

SUNDAY *Plus*

The Most Holy Trinity **Divine Office Week I** Year A

God's invitation



Before saying his total yes to God, [Augustine's] soul shudders and writhes in painful conflicts. On one side there is God, inviting him; on the other, his old habits, his former "friends," who "tug gently at his clothing of flesh" and whisper to him: "You dismiss us? Remember, the moment we leave you, that certain thing will no longer be allowed you, nor will that other – forever!"

God urges him to hurry and Augustine pleads, "Not at once, just another moment!" And he goes on for weeks, in a state of indecision, in a turmoil, until, assisted by a powerful thrust from God, he summons his courage and makes up his mind...


In the human drama of faith there is a mysterious element: the intervention of God. Paul of Tarsus

experienced it on the road to Damascus and describes it in this way: that day, the Lord "appeared also to me": "by the grace of God, I am what I am..."

The grace of God, in fact, has force, but does not mean to force us; it has a holy violence, but intended to make us fall in love with the truth, not to violate freedom...

The banquet table [of grace] is always laid, open to all. As for me, I try to take daily advantage of it, erecting again today the life of faith knocked down by the sins of yesterday. I wonder if Christians who, like me, feel themselves sometimes good, sometimes sinners, will agree to be "good dinner guests", with me?

Pope John Paul I, *Illustrissimi*

My Lord and my God, I love you and adore you. Fill me with your love and let me radiate it to the people around me.  Amen.

Give me yourself

Give me yourself, O my God,
give yourself to me.
Behold I love you,
and if my love is too weak a thing,
grant me to love you more strongly.
I cannot measure my love to know how much
it falls short of being sufficient,
but let my soul hasten to your embrace
and never be turned away until it is hidden
in the secret shelter of your presence.
This only do I know,
that it is not good for me
when you are not with me,
when you are only outside me.
I want you in my very self.

St Augustine

We are used to calculating things – and
at times it is necessary – but this does
not apply in love!

Pope Leo XIV

Feast of the week Wednesday 3 May

St Charles Lwanga and companions

Twenty-two Catholics and twenty-three Anglicans died at Namugongo, Uganda, in 1885-1886. Most were adolescent boys and pages at the court of Mwanga II, the Kabaka (King) of Buganda, a kingdom within Uganda. All had refused Mwanga's sexual demands. Joseph Mukasa, a convert to Christianity, tried to protect the boys and was the first to be killed.

Charles Lwanga, aged twenty-six, declared that they refused to obey Mwanga in anything which went against their religious belief. Mwanga sentenced them to be burned alive at Namugongo, a two-day march from the palace. The youngest was Kizito, aged fourteen.

Fr Siméon Lourdel, a French Missionary of Africa who had baptised several of the boys, was forced to accompany the group and watch their executions. He reported that Lwanga's last words were, "Katonda," or "My God." Kizito's were "Good-bye, friends. We are on our way." As the flames rose, all were heard praying and encouraging one another.

READINGS

Today:
Exodus 34:4-6, 8-9
2 Corinthians
13:11-13
John 3:16-18

Monday:
2 Peter 1:2-7
Mark 12:1-12

Tuesday:
2 Peter 3:11-15,
17-18
Mark 12:13-17

Wednesday:
2 Timothy 1:1-3,
6-12
Mark 12:18-27

Thursday:
2 Timothy 2:8-15
Mark 12:28-34

Friday:
2 Timothy 3:10-17
Mark 12:35-37

Saturday:
2 Timothy 4:1-8
Mark 12:38-44

Next Sunday:
Deuteronomy 8:2-3,
14-16
1 Corinthians
10:16-17
John 6:51-58

Our Lady and St Joseph RC Church Heywood



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The Most Holy Trinity Sunday, Year A, 31st May 2026

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THIS WEEK AT OUR LADY AND ST JOSEPH

Sunday	31st May: Trinity Sunday of Easter
9:30am	Mass
11:00am	First Holy Communion Mass
Monday	1st June: Weekday (R) St Justin
9:30am	Mass
Tuesday	2nd June: Weekday (G) St Marcellinus & St Peter
9:30am	Mass
Wednesday	3rd June: Weekday (w) St Charles Lwanga & His Com
9:30am	Mass
Thursday	4th June: Weekday (G).
6:00pm	Mass
Friday	5th June: Weekday (R) St Boniface.
9:30am	Mass
Saturday	6th June: Weekday (G) St Norbert.
10:00am	Mass:
10:30am.	Adoration and Confessions
6:00pm:	First Mass of Sunday
Sunday	7th June: Corpus Christi Sunday (W).
9:30am	Mass
11:00am	Mass (Family Mass)

Readers & Eucharistic Ministers 30th/31st May:

Readers: 6pm J. Sherry, 9.30am: K. Walmersley, 11am: C. Shore,
Eucharistic Minister: 6pm: J. Matthew, 9.30am: H. Sharrock, 11am C. Shore.

Readers & Eucharistic Ministers 6th/7th June:

Readers: 6pm: B. Brown, 9.30am: M. Schofield, 11am : Children
Eucharistic Minister: 6pm: B. Doyle, 9.30am: D. Sharrock, 11am: G. Da Silver.

Thank you for your generosity. Last Weekend:
£439.50 (Gift Aid) £340.44 (Loose Change)

200 Club If you would like to join it is only £5 a month which needs to be paid at the beginning of every month. The more members we have, the bigger the prize and more money going back into our church. Winners are on the Notice Boards.

200 Club April Winners: A. Duffy, L. Lewis, M. Molloy and P. Timlin. Winners Envelopes are ready for collection in the Sacristy.

Unclaimed 200 Club Winnings: Nora Horan & Graham Lynn and C. McFadden. Please pick up Winnings from the sacristy.

Gift Aid Boxes: Do remember to pick up your new gift aid box and form.

Coffee and Tea: Please join us for Tea and Coffee served every Sunday after 9:30 Mass.

First Holy Communion Practice: Wednesday 20th May at 3.50pm.

Junior Choir Practice: We would like the children who have received Holy Communion, for the first time, recently, to become part of our Junior Choir. We rehearse alternate Mondays, in the Parish Meeting Room. At these sessions the children will also get the opportunity to practice readings for the forthcoming Family Masses. Amongst our First Communicants we have had some very good readers and it would be sad to let this talent go to waste. All children are welcome to come and sing at the Family Masses. **Our next practice is Monday, June 1st, at 3.40pm** Parents are welcome to stay and also practice with us if they wish. The next two Family Masses are Sunday June 7th and Sunday July, 5th.

Confirmation 2026: will be having their session on 26th of May 2026 at the parish meeting room, time is 4:00pm. All are welcome.

Bereavement Group invite you to an evening of song from Kadria Thomas and her choir on Tue 2nd June 7—8:30pm at the parish meeting room. Refreshments included cost £5

The Parish Group will meet on Friday 12th June in the meeting room.

The Eucharistic Ministers will be meeting with Fr Ebuka on Friday 5th June 7pm in the Church.

Pope's May prayer intention: That everyone might have food From large producers to small consumers, be committed to avoid wast-ing food, and to ensure that everyone has access to quality food.

THIS WEEK WE PRAY:

For let us pray This week let us pray for the people of the parish of St. Ambrose Barlow, Swinton and Pendlebury, and for Fr. Arnest Attah HFFBY, their parish priest. We pray for the Franciscan Missionaries of St. Joseph and for the Sisters of Charity of Our Lady of Evron, and for the Chaplaincy to His Majesty's Prison, Forest Bank. We pray, also, for St. Ambrose Barlow High School and for their three parish primary schools..

For those who live and work on Greenock Dr, Glencoe Cl, Gordon Way, Lochawe Cl, Lorne Way, Lochinver Gr.

For all who celebrate their birthday in the month of May

For all the sick and the housebound members of our parish.

For Mary Gregson, Jennifer Taylor, Dave Castello, Susan Tubano, Teresa Logan, Michael Welsh, Ken Jones and all who have died recently.

For Frank and Clara Taylor, Jennifer Taylor, Eileen Byrne, Margaret Berry, Dorothy Morgan, Winifred Bott, John Navesey, John Kierans and all we remember at this time.

Ninth Sunday in Ordinary Time (Year A): "Solid as a rock" is something we say about people we can trust and rely on: it's an image which figures in our readings this Sunday: we are invited to consider where we are going to build our lives. What are the "props and supports" that will hold us up in times of difficulty and trouble? The Biblical texts teach us quite clearly that in the midst of a changing and sometimes unpredictable world, and even when we are let down by other people, there is something that we can always rely on – God. But relying on God does not always come easily – as Saint Paul reminds us, it springs from faith. Anyone who has faith can lean on God. We should "take courage", and "hope in the Lord." ., please visit the diocesan website: <https://dioceseofsalford.org.uk/online-readings-for-lent/>

From the Catechism CCC 737-741

The mission of Christ and the Holy Spirit is brought to completion in the Church, which is the Body of Christ and the Temple of the Holy Spirit. This joint mission henceforth brings Christ's faithful to share in his communion with the Father in the Holy Spirit. The Spirit prepares men and goes out to them with his grace, in order to draw them to Christ. The Spirit manifests the risen Lord to them, recalls his word to them and opens their minds to the understanding of his Death and Resurrection. He makes present the mystery of Christ, supremely in the Eucharist, in order to reconcile them, to bring them into communion with God, that they may "bear much fruit."

Thus the Church's mission is not an addition to that of Christ and the Holy Spirit, but is its sacrament: in her whole being and in all her members, the Church is sent to announce, bear witness, make present, and spread the mystery of the communion of the Holy Trinity

Y	P	N	D	E	D	N	U	O	F	PERSON	PROPHECY	MIRACLES
S	E	I	I	E	E	C	M	U	E	FACES	SENSIBLE	HOUSE
E	R	A	M	R	L	I	E	S	H	ROCK	RAIN	FLOODS
H	S	R	A	B	R	D	U	O	H	GALES	HURLED	SAND
P	O	E	K	A	U	O	O	L	F			
O	N	O	C	C	H	I	L	D	S			
R	O	L	O	A	S	E	L	A	G			
P	E	F	R	O	F	I	N	T	A			
S	D	F	L	O	O	D	S	A	L			
E	L	B	I	S	N	E	S	R	E			