

METROPLEX

GYMNASTICS - TUMBLING - NINJA WARRIOR

CLASSES RUN AUG 18TH-MAY 31ST

revised Aug 17, 2025

Class Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30	Red Tiny Tots-Linda Green/Yellow - Charlena	Tummy Time- Charlena Green/Yellow - Linda	Tummy Time- Charlena Green/Yellow - Linda	Red Tiny Tots- Charlena Green/Yellow - Linda		9:00
9:30	Red Tiny Tots- Charlena Green Preschool Gym - Linda Ylw Preschool Gym-Lacey	Red Tiny Tots- Charlena Green Preschool- Linda Ylw Preschool Gym- Lacey	Red Tiny Tots- Linda Green Preschool - Charlena Ylw Preschool Gym-Julie	Red Tiny Tots- Linda Green Preschool- Charlena Ylw Preschool Gym- Jes		
10:30	Red Tiny Tots-Linda Green Preschool- Charlena Ylw Preschool Gym- Lacey	Red Tiny Tots-Linda Green Preschool- Charlena Ylw Preschool Gym- Lacey	Red Tiny Tots- Charlena Green Preschool- Linda Ylw Preschool Gym- Julie	Red Tiny Tots-Charlena Green Preschool- Linda Ylw Preschool Gym- Jes		
2:00	HOME SCHOOL OPEN GYM 2:00-3:30		HOME SCHOOL CLASS GYM 2:00-3:00 3-14 Linda & Jesica			10:00
3:45	BRONZE GYM- Lilly GIRLS SILVER - Brooklyn Back Handspring- Brad Mini Ninja Gym- Cameron	BRONZE GYM- George GIRLS SILVER - Nathan GIRLS GOLD- Brad Back Handspring- Cameron	BRONZE GYM- Brad GIRLS SILVER - Cameron JR.Ninja Gym- Danika	BRONZE GYM - Nathan GIRLS SILVER- Brad Beginner Tumbling- Cameron JR.Ninja Gym- George		11:00
4:00	Red Tiny Tots-Charlena Green Preschool Gym - Ella Yellow Preschool- Linda	Red Tiny Tots-Linda Green Preschool Gym - Charlena Yellow Preschool- Julie	Red Tiny Tots-Linda Green Preschool Gym - Lilly Yellow Preschool- Julie	Green Preschool-Charlena Yellow Preschool- Linda		PRESCHOOL GYMNASTICS
4:45	BRONZE GYM - Brooklyn BRONZE GYM- Cameron GIRLS SILVER- Ella Beginner Tumbling- Brad Mini Ninja Gym- Vairo	BRONZE GYM- Brooklyn BRONZE GYM- Nathan GIRLS SILVER- Cameron Back Handspring- Brad JR. Ninja Gym- George	BRONZE GYM- Vairo GIRLS SILVER- Danika GIRLS GOLD - Brad	BRONZE GYM -Brooklyn BRONZE GYM - Cameron GIRLS SILVER- Nathan Mini Ninja Gym- George Back Handspring- Brad		Tummy Time...CO-ED 3 months - 12 months
5:00	Red Tiny Tots- Charlena Green Gym - Linda Yellow Gym- Lilly	Red Tiny Tots-Linda Green Gym - Charlena Yellow Gym- Julie	Red Tiny Tots- Julie Green Gym - Lilly Yellow Gym- Linda	Red Tiny Tots- Emily Green Gym - Charlena Yellow Preschool- Shelby		Red TINY TOTS...CO-ED 12 months - 35 months
5:45	BRONZE GYM - Brooklyn GIRLS SILVER- Brad GIRLS GOLD- Danielle Beg. Tumbling- Ella Back Handspring - Cameron	BRONZE GYM- Nathan GIRLS SILVER- Cameron GIRLS GOLD- Danielle Beginner Tumbling- Emily Back Handspring - Brad	BRONZE GYM- Danika Beg Tumbling- Cameron Back Handspring - Brad	BRONZE GYM- Nathan GIRLS SILVER- Brooklyn GIRLS GOLD -Brad Back Handspring -Cameron Jr Ninja Gym- George		Green Preschool GymCO-ED 3 - 4 YRS
6:00	Red Tiny Tots-Charlena Green Gym - Lilly Yellow Gym- Linda	Red Tiny Tots-Linda Green Gym - Julie Yellow Gym- Charlena	Red Tiny Tots-Linda Green Gym -Lilly Yellow Gym- Julie	Red Tiny Tots- Charlena Green Gym - Shelby Yellow Preschool- Emily		Yellow Preschool GymCO ED 4 - 5 YRS
6:45	BRONZE GYM- Brooklyn GIRLS SILVER- Ella GIRLS GOLD- Danielle Back Handspring- Cameron Advanced Tumble- Brad	BRONZE GYM- Danielle GIRLS SILVER- Nathan GIRLS GOLD- Brad Beg. Tumbling- Emily Back Handspring - Cameron	GIRLS SILVER- Lilly Back Handspring -Cameron Advanced Tumble- Brad	BRONZE GYM - Nathan CHEER PREP- Brad Back Handspring - Cameron Beginner Tumbling- Brooklyn		SCHOOL AGE GYMNASTICS
7:45	OPEN TUMBLING & CHEER JUMPS POWER HOUR *** GREAT PRICE*** Mon, Tues, & Thur (add Wed as of Spt 1st) Come as often as you like for just \$125 per month Coaches: Brad Lavvorn, Cameron Burk, Vairo Venkatesh, Tara Branch & Jesica Boyzo					BRONZE Gymnastic..... CO-ED 6 - 12 YRS
						SILVER Gymnastics.....GIRLS 6 - 12 YRS
						GOLD Gymnastics GIRLS 6 YRS & UP
						TUMBLING
						BEGINNER TUMBLING.....CO-ED 5 - 8 YRS
						BACK HANDSPRING.....CO-ED 6 YRS & UP
						ADVANCED TUMBLING INVITE ONLY
						CHEER PREPCO-ED 11+ YRS
						OPEN TUMBLING & CHEER POWER HOUR MUST HAVE BACK HANDSPRING
						NINJA GYM
						MINI NINJA.....CO-ED 3 - 6 YRS
						JR NINA.....CO-ED 6+ YRS
						MONTHLY TUITION
						PRESCHOOL GYMNASTICS (45 MINUTES)
						TUMMY TIME (30 min)----- \$50 PER MONTH
						RED TINY TOTS----- \$72 PER MONTH
						GREEN & YELLOW----\$98 PER MONTH
						SCHOOL AGE GYMNASTICS (1 HOUR)
						BRONZE, SILVER & GOLD GYMNASTICS---\$104 PER MONTH
						NINJA GYM (1 HOUR)
						NINJA GYM CLASSES ---- \$104 PER MONTH
						TUMBLING CLASSES (1 HOUR)
						BEGINNER TUMBLING, BACK HANDSPRING, ADVANCED TUMBLING, CHEER PREP ----\$104 PER MONTH
						CHEER TUMBLING POWER HOUR ----\$125 PER MONTH
						HOME SCHOOL CLASSES
						ALL HOME SCHOOL ---- \$85 PER MONTH
						SCAN TO REGISTER FOR CLASSES!

