

2024



# ANNUAL REPORT

**46 YEARS  
STRENGTHENING  
COMMUNITIES**



*BEHS Baile Folklórico Dancers at the Consejo 2024 Youth Leadership Conference.*

[www.consejocounseling.org](http://www.consejocounseling.org)

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## MESSAGE FROM OUR EXECUTIVE DIRECTOR

# WELCOME TO OUR 2024 ANNUAL REPORT



On behalf of Consejo's leadership team, I extend heartfelt gratitude to our employees, interns, community volunteers, independent contractors, and clients for their contributions to our success. It is with pride that we present our 2024 Annual Report, a reflection of a year marked by growth, resilience, and innovation.

In 2024, Consejo expanded its impact across nine counties, partnering with 34 school districts to provide school-based behavioral health care and launching the Consejo on Wheels Behavioral Health Mobile Clinic, bringing bilingual, culturally sensitive care to rural communities.

We also introduced bi-directional medical services, integrating behavioral and physical health care to address chronic conditions, systemic inequities, and the needs of survivors.

Our dedication to workforce development continues as we partnered with 44 colleges nationwide, training the next generation of behavioral health professionals to ensure equitable, culturally responsive care.



# 46

YEARS OF SERVICE

# 36

SCHOOL DISTRICT PARTNERSHIPS ENSURING SCHOOL-BASED SERVICES

# 44

COLLEGE PARTNERSHIPS ACHIEVED



LAUNCH OF CONSEJO ON WHEELS MOBILE CLINIC



INTRODUCED BI-DIRECTIONAL MEDICAL CARE

These milestones reflect Consejo's commitment to building healthier, more inclusive communities, and they would not have been possible without the support of our funders, donors, and stakeholders. Together, we are creating a brighter future for all.

Thank you for your trust, support and partnership.

*Mario E. Paredes*

**Executive Director**  
**Consejo Counseling & Referral Services**

## BUILDING A HEALTHIER FUTURE

# 2022-2030 STRATEGIC PLAN PROGRESS:

This 2024, our efforts brought us closer to realizing a Washington State where everyone has access to the highest quality behavioral health services and social supports. Guided by clear objectives, we have made meaningful progress in expanding care, empowering communities, and driving innovation.

## Our strategic goals and achievements:

1



### Expanding Access to Comprehensive and Whole-Person Care

- Mobile Clinic and school partnerships expanded behavioral health services to rural and student populations.
- Health & Wellness Services launched integrated physical and behavioral care.

2



### Strengthening Organizational Foundations

- Partnered with 44 colleges and universities.
- Renovated key sites and accessibility.
- Secured over \$4M for expansions and improvements.

3



### Fostering a Learning Culture

- Hosted 285 interns, with 45 hired, and provided leadership training to staff.

4



### Defining Outcomes and Measuring Impact

- Improved client outcomes through a quality improvement plan that included a client satisfaction survey.

5



### Increasing Community Engagement and Advocacy

- Awareness campaigns united clients, staff, and community members.
- Youth programs like Thrive Together and the Youth Empowerment Conference engaged over 100 participants.

6



### Advancing Innovation and Technology

- Adopted Credible BI for enhanced data-driven decisions that improved client outcomes.
- Launched a bilingual, culturally responsive website.
- Expanded telehealth to underserved communities.
- Implemented Athena as Consejo's Electronic Medical Records system.
- Integrated AMN translation services to enhance language accessibility.

Every strategy creates real opportunities for **healing, health** and **hope**.



## OUR LOCATIONS

# CONSEJO'S PRESENCE IN WASHINGTON STATE

### OUTPATIENT BEHAVIORAL HEALTH:

#### Renton - Headquarters

723 SW 10th Street,  
Renton, WA, 98057

#### South Park

8615 14th Ave. South  
Seattle, WA 98108

#### Lake City

12360 Lake City Way NE  
Seattle, WA 98125

#### Bellevue

13343 Bel-Red Rd, Suite 110  
Bellevue, WA 98005

#### Shelton

627 West Franklin St  
Shelton, WA 98584

#### Belfair

23291 WA-3,  
Belfair, WA 98528

#### Tacoma

5915 Orchard St W,  
Tacoma, WA 98467

#### Graham

21120 Meridian Ave E  
Graham, WA 98338

#### Mount Vernon

1601 East College Way  
Mount Vernon, WA 98273



### TRANSITIONAL HOUSING:



Mi Casa



Las Brisas



Villa Esperanza



OUR LOCATIONS

# ACHIEVEMENTS BY REGION



**King County**



**Skagit County**



**Pierce County**



**Thurston -Mason Counties**





## KING COUNTY:

# RENTON - HEADQUARTERS

Renton is home to Consejo's headquarters, the center of our growth, innovation, and impact. This 2024, we took a step forward in integrated care ensuring more people receive the support they need.

### Some highlights from this year:

1

#### FACILITY IMPROVEMENTS

Consejo renovated its medical offices meet WA Healthcare Authority standards, featuring high-quality equipment for integrated care and a design focused on comfort, efficiency, and accessibility.



2

#### ENHANCING CARE WITH REAL-TIME INTERPRETATION



We integrated AMN Interpretation Services to ensure real-time, seamless language access for our diverse communities for in-person care and soon will be available for telehealth.

3

#### COMMUNITY RECOGNITION

Consejo was honored to receive a Starbucks Neighborhood Grant, thanks to a nomination from a dedicated Starbucks partner.

Thank you, Starbucks partners, for supporting our clients!



4

#### CONSEJO ON WHEELS



**650+**  
Individuals  
reached with  
care and  
support.

**70+**  
Outreach  
Events  
Strengthening  
connections.

Consejo On Wheels continued breaking distance barriers in rural King County, bringing essential care to underserved communities.

5

#### CLIENT CARE: GRUPO DE BIENESTAR

This year, Consejo remained a safe space for older adults, reducing isolation and fostering community thanks to the dedication of our staff who lead Grupo de Bienestar with care and commitment.



## KING COUNTY:

# SOUTH PARK, BELLEVUE, & LAKE CITY

As Consejo continues to grow, our South Park, Bellevue, and Lake City locations played a key role in increasing accessibility, building trust within communities, and fostering a supportive environment for both clients and staff. This 2024, each site focused on deepening partnerships, improving client engagement, and integrating services to provide holistic care.

## SOUTH PARK

Our South Park home has been a trusted space for youth and families in the neighborhood since 2002. This year we strengthened our presence in local schools and a focus on integrating services to provide holistic care to address critical challenges faced by our clients.



**90+**

Students Received  
School-Based Care



**6**

Schools with On-Site  
Services

**19**

Schools Connected Via  
Telehealth



Integrated mental health  
support with Gender-Based  
Violence and Sexual Assault  
Survivor services, ensuring  
trauma-informed care

## BELLEVUE AND LAKE CITY

In 2024, our Bellevue and Lake City teams expanded mental health services, offering individual and family therapy, mental health evaluations, and specialized support groups in Spanish through a hybrid model, ensuring culturally responsive care for our diverse community.

### Expanded School Services

Weekly therapist support at:



Highland  
Middle School



Sammamish  
High School



Sherwood Forest  
Elementary School

### Strong Group Engagement

Groups Available:

- Sanando a través del arte
- Escuela para Padres
- Autoestima
- Trauma

### Enhanced Community Partnerships

Strengthened collaborations with  
local schools, family resource  
organizations, and healthcare  
providers, expanding access to  
mental health services

## LAKE CITY OFFICE RELOCATION

In April 2024, our Lake City office relocated to **12360 Lake City Way NE Seattle, 98125**, a new space shared with organizations dedicated to community support and family services. We continue offering therapy, evaluations, and support groups in a welcoming, community-focused space.





## THURSTON - MASON COUNTIES: SHELTON AND BELFAIR

In 2024, Consejo continued its vital partnership with Mason County's Therapeutic Court Programs, including ***Drug, Mental Health, Veterans, Individualized Treatment, and Family Recovery Courts.***

These programs offered alternatives to traditional sentencing, addressing the root causes of criminal behavior through personalized treatment and comprehensive support for individuals navigating substance use or mental health challenges.

***As a trusted partner, Consejo played an integral role in these programs by:***

### Providing Treatment Services:

- Mental health
- Substance use disorder treatment
- Peer support
- Case management.



### Supporting Collaborative Teams:



Participating in interdisciplinary meetings with court staff, caseworkers, and judicial partners to ensure participants' progress and success.

### Tracking Progress:

Delivering regular reports to court teams and contributing to a streamlined process that lowers barriers to treatment.



Our work with therapeutic courts helped participants rebuild their lives, strengthening families and fostering safer, healthier communities.

## MASON COUNTY RECOGNIZED CONSEJO'S COMMUNITY LEADERSHIP

Consejo Counseling and Referral Service received the Latino Community Leadership Award at the Latinx Substance Abuse Prevention Summit, hosted by Mason County Public Health and FESS. This honor reflects our dedication to supporting Latino families through culturally responsive services and strong partnerships.



*Recognized for transforming lives and building stronger communities through leadership, compassion, and dedication to the Latin community in Mason County."*

We extend our sincere gratitude to the organizers for this meaningful recognition.



**MASON COUNTY  
COMMUNITY SERVICES**  
Building, Planning, Environmental Health, Community Health



## SKAGIT COUNTY: MOUNT VERNON

Consejo's Mount Vernon office was instrumental in the North Sound region in 2024, empowering survivors and strengthening communities. **See the highlights of our impact:**

### Skagit County Client Resource Program

Through the Skagit County Client Resource Program, families received critical support to address housing, transportation, and basic human needs. Initiatives like self-care days and holiday toy baskets for children ensured families experienced stability, dignity, and joy during challenging times.

**120+**  
Individuals and Families  
Supported

**\$20,000+**  
in Direct Assistance Provided



### A Consejo Client's Journey to Recovery: Skagit County Therapeutic Community Court



After facing a DUI and legal challenges in 2023, a client turned to Consejo for support. With guidance and perseverance, she rebuilt family bonds, embraced sobriety, earned her GED, and enrolled in college. In January 2024, she invited her therapist to her graduation from Skagit County Therapeutic Community Court, saying, "This was a team effort." Her journey is a testament to resilience, support, and new beginnings.

### School-Based Services: How Therapy Transformed a Sultan School District Student's Success

A student with conduct disorder faced severe emotional outbursts, leading to classroom lockdowns and the risk of expulsion. Through therapy, she developed self-regulation skills, learned to communicate openly, and now expresses frustration calmly while seeking support from her teacher and mother. When a friend drew in her favorite book, she remained calm, processed it in therapy, and handled the situation without an outburst. Once a high-priority client, she now attends therapy every other week, steadily growing into a confident and capable young woman.





## PIERCE COUNTY: TACOMA AND GRAHAM

### WALKING TOGETHER FOR MENTAL HEALTH AWARENESS

Consejo partnered with Circulo de Mujeres for the May Mental Health Walk, offering support through **Consejo on Wheels** to promote community wellness and empowerment.



### EXPANDING HOUSING SUPPORT

Through the SUD Housing Program, Consejo helped individuals and families find safe, long-term housing, creating a foundation for recovery and stability.

**\$165,000+**  
In Housing Subsidies  
Provided



**40+**  
Clients Secured Stable  
Housing

### SCHOOL PARTNERSHIPS

Consejo expanded mental health support in schools, offering therapy, early intervention, and prevention programs to help hundreds of students thrive emotionally and academically.



### THERAPEUTIC COURTS

Partnered with Bonney Lake and Puyallup courts to provide compassionate behavioral health support, guiding individuals toward stability and lasting wellness.



#### Our Services Included:



### COMMUNITY ENGAGEMENT

Through wellness initiatives, prevention education, and youth programs, this 2024 we fostered healthier communities and stronger connections across Tacoma and Graham.



**4** Weekly  
Bilingual  
Yoga Classes  
Supporting Stress  
Relief & Healing

**300+**  
Students & Families  
Educated on SUD &  
Vaping Prevention

**50+**  
Youth Engaged in  
Summer Programs

## BUILDING A BRIGHTER FUTURE FOR EAST RURAL PIERCE COUNTY AND BEYOND

# GRAHAM FACILITY EXPANSION



In July, 2024 Consejo was awarded with the **Behavioral Health Children and Minor Youth Grant** from the **Washington State Department of Commerce**, marking the beginning of a transformative initiative.

This funding has expanded access to care in a purposefully designed space that meets the needs of the community, embraces cultural diversity, and ensures essential services remain accessible to all.

The future building is a modern architectural marvel that beautifully integrates cultural heritage with contemporary design.

It showcases a large, vibrant mural that is very characteristic of Consejo's identity.

We extend our gratitude to the Washington State Department of Commerce for their support in making this expansion possible.



Washington State  
Department of  
**Commerce**



Consejo is finalizing the planning phase, with groundbreaking set for early summer. We look forward to bringing this vital space to life.



## INTRODUCING OUR HEALTH & WELLNESS MEDICAL SERVICES

Consejo has embarked on a groundbreaking journey to develop its Health & Wellness Medical Services, a major step forward in our mission to provide comprehensive, holistic health support for our community.

This program embodies our belief in integral health, focusing on our clients' physical, emotional, social and mental well-being.

Through this initiative, Consejo clients will have access to:



Preventive  
Care



Chronic Disease  
Management



Specialized Care  
Referrals



Bastyr's  
Naturopathic  
Services



Behavioral  
Health



Health  
Education



### Grand Opening Celebration

On December 9, 2024, Consejo proudly celebrated the grand opening of its Health & Wellness Medical Services. The celebration included a ribbon-cutting ceremony, guided tours of the facility, and meaningful connections with community members and partners. We extend our heartfelt thanks to Molina Healthcare for sponsoring this event.



### The Journey to Launch: Project Timeline

#### Early 2024

Established policies formed key partnerships to enhance care delivery.

#### Mid 2024

Renovated existing spaces to meet medical standards, ensuring functionality and compliance.

#### December 2024

Celebrated the grand opening with a ribbon-cutting, facility tours, and community introductions.

#### First Quarter of 2025

Health & Wellness Medical Services will officially open to serve the community.

We look forward to providing exceptional care to our patients, ensuring they receive the support and services needed to thrive physically, emotionally, and mentally as we advance this transformative initiative.



## ENHANCING YOUR EXPERIENCE:

# NEW WEBSITE LAUNCH

In October, Consejo Counseling and Referral Service launched a new website, enhancing access to our services and resources for the communities we serve. Designed with a user-centered approach, the site offers warm, welcoming language to build strong connections with our clients. Fully available in English and Spanish, it ensures accessibility for our diverse audience.

These are some of the key changes visitors will benefit from:

<b>Streamlined Design and Accessibility</b> An easy-to-navigate, accessible site for all users.		<b>Interactive Locations Map</b> Locate our service sites with a dynamic map.
<b>Consejo On Wheels Calendar</b> Access our mobile support schedule at a glance.		<b>Improved Crisis Lines Access</b> Quick, visible access to crisis support.
<b>New Client Information</b> Essential information for new clients.		<b>Enhanced Donation Opportunities</b> Secure ways to support our mission via PayPal and WA Gives.



This redesigned website aligns with Consejo's vision of accessibility and holistic support, offering a welcoming digital space where visitors can find resources, connect with our services, and support our mission.

## BREAKING THE STIGMA: CONSEJO'S AWARENESS BROCHURES

This year, Consejo proudly introduced a series of awareness brochures that reflect our commitment to fostering understanding and compassion within our community. Created to address essential topics in mental health and social well-being, these brochures are designed not only to inform but to break down the stigma often surrounding these issues.

Each brochure is thoughtfully crafted with inviting colors and warm, accessible language, offering readers a safe and welcoming space to engage with critical information. Available in both English and Spanish, these resources underscore our dedication to inclusivity, ensuring that everyone in our community has access to the support and knowledge they need.



Through these materials, we aim to empower individuals to make informed, compassionate choices, to seek help, and to support one another. This initiative is a meaningful step toward a future where awareness, understanding, and acceptance are at the heart of our community.

## BUILDING A STRONGER FUTURE:

# THE FUND DEVELOPMENT TEAM

The Fund Development Team has been crucial in securing essential funding to support Consejo's mission. Through grants, sponsorships, and expanded donation channels, the team has ensured that our programs and services continue to grow, thrive, and meet the needs of our communities.

### 2024: A YEAR OF IMPACT

#### Secured Major Funding:

- ✓ \$3.5M for the construction of the Graham Building, adding 20+ office spaces to meet growing service needs.
- ✓ \$913K for renovations to the Renton and South Park locations, improving facilities and service delivery.

#### Strengthened Programs:

- ✓ Supported transitional housing, workforce development, and essential services for youth, families, and survivors.
- ✓ Expanded the Thrive Together and Bienestar programs, reaching more participants and improving outcomes.

#### Enhanced Donation Channels:

- ✓ Streamlined online giving through Consejo's website, Washington Gives and PayPal.
- ✓ New outreach efforts brought in more individual donors and partnerships, establishing recurring and planned giving for sustained funding.

## The True Meaning of Impact in the Voice of a Consejo Client

*"In 2017, while pregnant, I survived a domestic violence episode by my ex-husband. I had nowhere to go and no resources in Spanish until a friend referred me to Consejo. They supported me with housing, therapy, and legal assistance. Today, I'm rebuilding my life, studying to become a teacher, and raising two thriving children. None of this would have been possible without Consejo's help."*



You can be part of creating more stories like this. Donate today and help us continue transforming lives and building a stronger, healthier community.

SCAN HERE  
TO DONATE





## THRIVE TOGETHER PROGRAM:

# EMPOWERING YOUTH FOR A BRIGHTER FUTURE

The Thrive Together Program bridges the gap in behavioral health services for youth during the summer months, providing vital support through therapy, education, and engaging activities.

In 2024, the program achieved:



### Top Achievements:



#### 2,171 Service Encounters

A 10% increase in youth engagement, providing critical behavioral health support during the summer months.



#### 300+ Youth Served

Empowering youth ages 7-18 through therapy, outdoor adventures, and team-building activities.



#### Holistic Skills Development

Delivered essential skills like mindfulness, emotional regulation, and social connection through art, nature, and sports.



***"I've never been hiking before, and I'm excited to use the breathing and grounding exercises I learned in therapy. It made me feel calm and connected."***

— Thrive Together Participant



Visiting the aquarium



Exploring the nature



Enjoying the Mariners game

By fostering teamwork, critical thinking, and wellness skills, the program empowers youth with the tools, experiences, and connections they need to build resilience and thrive—today and for years to come.

## INSPIRING LEADERS, BUILDING CONNECTIONS: 2024 YOUTH EMPOWERMENT CONFERENCE

On May 11th, Consejo hosted the **Youth Empowerment Conference** at Burlington-Edison High School, bringing together youth, leaders, and resource providers to inspire leadership, build skills, and foster community connections.



**107**  
**YOUTH IN**  
**ATTENDANCE**

A strong turnout of youth who participated in workshops, activities, and engaged with inspiring speakers.



**29**  
**RESOURCE**  
**TABLES**

Organizations from across Western Washington provided tools, resources, and support, helping youth access essential services and opportunities.



**8**  
**ENGAGING**  
**WORKSHOPS**

Interactive sessions focused on topics like healthy relationships, bullying awareness, and vaping alternatives, equipping youth with critical knowledge and skills.

### *Inspiring Voices Keynote Speakers*

Thank you to Dr. Raymond Aguilar and State Senator Rebecca Saldaña for inspiring youth with powerful stories of leadership and resilience, empowering them to envision a brighter future.



### *Cultural Performances*

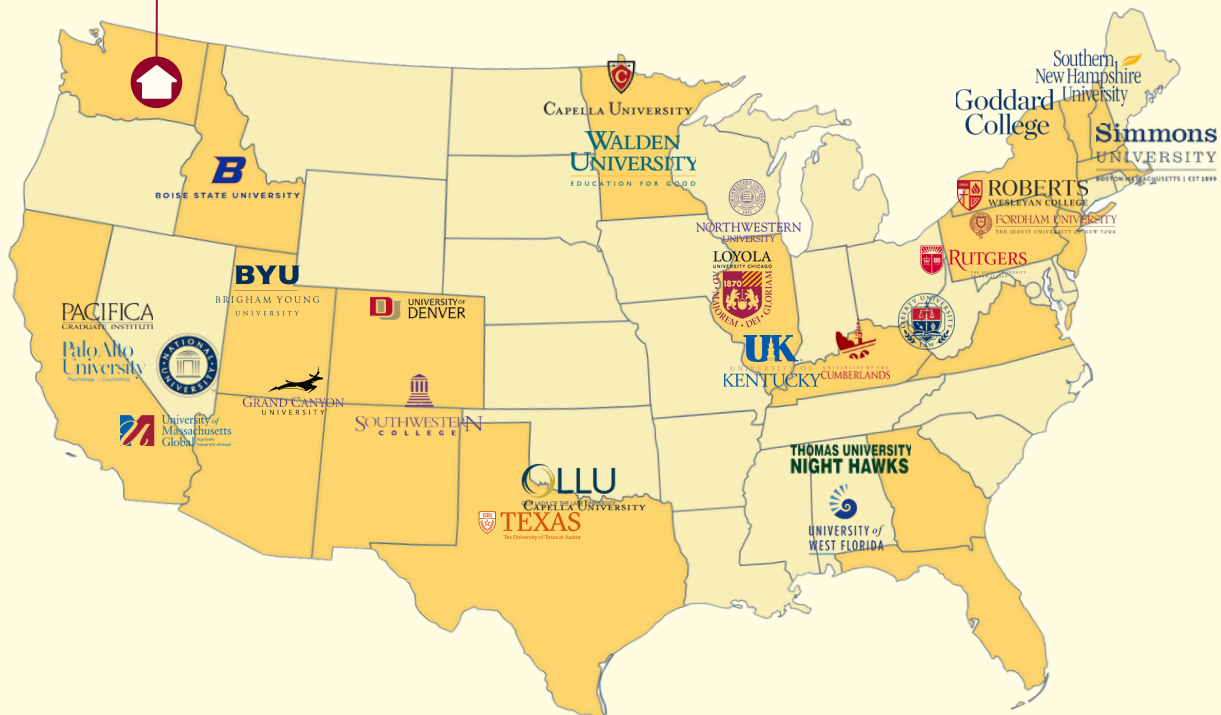
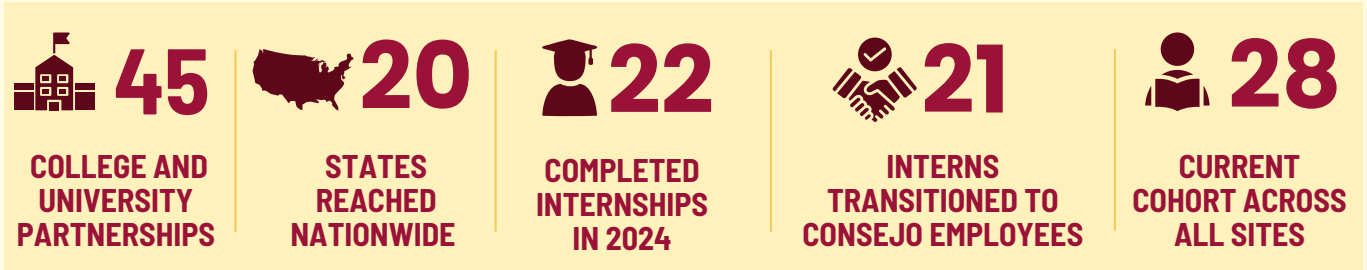
Youth celebrated their heritage with vibrant Folklórico performances, while returning performers like Whitney inspired attendees with stories of growth and connection.

**THANK YOU** to everyone who made this event a success—see you next year for another inspiring Youth Empowerment Conference!



## EXPANDING PARTNERSHIPS TO STRENGTH FUTURE LEADERS: CONSEJO'S INTERNSHIP PROGRAM

This year, Consejo's Internship Program achieved **remarkable growth**, empowering aspiring professionals to gain real-world experience while contributing to our mission of bringing healing, health, and hope to underserved community. Through partnerships with colleges and universities across the nation, these collaborations are building a stronger workforce and creating lasting impact.



### A Transformative Internship Experience



"My internship experience has been truly transformative. The welcoming group sessions helped me achieve my goals while providing deep insights into Latinx culture and American history. Thank you for creating such an inspiring and supportive community."

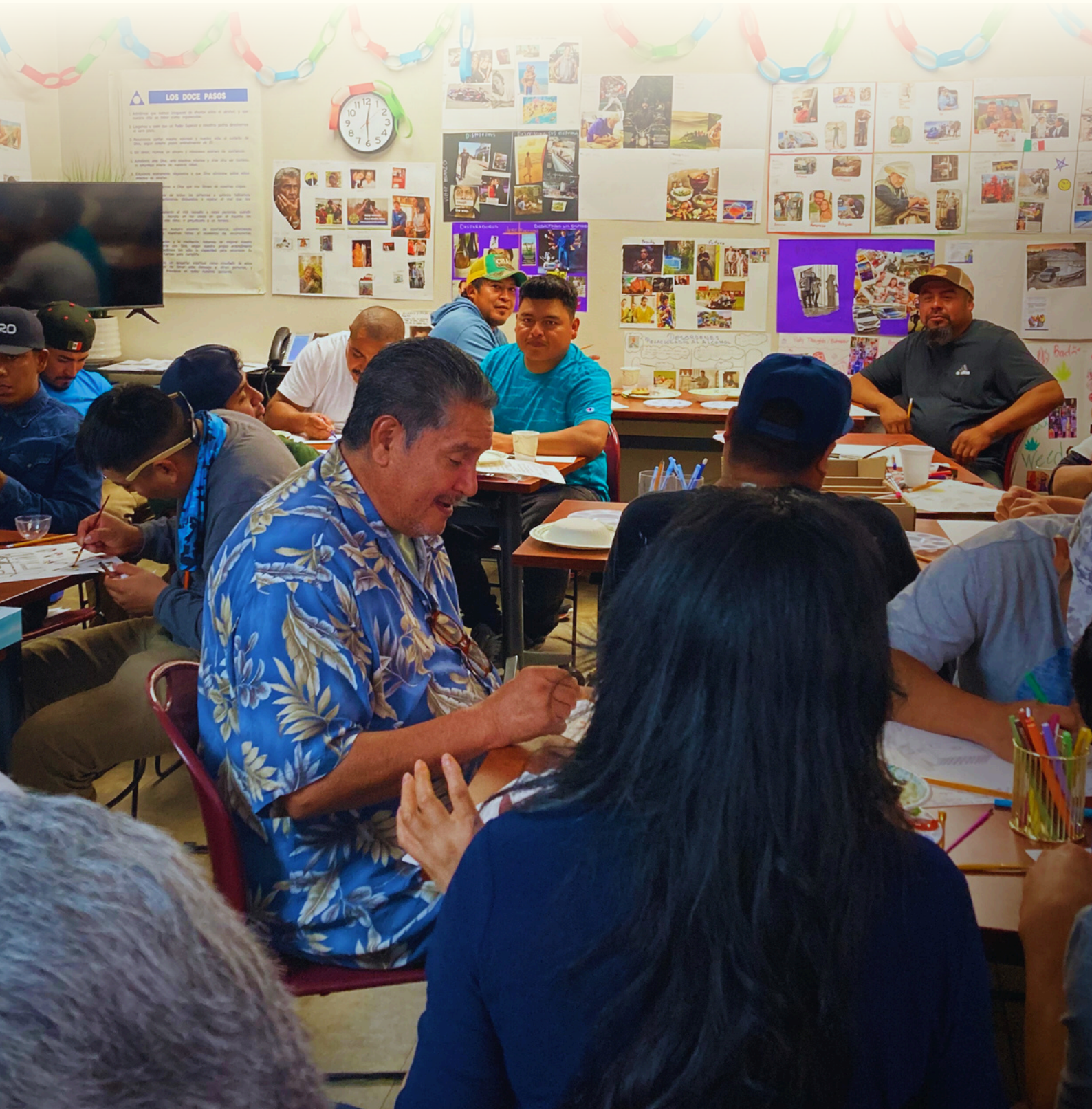
—Internship Participant, 2024





## UNITING COMMUNITIES THROUGH AWARENESS: **CONSEJO'S 2024 CAMPAIGNS**

In 2024, Consejo launched a series of impactful awareness campaigns to engage, educate, and empower our community. Through events, workshops, and outreach, we brought attention to critical issues like recovery, mental health, domestic violence, and sexual assault, fostering understanding and action.





## APRIL 2024: TAKING ACTION FOR SEXUAL ASSAULT AWARENESS

In April, Consejo took a stand during Sexual Assault Awareness Month, empowering survivors and fostering advocacy through meaningful activities. Denim Day brought staff and clients together in solidarity, while an art workshop provided survivors a creative outlet for healing. Painted T-shirts displayed powerful messages of resilience, and virtual community talks sparked important conversations around prevention and support. These initiatives underscored Consejo's dedication to breaking the silence and creating a safer, more informed community.





# MAY 2024: TOGETHER FOR MENTAL HEALTH AWARENESS

May was a remarkable month for Consejo as we proudly celebrated Mental Health Awareness Month. Our standout initiative this year was the Mental Health Awareness T-Shirt Campaign. On Thursday, May 30th, employees across all our sites wore specially designed t-shirts to champion mental health awareness. Additionally, clients received pins and keychains, serving as meaningful reminders of the importance of mental health and helping to spread awareness throughout our community.



RENTON ADMIN



RENTON MH



FACILITIES AND FRONT DESK



FINANCES TEAM



TACOMA MH



SHELTON



BELLEVUE



BELFAIR



TACOMA SUD



GRAHAM



SOUTH PARK

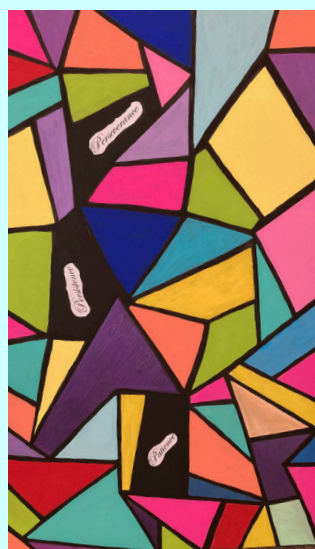
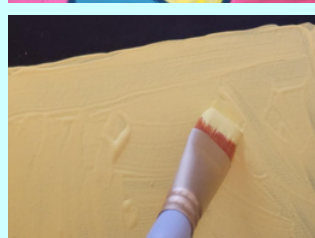
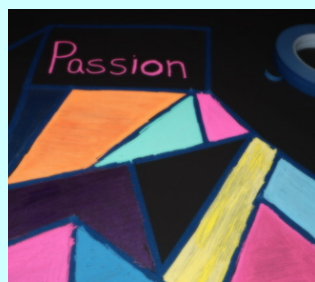


TRANSITIONAL HOUSING



## SEPTEMBER 2024: RECOGNIZING NATIONAL RECOVERY MONTH

On September 16th, Consejo celebrated National Recovery Month with T-Shirt Day, as employees across all sites wore shirts proudly displaying: **"Every Recovery is a Victory"**. Clients also created inspiring recovery posters, showcasing resilience and hope within our community. Thank you to everyone who made this month impactful."





## OCTOBER 2024: EMPOWERING SURVIVORS AND RAISING AWARENESS

In October, Consejo united with local leaders and the community to raise awareness for Domestic Violence Awareness Month. Through impactful events like Purple Thursday, where staff across all sites wore purple in solidarity with survivors, and participation in the Seattle City Council's proclamation ceremony, we reaffirmed our commitment to supporting survivors and advocating for a future free of violence. Additionally, survivors participated in creating beautiful art pieces, using creativity as a powerful tool for healing and expression.





## October 6–October 12, 2024

### SUPPORTING MENTAL WELLNESS TOGETHER ON NATIONAL MENTAL ILLNESS AWARENESS WEEK

In recognition of National Mental Illness Awareness Week, Consejo Counseling invited staff to participate in a meaningful initiative to foster awareness and support for mental health.

Each team member received a specially designed tumbler as a token of appreciation and a symbol of our collective commitment to mental wellness. Staff were encouraged to share selfies with their tumblers along with personal insights, including: coping strategies, recommended readings etc.

These heartfelt contributions were shared with our clients and the broader community, amplifying the message that no one has to face mental illness alone.



#### Mantra for mental and emotional healing shared by Jerry Tello in his book *Recovering Your Sacredness*

Repeat this mantra to help you ground during tough times, reminding yourself of your value, purpose, and the support of your ancestors and the universe. If you or a loved one is facing a mental illness, this mantra can be a source of comfort and strength.



**Find a quiet Place:** Choose a space where you feel safe and undisturbed.



**Set a routine:** Repeat the mantra whenever you feel the need for grounding and reassurance.



**Be Present:** Take deep breaths, focus on the words and their meaning to resonate within you.

“

I am sacred and part of the sacred We of the universe. I have a sacred purpose that is essential and interconnected to the universal sacred story. I have sacred ancestral wisdom within me that guides and can re-ground me throughout my life. I have sacred medicine and blessings in me that can heal others and myself, which I can share with the world. I give thanks to the Creator, the ancestors, and all my relations.

Tlamish Tonatiuh (may the light of the Creator shine on you always). — *Jerry Tello*



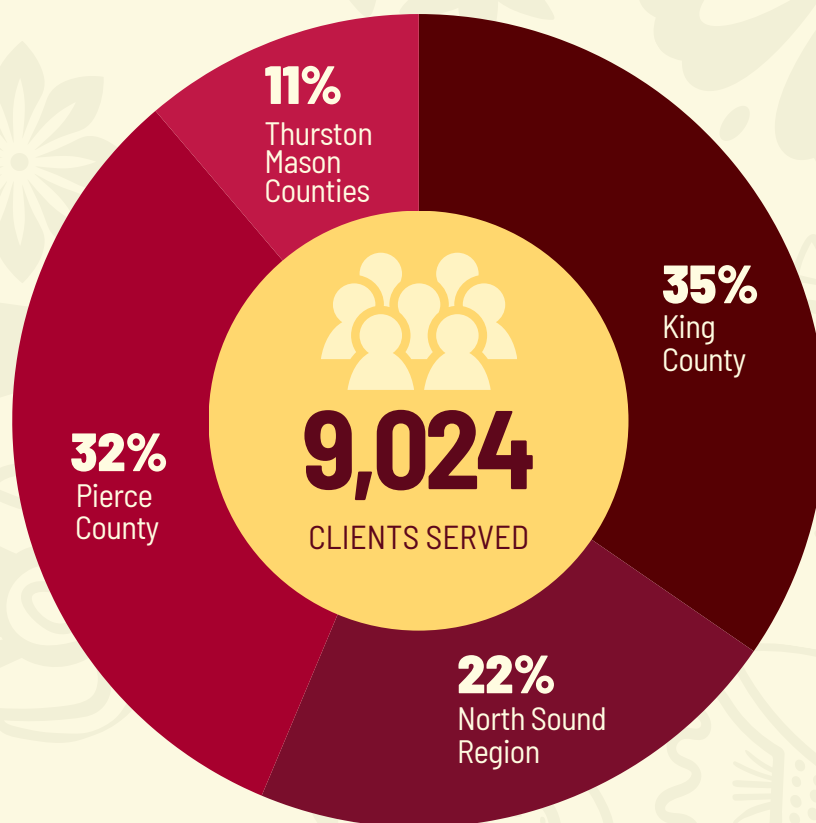
# 2024

## CLIENT COUNT

Behind every number is a person seeking support, healing, and hope. In 2024, we helped thousands of individuals and families overcome barriers to mental and behavioral health care.

DURING 2024 CONSEJO WELCOMED

**3690** NEW CLIENTS



Each one, relied on us to provide the services they needed to take the next step in their healing journey.

## SERVICE HOURS

Our programs delivered thousands of service hours to meet the needs of our clients. The breakdown below highlights how these hours were allocated across all locations.



King County	44,551 Hours
Pierce County	45,299 Hours
North Sound	20,298 Hours
Thurston - Mason	12,180 Hours
<b>122,328</b> Total Service Hours	



# FINANCIAL STATEMENT



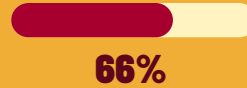
This financial statement highlights Consejo's revenue and expenses for 2024, showing how resources were utilized to directly benefit our clients through programs and services that promote their integral health and well-being.



**TOTAL  
REVENUE**  
**\$22,789,685**



PROGRAM SERVICE FEE



GOVERNMENT GRANTS



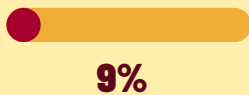
PUBLIC SUPPORT



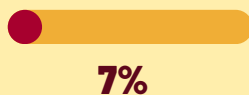
OTHER REVENUE



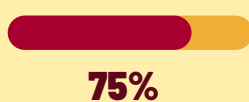
LICENSES &  
PROFESSIONAL FEES



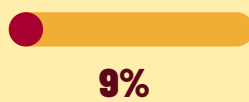
MAINTANCE &  
UTILITIES



PERSONNEL



OTHER



**TOTAL  
EXPENSES**  
**\$18,698,041**

# 2024 BALANCE SHEET



## TOTAL ASSETS

**\$34,421,093**



## TOTAL LIABILITIES

**\$5,387,859**

## TOTAL LIABILITIES & FUND BALANCE

**34.42 MILLION**

In 2024, Consejo maintained a strong financial position, ensuring that every dollar was directed toward supporting over 9,000 clients across all programs. This financial stability laid the foundation for sustainable growth, enabling innovative programs and transformative care for those who need it most.

***Please note that the financial figures presented herein are unaudited and are currently under review. Final audited figures will replace these preliminary numbers upon completion of the audit process.***





# A HOLISTIC APPROACH TO WHOLE-PERSON CARE

## OUR VISION FOR 2025



1

### EXPANDING ACCESS TO WHOLE-PERSON CARE

We are broadening access to integrated health services that embrace both physical and behavioral well-being. By strengthening community partnerships and breaking down barriers, we ensure that quality, culturally responsive care reaches those who need it most. Behavioral well-being, ensuring equitable access for all.

2

### ADVANCING HIGH-QUALITY, DECENTRALIZED & EVIDENCE-BASED CARE

Our commitment to innovation and best practices will drive equitable, community-based care models that put individuals at the center of their wellness journey. Through a decentralized approach, we will bring proven, person-centered solutions closer to the communities we serve.

3

### STRENGTHENING OUR ORGANIZATIONAL FOUNDATION

To make our vision a reality, we are investing in the next generation of bilingual and bicultural professionals. By expanding recruitment efforts, fostering leadership, and ensuring sustainability, we are building a strong foundation that will support whole-person care for years to come.

# **iGRACIAS!**

To our employees, funders, donors, and volunteers, your dedication, generosity, and commitment make our mission possible.

**Let's Stay Connected!**



**@ConsejoCounseling**

**[www.consejocounseling.org](http://www.consejocounseling.org)**





# YOUR SUPPORT CONTRIBUTES TO A HEALTHIER, STRONGER COMMUNITY

MAKE A DONATION TODAY!

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In 2024, your generosity made a real difference in the lives of our clients, providing vital access to mental health care, trauma recovery support, and essential community resources.

**With your support, individuals and families can heal, grow, and build brighter futures.**

**SCAN TO DONATE!**



*Proud Grupo de Bienestar participant, holding a coffee filter flower she made during art therapy.*