



Illuminating Leadership: Skills for the Moments That Matter Most

Practical, high-impact real-time, online sessions for leadership challenges.

Choose a single topic or combine sessions into a customized workshop or series.

Available in 30 – 120 minute formats.

Each session delivers practical tools, real-world insight, and words that work so your leaders leave ready to apply what they've learned immediately

Drive Clarity, Alignment, and Results

When you're thinking: "Why isn't this getting done?"

Accountability That Sticks

Create ownership without constant follow-up

Delegation Without Drop-Off

Delegate clearly so work gets done right the first time

Setting Standards & Expectations That Are Clear

Eliminate confusion and increase consistency

Priorities That Drive Results

Focus time and energy on what matters most

Influence Without Authority

Gain buy-in and move work forward across teams

Coach, Develop, and Elevate Your People

When you're thinking: "Why aren't they growing?"

Coaching Conversations That Work

Give feedback that lands and drives improvement

Interviewing & Onboarding for Long-Term Success

Select and set up the right people from the start

Building Teams That Work (and Work Well Together)

Strengthen trust, collaboration, and accountability





Communicate So It Lands and Moves People Forward

When you're thinking: "Why didn't that land the way I intended?"

Communication Intelligence Essentials

Understand what works—and what gets in the way

Navigating Tension Without Damage

Address issues directly while preserving relationships

Meetings That Move Work Forward

Run focused, productive meetings that drive action

Adapting Your Style for Better Results (Using DISC)

Flex your approach to connect and communicate effectively

Think Clearly, Lead Intentionally, Show Up Strong

When you're thinking: "Am I approaching this the right way?"

Critical Thinking for Smarter Decisions

Cut through noise and make better, faster decisions

Self-Awareness & Mindset for Better Leadership

Recognize patterns and lead with intention

Leadership Presence That Builds Trust and Credibility


Show up in ways that inspire confidence and respect

Mastering Self-Advocacy with the Art of Positive Refusal

Set boundaries that earn respect rather than resistance.

Engaging Leadership Experiences

Pair the Illuminating Leadership Series with an Engaging Leadership Experience:

- **Happy Hour Coaching and Pop-Ups at Events**
 - **Micro-coaching for Individuals**
 - **Light-Up Labs for Feedback**
-  **Light, insightful Group Experiences:**
 - **CHEERS for Thirsty Leaders (30 – 45 minutes)**
 - **Communication Therapy (5 minutes)**
- **Flash Features (two-minutes of tips, difficult discussion demos)**

