

2015 Annual Report



CONSEJO
Counseling and Referral Service



**Transform
Strengthen - Empower**



OUR MISSION

To provide a continuum of behavioral health, substance abuse, and domestic violence services to individuals and families across Washington State to improve the quality of their lives and empower clients to participate in their communities at their highest level of functioning.

Reflecting on the past, preparing for the future!

Dear Friends,

On behalf of the CONSEJO Board of Directors and the Executive Director, we would like to thank the staff, volunteers, funders and donors for their hard work, dedication and support of CONSEJO Counseling and Referral Service's mission to provide culturally competent services to the Latino communities in King and Pierce Counties.

2015 was a year of growth and development at CONSEJO.

- We provided mental health, substance abuse and domestic violence services to 2,115 clients and helped them in their recovery.*
- We secured new grant opportunities to bring co-occurring mental health and substance use disorder treatment to our Pierce County office for the first time.*
- We stabilized funding and laid the ground work for the implementation of Electronic Health Records, which will allow us to provide better integrated clinical care.*

Despite our continued growth and success, we are not sitting back. There is much work to be done. The future holds much promise, but also new challenges. Health Care Reform is here and CONSEJO's entire staff is working diligently to adapt to the new policies and regulations, while still providing the highest quality of care for our clients. The board and leadership are implementing a strategic plan to ensure that CONSEJO will be able to meet the needs of the growing Latino population of Western Washington.

Thank you for your support of CONSEJO and the community that we serve.

Sincerely,



Mario Paredes, MA
Executive Director



Nick Straley
Board President



Domestic Violence Program

Consejo is Washington State's preeminent provider of Domestic Violence advocacy and counseling for Latinos. Our Domestic Violence Program provides quality intervention, prevention and outreach services for both non- and limited English-language proficient Latino survivors of domestic violence, sexual assault, and other crimes. In addition, as part of a holistic approach, Consejo also offers bilingual, linguistically accessible, culturally relevant community education and outreach. This community education strategy results in an increased probability that battered Latinos will also receive meaningful assistance when they turn to informal social networks for support.



In 2015, Consejo's advocates served over 360 survivors and their children. The services provided include the following:

- Access to legal advocacy
- Counseling
- Survivor support groups
- Safety services
- And a wide array of emergency assistance, such as food, clothing, household items, and rental assistance.

By the end of the year, 100% of all of our clients also had a safety plan in place to ensure their personal security in the future and had increased knowledge of available community resource.

Transitional Housing Program



As the leading provider of both behavioral health treatment and domestic violence services for the Latino community in Washington, Consejo operates the only three housing facilities in the state specifically designed to serve the needs of Latino survivors of domestic violence and mental illness. In doing so, we provide the housing necessary for patients to attain stability, receive the treatment, case management, and/or referral services that empower them to take control of their own lives and thus prepare them for successful transition to independent living in their own community.

In 2015, Consejo's Transitional Domestic Violence Housing facilities, Mi Casa and Villa Esperanza, provided housing for 43 women fleeing domestic violence. This number does not include the numerous children that were also housed in the locations. We are proud to note that by the end of the year, 68% were able to move into stable, permanent housing with support from our staff. Additionally, our Mental Health Housing Facility, Las Brisas Del Mar, was able to provide housing and access to treatment for 10 chronically mentally ill patients.



Mental Health Program



At Consejo we strive to ensure our clients are in full control of every aspect of their lives. Since 1978 Consejo has provided culturally competent behavioral health services to the Latino community of Washington. Our Behavioral Health Program assist adult, adolescent, children and families, to identify concerns and problem areas in their lives that need change. We also support the process of exploring the possible changes that will propel wellness and recovery to empower clients to make one change at a time while working in the context of a multi-faceted recovery program.

In 2015 Consejo's clinical team of therapists, case managers, intake specialists, screeners, and psychiatric staff served more clients in than ever before. The annual total of 1,396 individual served in King County was an increase of over 10% from the prior year. In 2015 we also saw a dramatic increase in the number of South King County residents served.

Consejo is aiming to increase our outreach and services to the growing Latino community of South King County. Through an approach of coordinated outreach and integrated services we are hoping to provide care and services to even more residents in the coming year.

Substance Use Disorder Program

Over the last 37 years, Consejo has taken the lead in providing Substance Use Disorder (SUD) outpatient treatment services to both Latino youth and adults living in Pierce and King Counties. Consejo's services are tailored to needs of low-income Latinos that come from immigrant and non-English speaking backgrounds. Consejo's individually tailored treatment services include a comprehensive intake assessment, individual treatment sessions, group therapy sessions, case management, outreach, engagement, and family services



Youth and Family Services Program

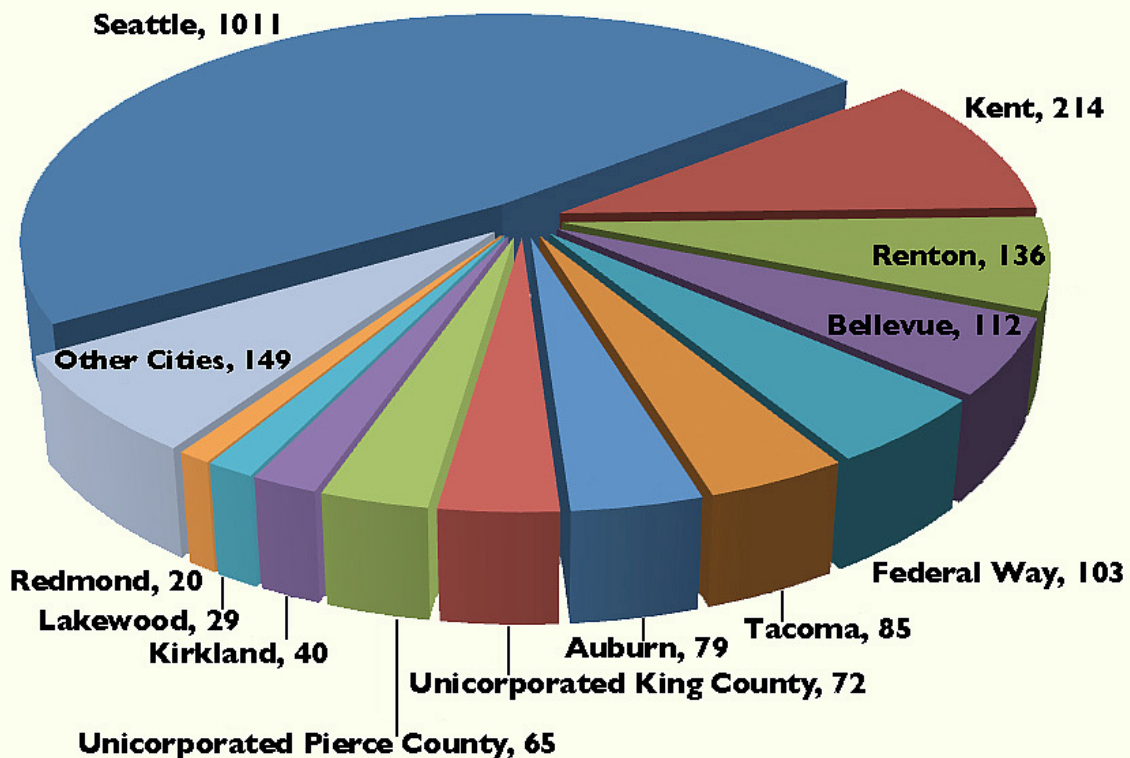


Consejo works closely with high-risk youth and their families to formulate a strategic response and provide constructive alternatives to gang involvement for isolated and disenfranchised Latino youth. Activities include: tutoring, mentoring, field trips, summer camps, academic scholarships, SUD outpatient recovery services, mental health treatment, participation in visual and performing arts as well as opportunities for community service. In 2015 our Youth Violence Prevention Counselors served 59 youths.



2015 SERVICES

Total Clients Served in 2015 = 2,115

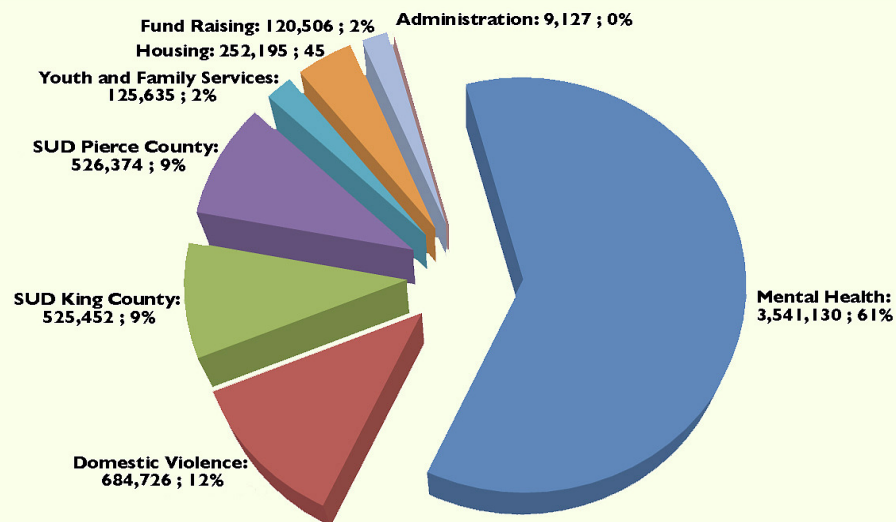


City	Clients	City	Clients	City	Clients	City	Clients
Seattle	1011	Lakewood	29	Pacific	6	Lake Forest Park	2
Kent	214	Redmond	20	Kenmore	5	Maple Valley	2
Renton	136	Des Moines	18	Orting	5	Mercer Island	2
Bellevue	112	University Place	17	Roy	4	Steilacoom	2
Federal Way	103	Burien	16	Black Diamond	3	Du Pont	1
Tacoma	85	Spanaway	12	Woodinville	3	Gig Harbor	1
Auburn	79	Bothel	11	Covington	2	Sammamish	1
Unicorp. K.C.	72	Puyallup	10	Enumclaw	2	Snoqualmie	1
Unicorp. Pierce Co.	65	Graham	9	Everett	2	Tukwila	1
Kirkland	40	Issaquah	9	Fife	2		

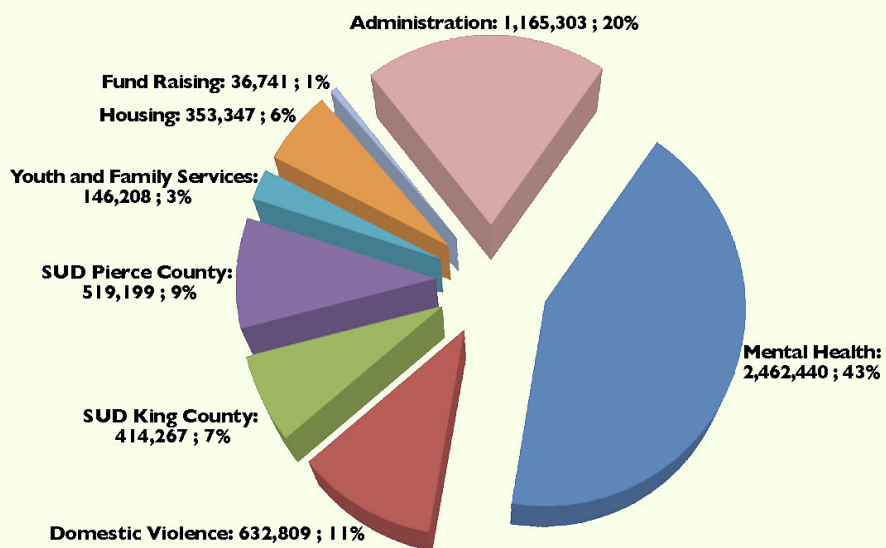


2015 Year End Financials

2015 Revenue = 5,785,146



2015 Expenses = 5,730,314



2015 Year End Balance Sheet

- Beginning Assets - 4,083,545
- Revenue - 5,785,146
- Program Expenses - 4528,270
- Administrative & Fundraising Expenses- 1,202,044
- Ending Assets - 4,093,092

