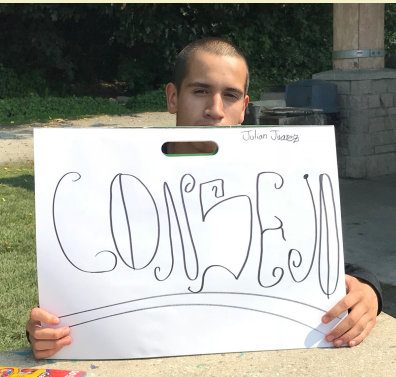




CONSEJO

Counseling and Referral Service



ANNUAL REPORT 2018

Message from Leadership



We are proud to report Consejo's 2018 accomplishments. During this year, we celebrated Consejo's 40th anniversary of providing comprehensive outpatient behavioral health services to the Latino and other communities in King, Pierce and Thurston/Mason Counties. We are honored to report that Consejo is the lead Behavioral Health, Domestic Violence/Sexual Assault Victim Agency that provides bilingual and bicultural care to the Spanish Speaking Community of the Pacific Northwest. After 40 years of service, we are gratified to report that Consejo has eight (8) treatment facilities and three (3) housing facilities within the major metropolitan areas of Washington State. In addition, after twelve months of services in Shelton, Consejo purchased a building to serve the Mason community, Consejo's new addition.



Furthermore, we implemented new partnership and Memorandum of Understandings (MOU) with the North Mason School District, Shelton School District, and Pioneer School District. We are pleased to report that Consejo has MOU's with 15 School Districts in Seattle, King, Pierce and Mason County. In 2018, Consejo advocated for Non-Medicaid funding to serve immigrant and monolingual clients. The following funders supported our efforts to serve the Non-Medicaid community: King County Integrated Care Network, City of Tacoma, Thurston/Mason BHO and Mason County Public Health. Consejo also established partnerships with three Accountable Communities of Health: Healthierhere, Pierce County ACH and Cascade Pacific ACH. These partnerships are essential for the successful implementation of whole person care and bi-directional care. As part of this strategy, Consejo established a formal MOU with Peninsula Community Health Services and opened a primary care and behavioral health co-location site at Consejo's Shelton facility. We also established a formal MOU with Community Health Care of Tacoma to open a bi-directional care co-location site at Community Health Care of Tacoma-Parkland facility. Consejo also established a formal MOU with the Swedish Cherry Hill Family Residency Program to open a primary care and behavioral health co-location site at Consejo's Columbia City facility. We also established Care Coordination agreements with Sea Mar Community Health Center and Health Point Community Health Center.



We are thrilled to announce that Consejo's assets during this administration have increased from 5 million in 2014 to 11 million in 2018. Consejo has also increased the organization's cash reserve from one (1) month in 2014 to six (6) months in 2018. This administration has also expanded by 55% and extended services hours by 60%. In 2018, Consejo's leadership team worked very diligent in ensuring Consejo was prepared and ready for the 2019 King County and Pierce County integrated Care Network. Consejo established a formal contract with five Managed Care Organizations: Molina, Amerigroup, Community Health Plan of Washington, United Health and Coordinated Care. In 2018, we began our Credentialing preparation for the October 2019, Joint Commission visit. We implemented Electronic Health Records in partnership with Credible Behavioral Health and made a significant financial investment in improving our Information Technology system. We implemented a new payroll system, and we obtained funding to implement collective technologies in King County. This new tool will allow Consejo to receive timely notifications when clients are hospitalized. In 2018, Consejo established new policies, procedures, and protocols to run and operate the organization efficiently. We are currently positioning the agency to expand and improve services in the East Pierce County Community and North Mason Belfair area. Consejo is also working toward the implementation of an Integrated Care Network in Thurston/Mason Counties in January 2020.



Mario E. Paredes

Mario Paredes, MA
Executive Director

Marcelo Guerra

Marcelo Guerra
Board President

Alliances for Integral Health

Working together for the
good of the community



During 2018, Consejo established important strategic alliances with Peninsula Community Health Services and Community Health Care. These partnerships allowed Consejo to increase its service capacity in Pierce, Kitsap and Mason Counties. The goal is to offer integrated health care to patients that in addition to the behavioral health services they already receive from the Consejo, will also receive other medical and primary care services. Consejo will assign a therapist to provide behavioral health services to patients of the associated clinics. By the same token, Consejo's patients will be referred to those clinics to receive medical and primary care services.

"One of the biggest issues that we were seeing is that you as a therapist or a primary care provider can give your client a referral for either specialty mental health or primary care but that space between getting that referral and the patient being able to reach and engage in the services it kinds of falls apart. So, there was a big gap to be able to complete that service for the client and be able to provide that whole person care" explained Daisy Abreu, Consejo's South Regional Behavioral Health Manager.

"Our partnership with Consejo has stemmed from a perceived need for more access to specialty mental health and substance abuse services as well as a hope for increased collaboration between our primary care teams and specialty mental health or substance abuse therapists that are also working with our patients." Commented Marjorie Page, Behavioral Health Manager at Community Health Care, who added "We have a high percentage of our patients that are Spanish speaking and belong to the Latino community and other populations, and we know the value of patients receiving culturally appropriate care. This partnership directly affects the increase in these services for our patients."

"Works great when agencies work together to provide those services doing the best of what they do best"said Jennifer L. Kreidler-Moss Pharm.D, CMPE, CEO Peninsula Community Health Services, who also said, "in this relationship we think that Consejo is well suited to do behavioral health an substance abuse for their patients and we can bring the medical services in partnership with them. Setting up our partnerships has been just one of the best experiences for us, it has been great working with all the staff down there."

"With these new alliances, Consejo is one step closer to providing integrated services in Pierce and Kitsap counties, adding to those already established in Mason and King counties,"stated Daisy Abreu, who concluded, "We are creating that bridge for our clients to receive all the integrated health services they need, and so their lives as a whole improve."



The Seattle Police Department's (SPD) SAFE PLACE Initiative was established in May of 2015, and was designed to address numerous LGBTQ (Lesbian, Gay, Bisexual, Transgender, Questioning, Queer) community issues and concerns that have traditionally impacted Law Enforcement, Businesses, Community Organizations & Schools in the United States for many generations. SPD Safe Place is a citywide initiative designed to assist the victims of crime (anti-LGBTQ crime specifically) and to encourage the reporting of these crimes, reduce LGBTQ student bullying and enhance the collaboration between the community and the Seattle Police Department to make Seattle a safer place to live. Additionally, it is important to note that Safe Place is inclusive to all members of the community who may be victimized for biased crimes*. The Seattle Police Department welcomes any law enforcement agency to replicate the SPD SAFE PLACE Initiative in its jurisdiction. This includes the utilization of the Trademarked Rainbow Shield, the SpdSafePlace.com website, and any information contained within, including the information contained in this document, PROVIDED that the Seattle Police Department is given full credit and recognition for being the originating agency that designed and developed the SAFE PLACE Initiative concept. This includes, but is not limited to, any public media launch, media inquiries, and/or documents used by any law enforcement jurisdiction wishing to adopt the SPD SAFE PLACE concept, regardless of the name used to identify the program.

CONSEJO

SAFE PLACE

Consejo became part of the Safe Place initiative as part of a request for community members to feel a sense of safety and to further develop trust with local police regarding any biased crimes they may endure. Consejo members, including staff and clients we serve, are at-risk of hate crimes whether it be because of race, ethnicity, country of origin, preference of language, age, political beliefs, gender, and sexual orientation. Recognition of these intersecting identities has been a calling for Consejo to ensure the safety of all clients as well as develop a positive trusting relationship with the police. Creating a culture of inclusivity is part of inducing a therapeutic environment for all clients. The Safe Place collaborative will assist Latino and Hispanic clients with an LGBTQIA identity to feel safe at Consejo in their journey to seek treatment and recovery.

Empowering Youth Through Video Production

Consejo works closely with high-risk youth and their families to formulate a strategic response and provide constructive alternatives to gang involvement for isolated and disenfranchised Latino youth as well as those of other ethnic and cultural backgrounds.

Last year, Consejo's Youth Program offered a Summer Course to empower youth so they could express themselves on issues concerning their lives, their families or their community through video production.

During the 12-week program, the participants learned storytelling, interview skills, picture boarding, videography and editing techniques which lead them to produce five videos. Ana Carmona, one of the participants, said that this experience impacted her life very positively: "We did this video to learn more about ourselves and to understand why we are the way we are..." she stated, and added "It gave me another point of view about who I am. It made me want to change the way I was and I believe it has made me a better person".





FEED the Homeless

With the intention of helping the most needy during the Summer and Winter of 2018, the members of the Substance Use Disorder Program of Consejo collected clothing and food for distribution to the homeless that meet every day in the Pioneer Square area in the center of the city of Seattle.

This project emerged as part of a program of recovery of the clients, with the purpose of raising their self-esteem and thus allowing them to feel integrated back into society.

With this new initiative, the program also seeks to promote the volunteer work among its members.





PIERCE COUNTY

City of Tacoma Funded-Youth Co-occurring Program at Lincoln High School & Oakland High School Tacoma Public Schools 2018

33 students served with Dual Diagnosis
610 Co-occurring Group Service hours
248 Individual Therapy Session Hours
Over 160 students were screened, assessed, outreached and engaged for Co-occurring services in 2018 at Lincoln HS and Oakland HS.

City of Tacoma-Equity Diversity and Inclusion Efforts

In 2018, Consejo participated in quarterly Equity Workshops (focused on organizational culture, policy, and procedure) were incorporated into the payment point structure, as a contractual requirement. Consejo practiced the highest level of Equity, Diversity and Inclusion implementation into client services, staffing and organizational culture. This is something that we continue to practice and host those meeting in our TACOMA location several times per year.

City of Tacoma Funded-Chemical Dependency Youth Outpatient Program 2018

32 City of Tacoma youth and young adults were served for Substance use disorder outpatient in 2018.
41 Assessments, outreach and engagement services were provided to City of Tacoma funded youth in 2018.
76 Individual Service Plans were developed for City of Tacoma funded youth in 2018.

City of Tacoma-TACOMA GANG REDUCTION PROJECT MULTIDISCIPLINARY INTERVENTION TEAM

Consejo Pierce county participated actively on the Gang Project team in 2018, helping to provide staffing, consultations, outreach and engagement.

City of Tacoma Funded-Homelessness & Household Stability-Mental Health Outpatient Program

67 consumers served in the City of Tacoma funded Mental Health Outpatient treatment program in 2018.
195 case-management hours were provided to consumers in the City of Tacoma funded Mental Health Program in 2018.

Pierce County United Way Funded-Basic Needs and Self Sufficiency Matrix.

Consejo was able to collect Basic Needs Survey from over 210 consumers in efforts to report back to Pierce County United Way and assist them in assuring there are sufficient resource in the community.

The information we are collecting assist in the United Way Basic Needs program below.

“Meeting the basic needs of people in our community and helping them develop skills to become more stable and reduce their dependence on services is critical. We are helping address the immediate basic needs of people right here in our community — providing food, shelter, transportation and medication. There are programs to help people overcome crises, ensure everyone has a roof over their heads, food on the table and help families maintain stable housing”.

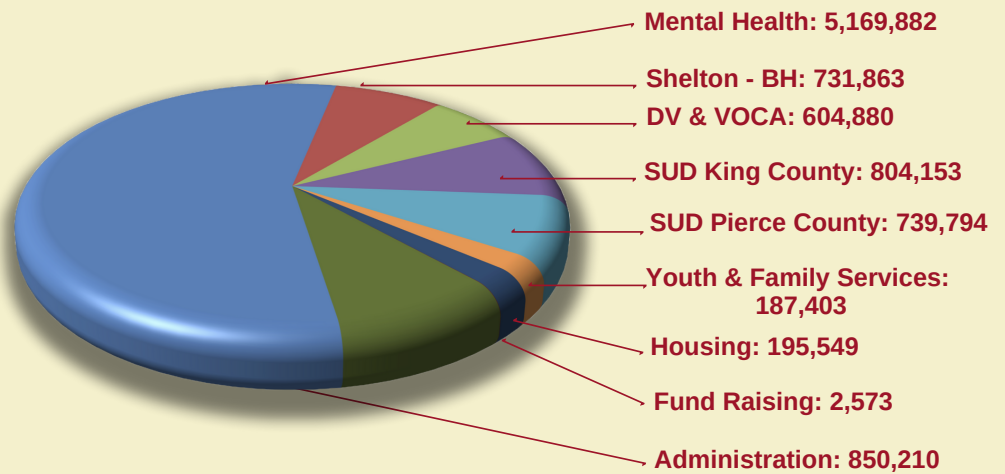
In 2018 Consejo Pierce County actively participates in the Drug Free Community Coalitions across the county.

- Lakewood’s Choice Coalition
- Tacoma Drug Free Coalition
- Franklin Pierce Health Youth Coalition
- Bethel Community Services Coalition
- CPWI INSPIRE Coalition

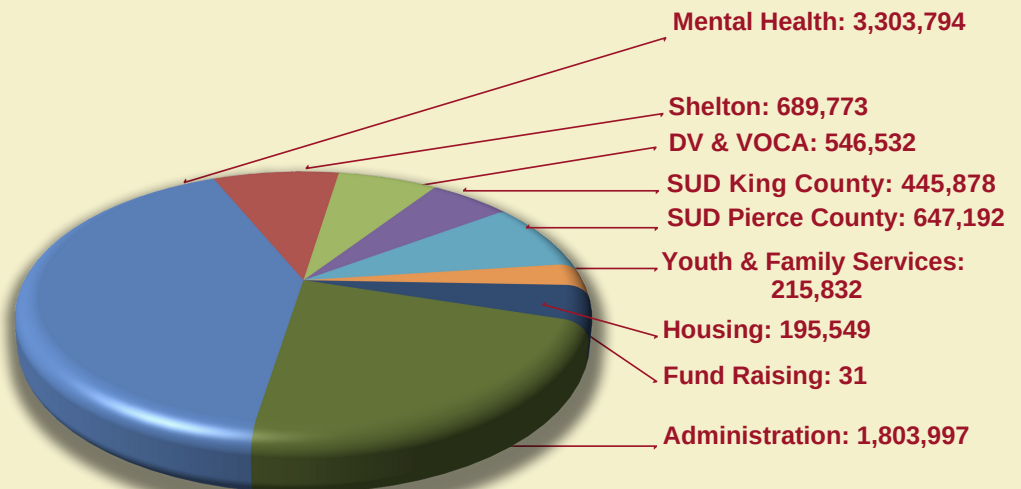
Pierce County Jail and Nisqually Public Safety Jail Substance USE Disorder assessments in 2018. Consejo Pierce County conducted over 89 SUD Jail Assessment in the above two jails in 2018. Assessments are conducted in the jails as clients, courts and attorneys request them for coordination of care upon release from detainment. Consejo often provides an evaluation of client needs and coordinates them into a treatment program that fits their level of care needs once they exit incarceration.

2018 Year End Financials

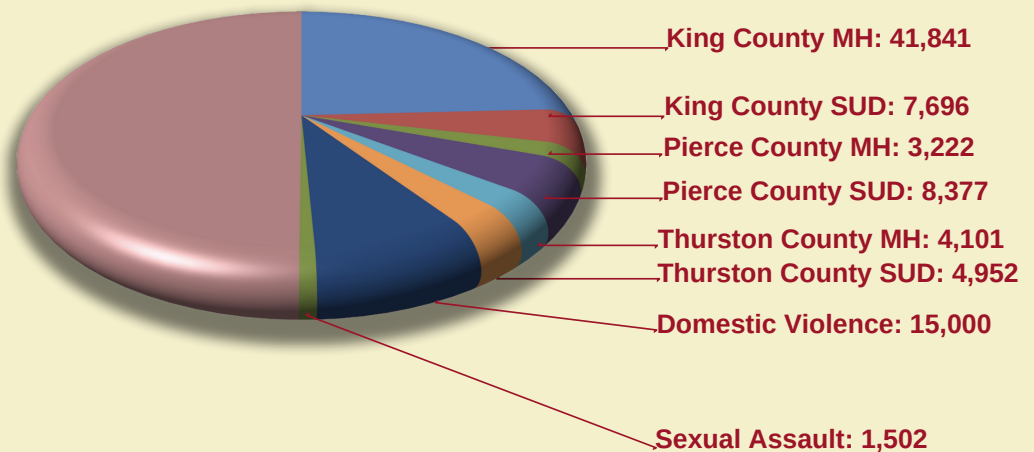
2018 Total Revenue:
9,384,049



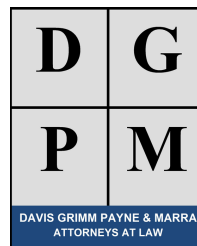
2018 Total Expenses
8,073,106



Total Service Hours:
86,291



We Thank Our Funders, Sponsors and Donors



We Deeply Appreciate Your Generosity

Foundations / Donation Programs

United Way of King County
United Way of Pierce County
The Seattle Foundation
Boeing Employee Giving Program
The Boeing Company Donation Program
City of Seattle Employees Giving Program
Columbia Legal Services
King County Employee Giving Program
Network for Good Donations
The Benevity Community Fund Program
Schwab Charitable Donation

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DOJ-OVW-Sexual Assault SASP
DSHS Culturally Specific DV
KC - SBIRT
City of Bellevue - DV
City of Federal Way - DV
STOP DV - WA
WA State STOP Grant - YWCA
KC Women's Survivors
City of Auburn
City of Bothell
City of Kirkland
City of Redmond
NWIRP GTEA
Seattle DV Legal Advocacy
Seattle DV Coordinated Response Cell Phone
WA State DVLA Program
Sea Access to Adv Hotline & Outreach
City of Tacoma - CD Program
KC State Youth Treatment
Seattle Youth Violence Prevention Initiative (SYVPI)
LINC
Peer Recovery Coach
Tacoma Youth Co-Occurring
Tacoma REACH
Beacon Utilization
King County (Federal Funds) Mi Casa
Pierce Co - Healthy Youth Coalition
Sales Tax - Mason County
Las Brisas

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