE INSTRUCTIONS

Once defrosted, use within 14 days.

TRAYBAKES

DESCRIPTION

A buttery, oaty classic.

INGREDIENTS & ALLERGENS

Oats (**Gluten**), Sugar (Sugar, Cane Molasses), Spread (Vegetable Oil, Water, Salt, Emulsifier: Mono-and Diglycerides Of Fatty Acids, Flavouring, Vitamin A, Vitamin D, Colour: Beta Carotene), Butter (**Milk**, Salt), Inverted Sugar Syrup.

Allergen Advice: For allergens, including cereals containing gluten, see ingredients in **BOLD.** Also may contain nuts, peanuts and sesame.

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