

## VC DENVER 2025-2026 12'S PROGRAM GUIDE

	12 BLACK	12 REGIONAL
PRACTICE TIMES	2X A WEEK FOR 1.5 HOURS	2X A WEEK FOR 1.5 HOURS
STRENGTH TRAINING	NOT INCLUDED	NOT INCLUDED
NATIONAL TOURNAMENTS	1	0
REGIONAL TOURNAMENTS	8	7
BALL TIME	INCLUDED	NOT INCLUDED
MENTAL AND NUTRITIONAL TRAINING	INCLUDED	INCLUDED
SPORT AXIS MEMBERSHIP*	INCLUDED	INCLUDED
UNIFORM PACKAGE**	4 UNIFORMS, WINDBREAKER, SWEATSHIRT, 2 PRACTICE SHIRTS, BACKPACK, SLEEVES	2 UNIFORMS, SWEATSHIRT, WINDBREAKER, 2 PRACTICE SHIRTS, BACKPACK
DEPOSIT***	\$700 DEPOSIT	\$700 DEPOSIT
TOTAL COSTS	\$3,990	\$3,020



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- Sports axis membership included when courts are available\*
- White kneepads and black spandex required but not provided. Will be on the team store for purchase \*\*
- Check will only be deposited if you make a team. If so, the deposit is taken off your total cost\*\*\*
- Optional Saturday skills included when available for athlete's position
- 1.6% processing fee will be added to remaining dues after the deposit for automatic payment unless paid in full