

METROPLEX

GYMNASTICS - TUMBLING - NINJA WARRIOR

revised July 18, 2025

Class Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30	SUMMER CAMP					9:00 Red Tiny Tots- Shelby Green Preschool- Danielle Ylw Preschool Gym- Emily BRONZE GYM - Lilly GIRLS GOLD - Vairo Beginner Tumbling- Lucy
10:30						10:00 Red Tiny Tots- Emily Green Preschool- Lilly Ylw Preschool Gym- Shelby BRONZE GYM - Danielle BRONZE GYM - Lucy GIRLS SILVER- Jessica Back Handspring- Vairo
2:00						11:00 Red Tiny Tots-Vairo Green Preschool- Lucy Ylw Preschool Gym- Shelby BRONZE GYM - Lilly GIRLS SILVER- Danielle JR.Ninja Gym- Emily
3:45	BRONZE GYM- Lilly GIRLS SILVER - Cameron Back Handspring- Brad Mini Ninja Gym- Nathan	BRONZE GYM- Nathan BRONZE GYM- Ella Back Handspring- Cameron GIRLS GOLD- Brad JR.Ninja Gym- George	GIRLS SILVER- Cameron BRONZE GYM - Brad JR.Ninja Gym- Danika	BRONZE GYM - Nathan GIRLS SILVER- Brad Beginner Tumbling- Cameron JR.Ninja Gym- George		
4:00	Red Tiny Tots-Charlena Green Preschool Gym - Julie Yellow Preschool- Danielle	Green Preschool Gym - Charlena Yellow Preschool- Julie	Green Preschool Gym - Julie Yellow Preschool- Lilly	Green Preschool Gym -Charlena Yellow Preschool- Lilly		
4:45	BRONZE GYM - Brooklyn BRONZE GYM- Cameron GIRLS SILVER- Lilly Beginner Tumbling- Brad Mini Ninja Gym- Nathan	BRONZE GYM- Ella BRONZE GYM- Nathan GIRLS SILVER- Cameron Back Handspring- Brad JR.Ninja Gym- George	BRONZE GYM- Danika GIRLS SILVER- Lilly GIRLS GOLD - Brad	BRONZE GYM -Brooklyn BRONZE GYM - Cameron GIRLS SILVER- Nathan Mini Ninja Gym- George Back Handspring- Brad		PRESCHOOL GYMNASTICS Red TINY TOTS...CO-ED 12 months - 35 months Green Preschool GymCO-ED 3 - 4 YRS Yellow Preschool GymCO ED 4 - 5 YRS SCHOOL AGE GYMNASTICS BRONZE Gymnastic..... CO-ED 6 - 12 YRS SILVER Gymnastics.....GIRLS 6 - 12 YRS GOLD GymnasticsGIRLS 6 YRS & UP TUMBLING BEGINNER TUMBLING.....CO-ED 5 - 8 YRS BACK HANDSPRING.....CO-ED 6 YRS & UP ADVANCED TUMBLING INVITE ONLY CHEER PREPCO-ED 11+ YRS OPEN TUMBLING & CHEER POWER HOUR MUST HAVE BACK HANDSPRING NINJA GYM MINI NINJA.....CO-ED 5 - 7 YRS JR NINA.....CO-ED 6+ YRS
5:00	Red Tiny Tots- Charlena Green Gym - Ellis Yellow Gym- Danielle	Red Tiny Tots- Samiah Green Gym - Charlena Yellow Gym- Julie	Red Tiny Tots- Julie Green Gym - Ellis Yellow Gym- Ellis	Green Gym - Charlena Yellow Preschool- Lilly		MONTHLY TUITION PRESCHOOL GYMNASTICS (45 MINUTES) RED TINY TOTS----- \$72 PER MONTH GREEN & YELLOW---\$98 PER MONTH SCHOOL AGE GYMNASTICS (1 HOUR) BRONZE, SILVER & GOLD GYMNASTICS---\$104 PER MONTH NINJA GYM (1 HOUR) NINJA GYM CLASSES ----- \$104 PER MONTH TUMBLING CLASSES (1 HOUR) BEGINNER TUMBLING, BACK HANDSPRING, ADVANCED TUMBLING, CHEER PREP ---\$104 PER MONTH CHEER TUMBLING POWER HOUR ----\$125 PER MONTH HOME SCHOOL CLASSES ALL HOME SCHOOL ---- \$85 PER MONTH
5:30		Green Preschool Gym - Ellis				
5:45	BRONZE GYM - Brooklyn GIRLS SILVER- Brad GIRLS GOLD- Danielle Beg. Tumbling- TBD Back Handspring - Cameron Jr Ninja Gym- Nathan	BRONZE GYM- Nathan GIRLS SILVER- Cameron GIRLS GOLD- Danielle Beginner Tumbling- Ella Back Handspring - Brad	BRONZE GYM- Emily Beg Tumbling- Cameron Back Handspring - Brad	BRONZE GYM- Nathan GIRLS SILVER- Brooklyn GIRLS GOLD -Brad Back Handspring -Cameron Jr Ninja Gym- George		
6:00	Red Tiny Tots-Charlena Green Gym - Lilly Yellow Gym- Ellis	Green Gym - Charlena Green Gym - Julie Yellow Gym- Emily	Green Gym -Ellis Yellow Gym- Julie	Green Gym - Charlena Yellow Gym- Samiah		
6:45	BRONZE GYM- Nathan GIRLS SILVER- Cameron GIRLS GOLD- Danielle Beg. Tumbling- Brooklyn Back Handspring- TBD Advanced Tumble- Brad	BRONZE GYM- Danielle GIRLS SILVER- Nathan GIRLS GOLD- Brad Beg. Tumbling- Emily Back Handspring - Cameron	GIRLS SILVER- Ellis Back Handspring -Cameron Advanced Tumble- Brad	BRONZE GYM - Nathan CHEER PREP- Brad Back Handspring - Cameron Beginner Tumbling- Brooklyn		
7:45	OPEN TUMBLING & CHEER JUMPS POWER HOUR *** GREAT PRICE*** ***BEST DEAL IN TOWN*** Monday - Thursday Come as often as you like for just \$125 per month Coaches: Brad Lavvorn, Cameron Burk, & Jessica Boyzo					 SCAN TO REGISTER FOR CLASSES!